

walcTM

Workbook of Activities for Language and Cognition

5

Lisa Arnold Simpson

Skill Areas: language, cognition, memory
Ages: young adult/adult



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Lisa Arnold Simpson, M.Ed., CCC-SLP, received her undergraduate and graduate training at the University of Georgia, Athens, Georgia. She has worked in a variety of settings, including a community speech and hearing center, acute and rehab hospitals, public school systems, private practice, and home health care agencies. She is currently a speech-language pathologist at Griffin-Spalding County Public Schools in Griffin, Georgia. Lisa is also the author of *The Source for Aphasia Therapy* and *The Long-Term Care Companion*.

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Introduction

The *Workbook for Language Activities and Cognition 5 (WALC 5)* was developed to increase cognitive skills for higher-level language processes in clients who have had neurological incidents. Your clients should find these language tasks fun and interesting because they come from their own daily experiences.

The activities in the following sections are easily adaptable for a wide variety of adult age groups. Each chapter includes compensatory strategies to help clients achieve success during language remediation and throughout their lives.

- **Orientation**

This section focuses on increasing your client's knowledge and level of awareness of his immediate environment, of the events that led him to his current situation, and of the remote happenings of his past that may have been lost. A client questionnaire is located on page 8 of this section. The questionnaire is an easy way to collect vital information that may be used to individualize each client's therapy.

- **Memory**

This section is a good starting point for clients who have decreased memory and attention skills. You may want to begin therapy by explaining to your clients how important it is to focus their attention and concentration. It is sometimes helpful to equate this type of attention and concentration to the type teachers demand during school years.

- **Organization and Verbal Problem Solving**

These sections deal with everyday living experiences and new problems your clients may face following neurological incidents. Completion of these two sections will help clients who have deficits in these areas become more independent.

- **Abstract Reasoning**

This section can be a very positive portion of the therapeutic process. Clients and caregivers alike will have a strong interest in this area as they are surprised at how often people use abstract reasoning in everyday life. This skill seems to be taken for granted until it is identified as a deficit area for a client.

- **Writing**

Writing tasks are included for clients with higher levels of cognitive functioning. It is quite appropriate for them to begin writing again. Oftentimes, clients have written their own checks and taken care of family business prior to their neurological incidents. They may feel a loss when this activity is taken away from them. It is an empowering experience for clients to take back former responsibilities. This section provides practice writing from a language enrichment perspective as well as a mechanical and visual perception perspective.

WALC 5 has been a vital tool for me in cognitive therapy with the geriatric population. It has livened up therapy sessions and has brought the geriatric population very close to my heart. Hopefully, as you use this manual, you'll learn more about yourself as a clinician and will come to appreciate the unique rewards gained from serving anyone who needs neurological rehabilitation.

Lisa

Chapter 1 • Orientation

This chapter focuses on decreasing your client's confusion following a neurological incident. It has been designed to increase your client's knowledge and level of awareness of those areas that may have been lost, such as:

- his immediate environment
- the events that led him to his current situation
- more remote happenings of his past

The activities in this section are intended to be meaningful, functional, and practical to your client. Therefore, a client questionnaire is included at the beginning of this chapter to be completed by a member of your client's family or a close associate if no family is available. The information you receive on this questionnaire is crucial to the successful therapeutic application of this section.

This section targets your client's memory skills and provides a passageway into the second section dealing with memory and attention skills. In fact, in the ideal situation, Chapters 1 and 2 may be used together to provide a more thorough therapeutic application in the initial stages of this type of cognitive therapy.

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Client Questionnaire

(To be completed by family members knowledgeable of the client's life experiences)

Note: Successful completion of this questionnaire is essential for the therapist to decrease the client's confusion and disorientation. Please provide very complete answers when responding to each question.)

Full Name of Client _____ Phone _____

Address _____

Date of Birth _____ Place of Birth _____

Past Addresses (city and state only) _____

Education _____

Occupation _____

People

Family (Provide names, ages, occupations, children, and cities where they live.)

Friends

Medical Personnel (doctors, nurses, therapists, etc.)

Client Questionnaire, *continued*

Home Environment

Description (Include special rooms, colors, and any unusual features of client's home.)

Car (Provide a description.)

Pets (Provide names and descriptions.)

Entertainment (Provide client's favorites in each area.)

TV Shows/TV Stars

Movies/Movie Stars

Music/Radio Stations

Books/Magazines

Sports

Client Questionnaire, *continued*

Hobbies _____

Other Entertainment _____

Foods

Likes _____

Dislikes _____

Favorite Restaurants _____

Special Memories (Provide special dates, memorable vacations, notable accomplishments, etc.)

Other _____

Form completed by _____ Date _____

Your relationship to the client _____

Orientation to Immediate Environment and Recent Happenings

Objective to increase orientation skills for the immediate environment and recent events

Stimuli auditory

Instructions Begin therapy with the appropriate level of complexity depending on your client's current level of cognitive functioning.

Pages may be reproduced to give to the family to help orient the client throughout the day.

Use information from the client questionnaire to determine appropriate answers to each question. Blanks are provided in the multiple-choice questions (pages 13 and 14) so you can offer your client personalized answer choices.

Compensatory Strategies

- Orient your client to person, place, and time at intervals throughout therapy and instruct the family to do this throughout each day.
- Prepare a small orientation notebook for your client to refer to daily. Include all vital details regarding your client's life that are confusing to him.
- Keep poster boards filled with orientation information throughout the home, your client's room, and in other obvious places.

Orientation to Immediate Environment and Recent Happenings

Answer *yes* or *no* to each question.

1. Are you sleeping?
2. Are you at home?
3. Are you a woman?
4. Do you have children?
5. Do you live in Atlanta?
6. Are you eating?
7. Are you sitting in a chair?
8. Do you have blond hair?
9. Is it nighttime?
10. Is today Monday?
11. Is your last name Smith?
12. Have you eaten breakfast?
13. Am I your speech therapist?
14. Are you 25 years old?
15. Were you born in Florida?
16. Do you have any brothers?
17. Do you have any pets at home?
18. Do you live on Central Avenue?
19. Do you live in a house?
20. Have you been in the hospital in the past few weeks?
21. Did you visit the doctor today?
22. Do you live in a brick home?
23. Do you still drive your car?
24. Do you enjoy watching television?
25. Am I your doctor?
26. Is it afternoon?
27. Have you eaten dinner yet?
28. Do you like to eat hamburgers?
29. Are you wearing a watch?
30. Do you have any grandchildren?
31. Is it sunny today?
32. Have you had any visitors today?
33. Are you wearing a wedding ring?
34. Is it summertime?
35. Did you take any medicine today?
36. Are you wearing glasses?
37. Have you taken a nap today?
38. Have you gone anywhere today?
39. Are you wearing pajamas?
40. Is your husband/wife at home today?

Note: Add any personalized questions you may have from the information obtained on the client questionnaire.

Orientation to Immediate Environment and Recent Happenings

Select the correct answer from the three choices given.

(Fill in the blanks with current answers for verbal questioning.)

1. What is your last name?
 - a. Jones
 - b. Smith
 - c.
2. What year is it now?
 - a. 1996
 - b. 2001
 - c.
3. What month is it now?
 - a. January
 - b. March
 - c.
4. What time of day is it now?
 - a. noon
 - b.
 - c. evening
5. What day of the week is it today?
 - a. Friday
 - b.
 - c. Monday
6. Where were you born?
 - a.
 - b. Dallas
 - c. Chicago
7. What is the name of the street where you live?
 - a.
 - b. Oak Hill Court
 - c. Maple Lane
8. What did/do you do for a living?
 - a. teacher
 - b. mail carrier
 - c.
9. How many children do you have?
 - a. 0
 - b.
 - c. 8
10. Who is your doctor?
 - a. Dr. Adams
 - b.
 - c. Dr. Sims
11. What hospital is this?
 - a. Memorial Hospital
 - b. University Hospital
 - c.
12. What is your favorite restaurant?
 - a. McDonald's
 - b. Pizza Hut
 - c.
13. What kind of pet do you have at home?
 - a.
 - b. horse
 - c. bird
14. What make of car do you drive?
 - a. Nissan
 - b.
 - c. Ford
15. What is your favorite TV show?
 - a. 60 Minutes
 - b. The Tonight Show
 - c.
16. What type of music do you prefer?
 - a. jazz
 - b. classical
 - c.

Orientation to Immediate Environment and Recent Happenings, *continued*

Select the correct answer from the three choices given.

(Fill in the blanks with current answers for verbal questioning.)

17. What is your favorite dessert?
 - a. brownies
 - b.
 - c. pudding
18. Which of the following foods do you dislike?
 - a. broccoli
 - b. steak
 - c.
19. What do you enjoy reading?
 - a. novels
 - b.
 - c. TV Guide
20. What year were you born?
 - a.
 - b. 1951
 - c. 1916
21. Who is the current President of the United States?
 - a. Jimmy Carter
 - b.
 - c. Bill Clinton
22. How many brothers and sisters do you have?
 - a. 6
 - b.
 - c. 8
23. What do I do for a living?
 - a.
 - b. physical therapist
 - c. nurse
24. What state do you live in?
 - a. Washington
 - b.
 - c. Rhode Island
25. Where are you at this moment?
 - a. a friend's house
 - b. a restaurant
 - c.
26. Who takes care of you daily?
 - a. Robert
 - b.
 - c. Mary
27. What is my name?
 - a. Cheryl
 - b. Don
 - c.
28. Name a city that is nearby.
 - a. Savannah
 - b.
 - c. Albany
29. Which person is a friend of yours?
 - a.
 - b. Steve Smith
 - c. Carol Moore
30. Which one of these is your favorite hobby?
 - a. fishing
 - b.
 - c. painting
31. How old are you?
 - a.
 - b. 60
 - c. 72
32. How long have you been living in your home?
 - a. 10 years
 - b. 40 years
 - c.

Orientation to Immediate Environment and Recent Happenings, *continued*

Please answer the following questions.

1. What is your full name?
2. What is your current address?
3. Where were you born?
4. What is your birth date?
5. How old are you?
6. What is your phone number?
7. What did/do you do for a living?
8. Do you have a spouse?
What is his/her name?
When is your anniversary?
How old is your spouse?
9. Where are you at this moment?
10. Do you have any children?
What are their names?
Where do they live?
What do they do for a living?
11. Name two of your good friends.
12. Who is your doctor?
13. What is my name?
What do I do for a living?
14. What does your home look like?
15. Where are you now?
16. What kind of car do you have?
17. Do you have any pets at home?
Tell me about them.
18. What is your favorite TV show?
19. Who is your favorite movie star?
20. What kind of music do you enjoy listening to?
21. What do you like to read?
22. What is your favorite sport?
23. Name one of your hobbies.
24. What is your favorite food?
25. What is your least favorite food?
26. What is your favorite drink?
27. Tell me the name of your favorite restaurant.
28. Who is your favorite singer?
29. When did/will you retire from your job?
30. What did you have for breakfast this morning?
31. Who is here with you today?
32. What day of the week is it?
33. What year is it now?
34. About what time do you think it is?
35. What month is it?
36. Do you have any brothers and sisters?
What are their names?
37. Who is President of the United States?
38. Who is our governor?
39. Have you been in the hospital lately?
What hospital were you admitted to?
40. What is your medical diagnosis?

Temporal Orientation Skills

Objective to increase temporal orientation skills

Stimuli auditory or auditory and visual

Instructions Begin therapy with the appropriate level of complexity depending on your client's current level of cognitive functioning.

Blank space choices have been randomly inserted for you to provide personalized answers for the multiple choice orientation questions. The memory log noted in the compensatory strategies will be helpful in formulating these questions.

Compensatory Strategies

- Have your client and her family keep a memory log or journal to write events that happen in your client's life. Have them include dates and times.
- Use a calendar and clock to further illustrate temporal concepts throughout therapy, and make sure these devices are kept in an obvious place. A reproducible blank calendar is provided at the end of this section (page 23).
- Instruct family members to discuss current and future events daily with your client.

Temporal Orientation Skills

Please answer *yes* or *no* to the following questions.

1. Is today Saturday?
2. Is it morning now?
3. Is it nighttime now?
4. Has it been two days since you last saw me?
5. Did you eat breakfast this morning?
6. Have you eaten lunch today?
7. Have you had dinner yet?
8. Do you go to a religious service on Sundays?
9. Do I work with you on Saturdays?
10. Do you usually have therapy at 4:00?
11. Did you visit the doctor this week?
12. Did you sleep well last night?
13. Did you take some medicine this morning?
14. Did you have any visitors yesterday?
15. Has there been a holiday this month?
16. Were you watching television when I came in the room?
17. Did you retire a year ago?
18. Will there be a holiday next month?
19. Is today Monday?
20. Will you have therapy tomorrow?
21. Is the year 2003?
22. Is this month February?
23. Is it currently summertime?
24. Will our next season be autumn?
25. Are there only 12 hours in a day?
26. Are there sometimes only 28 days in a month?
27. Could there be 32 days in some months?
28. Does a week have seven days?
29. Are there 364 days in a year?
30. Are there 12 months in a year?
31. Would you eat lunch at 8:00 AM?
32. Is 12:00 PM the same as noon?
33. Are there usually four weeks in a month?
34. Is Saturday usually considered a work day?
35. Is 3:00 AM in the afternoon?
36. Does February ever have 29 days?
37. Would you eat lunch at 12:00 AM?
38. Are there 24 hours in a day?
39. Would someone usually work seven days a week?
40. Are there 30 minutes in an hour?

Note: Add any personalized questions you may have from the information obtained on the client questionnaire.

Temporal Orientation Skills

Select the correct answer from the three choices given.

(Fill in the blanks with current answers for verbal questioning.)

1. Which of the following days is considered part of the weekend?
 - a. Monday
 - b. Friday
 - c. Saturday
2. What time was your last meal?
 - a.
 - b. 8:00 AM
 - c. 12:30 PM
3. What day will tomorrow be?
 - a. Tuesday
 - b. Saturday
 - c.
4. What is the current year?
 - a. 1998
 - b.
 - c. 2001
5. What year was five years ago?
 - a.
 - b. 1989
 - c. 1996
6. If your cousin's wedding was in 1963, how long has she been married?
 - a. 35 years
 - b. 29 years
 - c.
7. Imagine that you graduated from high school in 1940. How long has it been since you finished school?
 - a. 60 years
 - b.
 - c. 55 years
8. On what day did I last see you for therapy?
 - a.
 - b. Saturday
 - c. Friday
9. What year was last year?
 - a. 1988
 - b.
 - c. 1991
10. What is today's date?
 - a. January 5, 1996
 - b. March 15, 2002
 - c.
11. When did you last visit the doctor?
 - a. two weeks ago
 - b.
 - c. yesterday
12. How many days are normally in a year?
 - a. 360
 - b. 365
 - c. 366
13. What will the day after tomorrow be?
 - a.
 - b. Sunday
 - c. Saturday
14. What would be an appropriate time to eat lunch?
 - a. 8:00 AM
 - b. 12:00 PM
 - c. 12:00 AM
15. What would be an appropriate time to eat breakfast?
 - a. 7:30 AM
 - b. 1:00 PM
 - c. 8:00 PM
16. What would be an appropriate time to eat dinner?
 - a. 9:00 PM
 - b. 12:00 PM
 - c. 6:00 PM

Temporal Orientation Skills, *continued*

Select the correct answer from the three choices given.

17. Name a holiday in January.
 - a. Thanksgiving
 - b. Valentine's Day
 - c. New Year's Day
18. Which month sometimes has 29 days?
 - a. September
 - b. March
 - c. February
19. Which season comes the earliest in the year?
 - a. summer
 - b. spring
 - c. fall
20. If you must meet a friend at 6:00 and it takes an hour and fifteen minutes to travel to your destination, when should you leave home?
 - a. 5:00
 - b. 4:45
 - c. 5:30
21. Imagine you are baking a cake and you place it in the oven at 3:15. The total baking time is 35 minutes. What time should the cake be done?
 - a. 3:50
 - b. 3:45
 - c. 4:00
22. Which day comes first in the week?
 - a. Thursday
 - b. Tuesday
 - c. Friday
23. If today is Wednesday and you have a doctor's appointment five days from now, what day is the appointment?
 - a. Friday
 - b. Monday
 - c. Tuesday
24. In which season are September, October, and November?
 - a. summer
 - b. spring
 - c. fall
25. Which daily activity would be accomplished first in the day?
 - a. lunch
 - b. brushing your teeth
 - c. taking a nap
26. Which daily activity would be accomplished last in the day?
 - a. dinner
 - b. breakfast
 - c. putting on your pajamas
27. Imagine it is 2:00 and your friend is leaving to go shopping. She has told you she will be home in three hours. What time will she be home?
 - a. 4:00
 - b. 5:00
 - c. 6:00
28. Imagine your cousin told you he will be at your home at 3:00, but now it is 4:15. How late is your cousin?
 - a. 1 hour and 15 minutes
 - b. 1 hour
 - c. 45 minutes
29. Imagine you must take your medicine every four hours. You took the last dose at 2:00 PM. When will you take another dose?
 - a. 6:00 AM
 - b. 7:00 PM
 - c. 6:00 PM

Temporal Orientation Skills, *continued*

Select the correct answer from the three choices given.

30. Imagine your sister's birthday is December 16th. Which day is the best day to mail a present so that she receives it on or before her birthday?
- December 10th
 - December 15th
 - December 17th
31. Imagine today's date is January 15th and you sent a health insurance claim to your insurance company a month ago. When did you send in the claim?
- December 15th
 - February 15th
 - November 15th
32. Imagine today is Tuesday, February 12th. What will be the date on Saturday this week?
- February 13th
 - February 15th
 - February 16th
33. Imagine today is November 26th and your friend's granddaughter was born a week ago. What is her birth date?
- November 20th
 - November 19th
 - November 15th
34. Imagine it is currently the month of October and you retired from your job four months ago. Which month did you retire?
- June
 - May
 - July
35. Which month falls latest in the year?
- October
 - February
 - November
36. Imagine today is Tuesday, January 12th and you are invited to a dinner party a week from tomorrow. Which day of the week will the dinner party be?
- Monday
 - Wednesday
 - Saturday
37. Imagine you took some medication at 10:00 AM and you can't take another dose for 6 to 8 hours. What would be the earliest time that you could take another dosage of the medication?
- 4:00 PM
 - 6:00 PM
 - 10:00 PM
38. Imagine today is Saturday, July 20th. What will the day after tomorrow be?
- Sunday, July 21st
 - Monday, July 22nd
 - Tuesday, July 23rd
39. Imagine it is currently 3:20 and you are to meet someone at 4:00. How many more minutes will you have to wait?
- 30
 - 35
 - 40
40. If you filed your income tax return on February 1st and refunds take about six weeks, approximately when will you receive your refund?
- April 1st
 - March 14th
 - March 1st

Temporal Orientation Skills

Please answer the following questions.

1. What day of the week is today?
2. What month is it?
3. What is today's date?
4. What year is it?
5. About what time do you think it is?
6. What season are we in?
7. What will next season be?
8. What was last season?
9. When did you last see me?
10. Which days do I usually see you?
11. If today is Wednesday, what was yesterday?
12. If today is Tuesday, what day will fall three days from now?
13. Imagine that today is Monday, June 6th and you will be going on a vacation a week from today. What date will your vacation begin?
14. If the current year is 2003, what year was four years ago?
15. If you got married in 1965, how many years have you been married?
16. If you were 27 when your first child was born and that child is 40 years old now, how old are you?
17. Imagine you retired from your job at the age of 62 and you have been retired for eight years. How old are you now?
18. The roast you put in the oven will be ready in two hours. It started cooking at 4:15. When will the roast be fully cooked?
19. Imagine that your sister left at 1:00 to go to the hair salon to get her hair styled. She told you she would be gone two and a half hours. When will she be home?
20. Imagine that today is Friday and you went to see the doctor the day before yesterday. What day did you see the doctor?
21. Imagine that you bought a new radio on July 12th and the store clerk told you that you must bring it back within 10 days if you are not satisfied or you cannot get your money back. What would be the last day you could take the radio back?
22. Imagine that today is Wednesday and you always go to the grocery store on Mondays. How many days will pass before you go to the grocery store again?
23. Imagine that it is currently the month of August and you had a stroke two months ago. In which month did your stroke occur?
24. Imagine it is 2:30 and your physical therapist will be seeing you at 4:00. How long will you have to wait?
25. Imagine your doctor's appointment was at 10:00 AM and you arrived at his office at 9:45 AM. He was called away for an emergency and you have been waiting. It is now 11:45 AM. How long have you been waiting?

Temporal Orientation Skills, *continued*

Please answer the following questions.

26. Your medication is to be taken every four hours while you are awake during the day. Imagine you took the first dose at 10:00 AM. When will you take the other dosages?
27. Imagine your friend's granddaughter received an engagement ring on Valentine's Day and she and her fiance will be getting married in six months. In which month will the wedding be held?
28. There will be a Labor Day sale at your local department store. Which month will that sale occur?
29. Imagine you have received a letter from your brother that says he will be visiting you the weekend before Memorial Day. In which month will he be visiting?
30. Suppose you will be receiving Social Security benefits in five years. What year will you begin receiving these benefits?
31. Imagine it is currently February 15th and you have just been informed that your friend's granddaughter is eight weeks pregnant. In which month will the baby be born?
32. Imagine it is presently April 1st and your tax return is due by April 15th. How many more weeks are left for you to file your tax return?
33. Imagine your friend was supposed to meet you at 11:00 for lunch. It is now 12:15. How late is your friend?
34. Imagine you took your pain medication at 2:00 and you can take this medicine every 4 to 6 hours. If it is now 6:00, can you take another dose of the medicine?
35. Imagine you will be traveling to a neighboring state on your vacation. The travel time will be 5 hours by car. If you leave at 8:30 AM, what time will you arrive at your destination?
36. If New Year's Eve is 10 days from now, what is today's date?
37. If your vacation will last 7 days and you leave on June 15th, when will your vacation end?
38. If you normally sleep 8 hours each night and you go to bed around 10:00 PM, what time will you wake up?
39. Your favorite television show usually begins at 7:00, but the show was delayed due to a sporting event and it is now 7:20. How late is the show?
40. It is currently 11:15 AM and the pharmacy is closed but will reopen at 2:00. How long will you have to wait to have your prescription filled?

Month _____

Year _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Spatial Orientation

Objective to increase spatial orientation for functional tasks

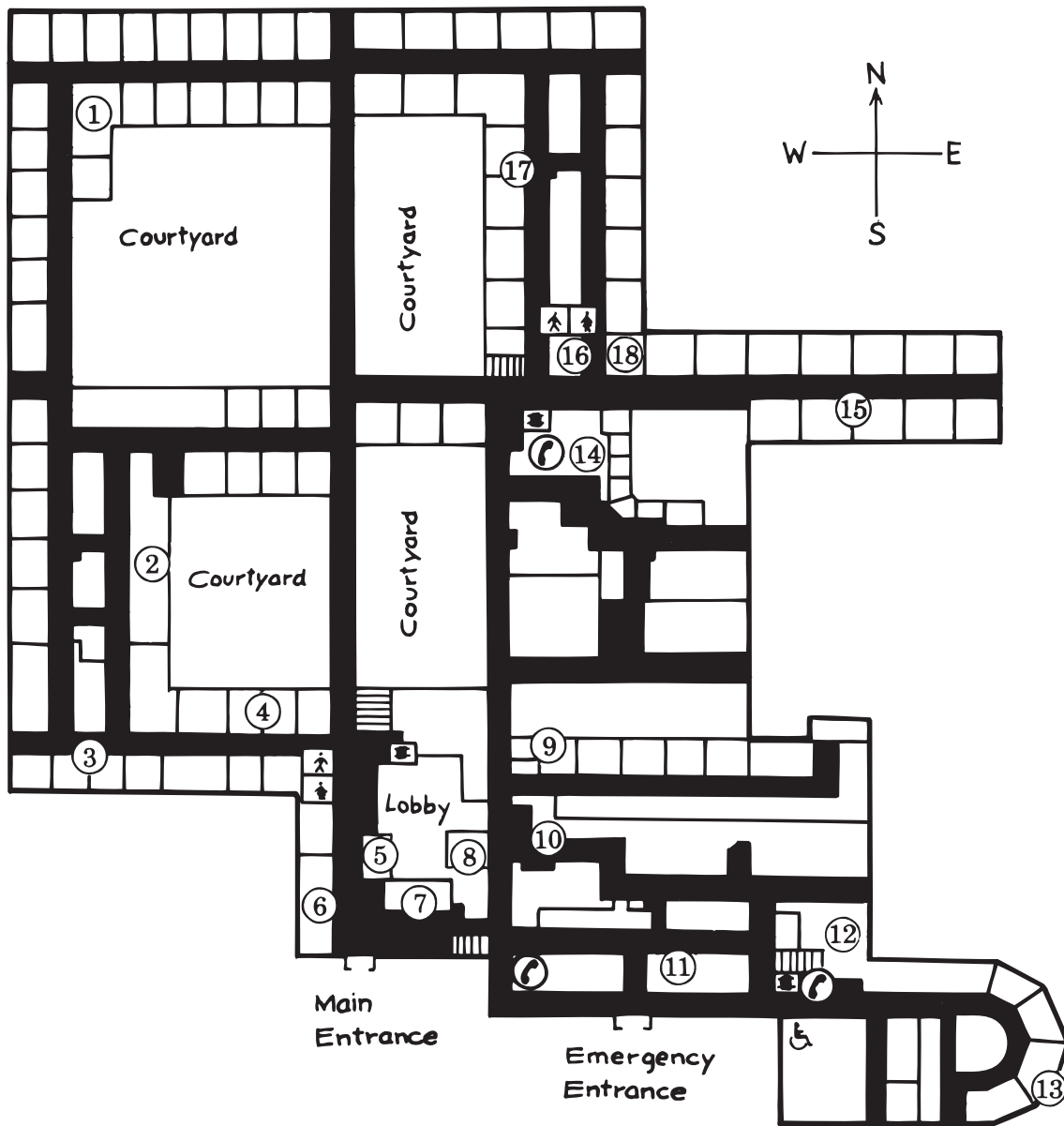
Stimuli primarily visual, but the questions may be read to your client and other auditory cues may be provided

Instructions Complete the worksheets with your client or assign worksheets to be done independently if your client can handle the reading.

Compensatory Strategies

- Discuss each floor plan and point out directional concepts before beginning the question/answer section.
- Repeat each question as needed to increase comprehension of directional language.

Hospital

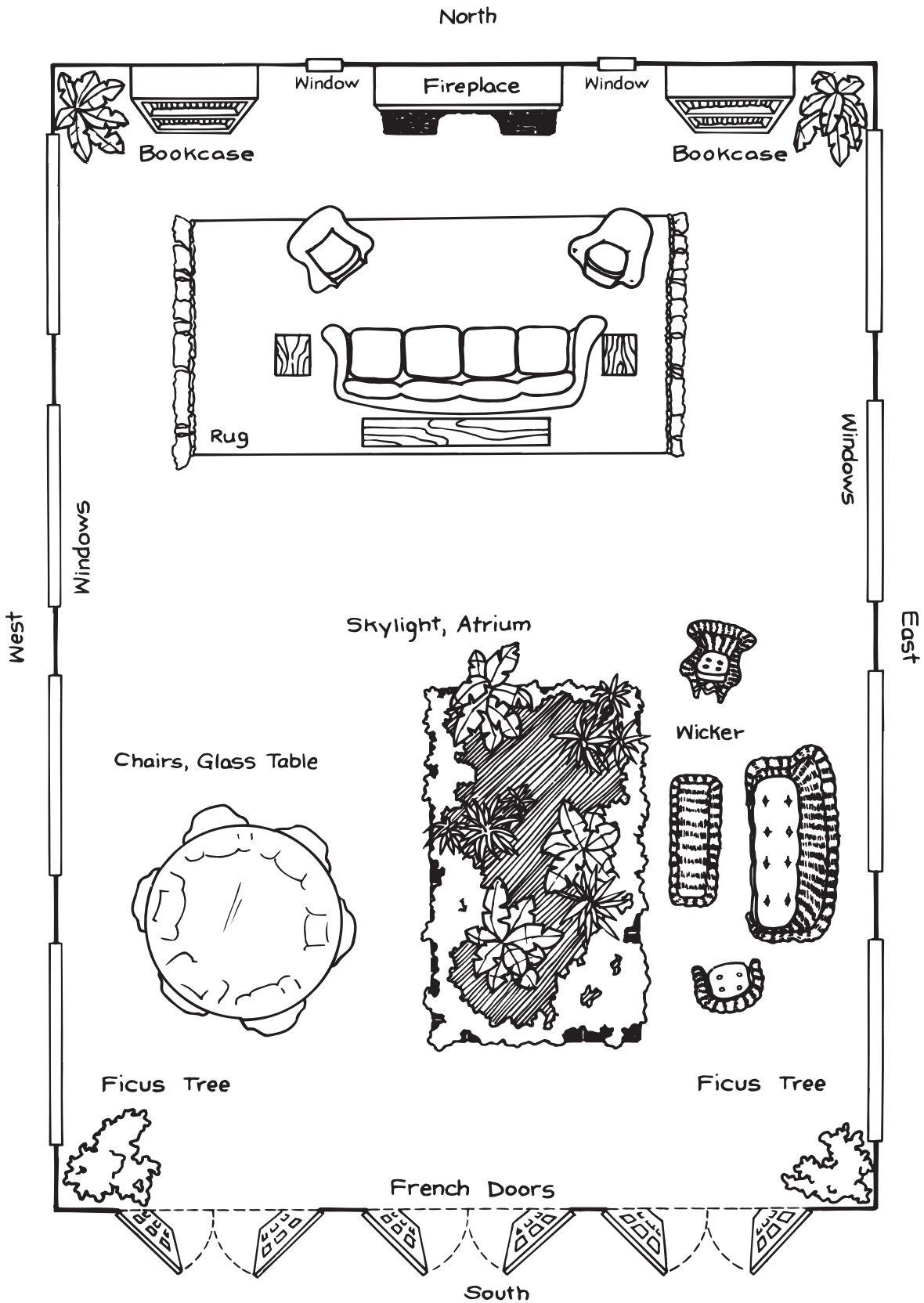


- | | | |
|-------------------------|--|-----------------------------------|
| ☎ Telephone | ① Medical C | ⑪ Emergency Room |
| ⬆ Elevator | ② Medical B | ⑫ ICU Waiting Room |
| ☰ Stairs | ③ Pediatrics | ⑬ Intensive Care
Coronary Care |
| ♿ Restrooms | ④ Medical Equipment | ⑭ Outpatient Surgery |
| ♿ Handicapped Restrooms | ⑤ Information Desk | ⑮ Family Room
Maternity Care |
| | ⑥ Gift Shop | ⑯ Surgical Lounge |
| | ⑦ Admitting/Cashier | ⑰ Surgical S |
| | ⑧ Golden Care Plus/
Social Services | ⑱ Chapel |
| | ⑨ Laboratory | |
| | ⑩ X-ray | |

Hospital

1. Find the restrooms that are closest to the main entrance.
2. Is Maternity Care on the west side of the hospital?
3. How would you go from the main entrance to the Surgical Lounge?
4. If you are on Medical C, where are the closest set of elevators?
5. What is located north of the X-ray department?
6. If you have a family member in Intensive Care, where would your waiting room be located?
7. Where is the medical equipment kept in the hospital?
8. What is across from the Information Desk?
9. If you are in the Family Room, are you close to the chapel?
10. How would you reach Outpatient Surgery from the main entrance of the hospital?
11. Is there a public telephone on the north end of the hospital?
12. Which entrance is closest to the ICU Waiting Room?
13. Name some offices located in the main lobby.
14. What is located to the east of Social Services?
15. Which set of stairs would you use to leave the courtyard of Surgical S?
16. If you are in Pediatrics, how would you reach Maternity Care?
17. If you were going to visit a friend in the hospital and you did not know her room number, where would you go first?
18. What is located in the southeast corner of the hospital?
19. Which set of elevators are closest to Medical B?
20. How would you go from Medical C to Coronary Care?

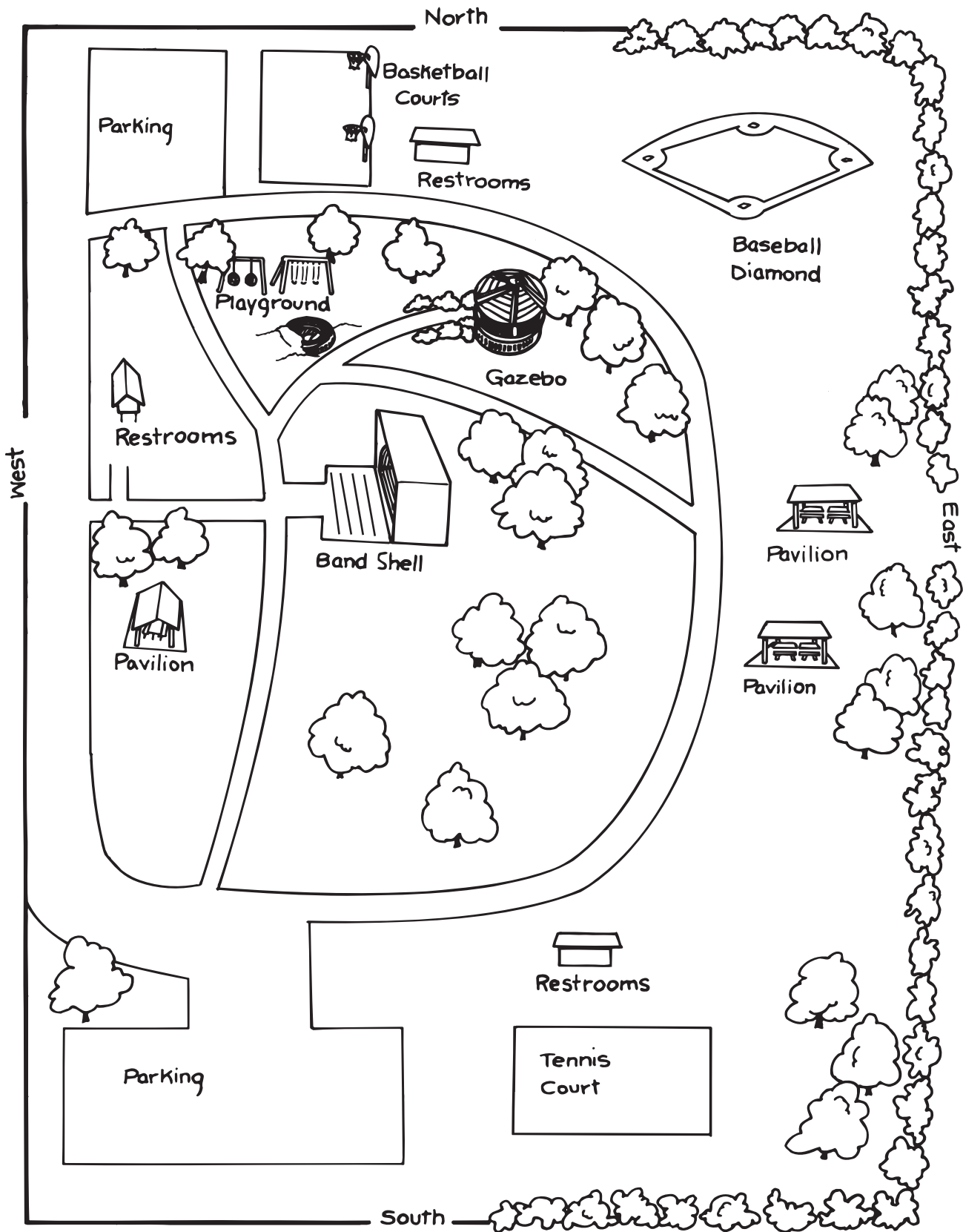
Hotel Lobby



Hotel Lobby

1. What is directly in front of the wicker sofa?
2. On which side of the lobby does the sun rise?
3. What is on the west side of the atrium?
4. What is in each corner of the lobby?
5. What is under the upholstered sofa?
6. Are there any windows on the south side of the lobby?
7. Name something on the east side of the atrium.
8. If you were sitting on the wicker sofa, what would you be looking at?
9. Are there any doors on the north side of the lobby?
10. What is in the southwest corner of the lobby?
11. Name something on the west side of the lobby.
12. Name something that is beside the fireplace.
13. Are all of the plants inside the atrium?
14. On which side of the room is the fireplace located?
15. Is there a rug under the wicker sofa?
16. Name something that is north of the glass table.
17. Can you enter the lobby from the south side?
18. If you wanted to get warm, where would you sit?
19. What is behind the upholstered sofa?
20. Are there windows on all sides of the lobby?

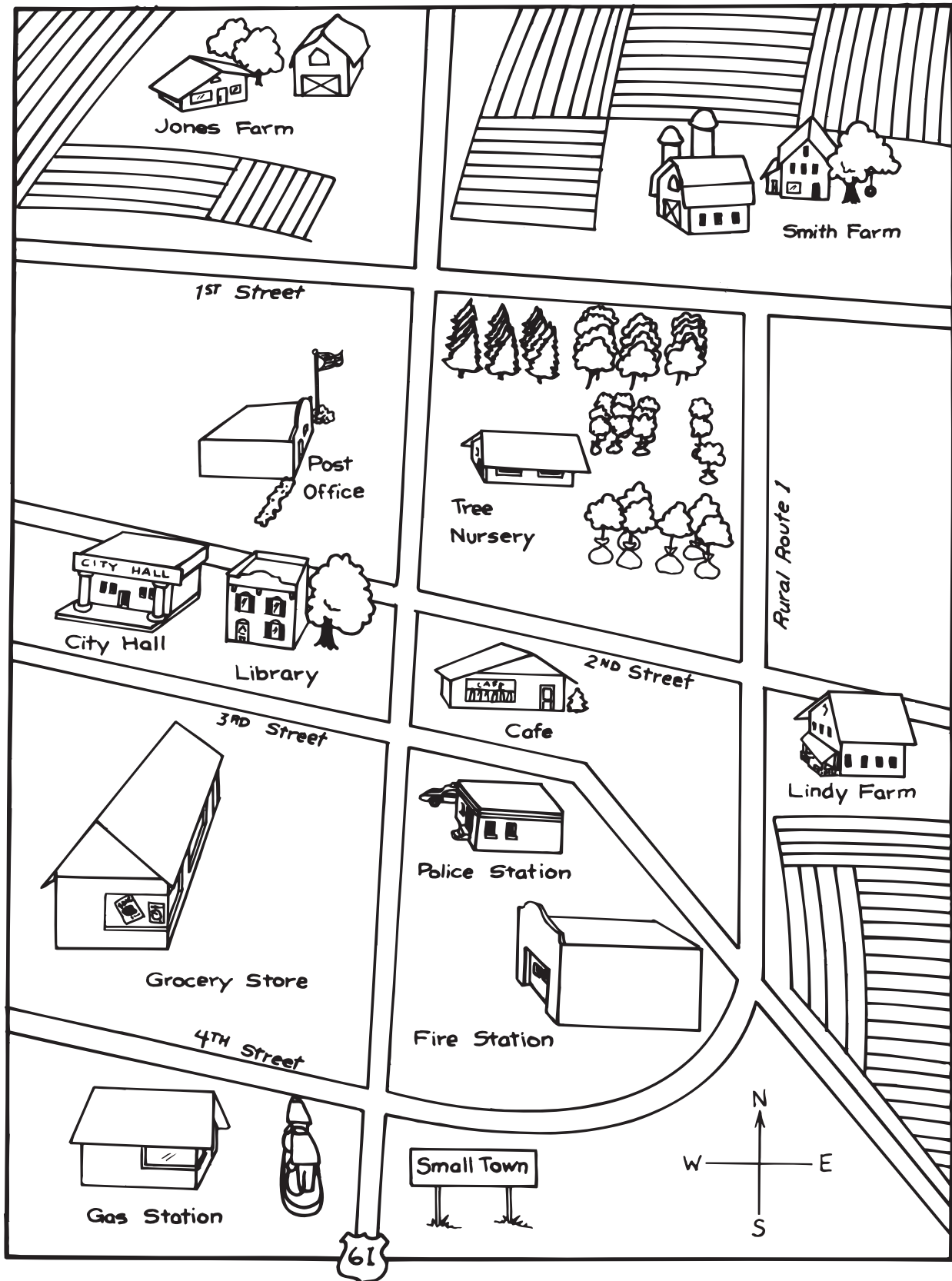
Park



Park

1. Which restroom is closest to the band shell?
2. Is there a parking lot on the east side of the park?
3. Which side of the park has two pavilions?
4. What is directly east of the playground?
5. Is the tennis court on the north side of the park?
6. If you are going to watch a baseball game, which parking lot would you choose?
7. What is directly west of the tennis courts?
8. Is the basketball court on the south side of the park?
9. What is directly west of the baseball diamond?
10. What is in the center of the park?
11. What is in the southwest corner of the park?
12. Name something that is north of the band shell.
13. What is directly behind the band shell?
14. If you were watching a tennis game, which parking lot would you choose?
15. Are there any restrooms near the tennis court?
16. What is on the southeast corner of the park?
17. What is between the baseball diamond and the basketball courts?
18. If you are in the gazebo, are you near the tennis court?
19. What is in the northeast corner of the park?
20. What is in front of the band shell?

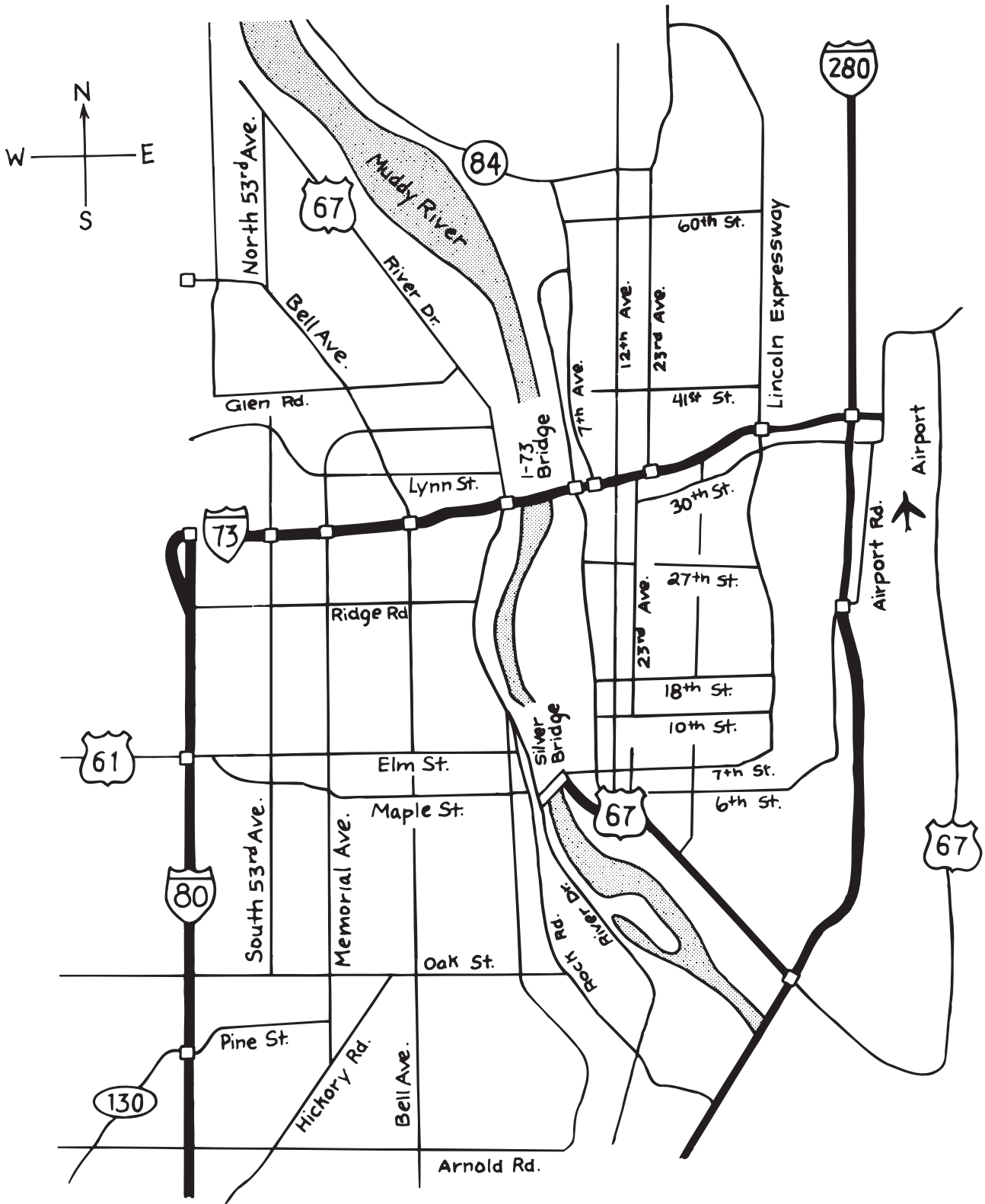
Small Town



Small Town

1. What is on the north end of town?
2. What is in the southwest corner of town?
3. What is beside City Hall?
4. Name a street south of 1st Street.
5. How would you go from the Smith farm to the grocery store?
6. Does Highway 61 run east to west?
7. What is across from the post office?
8. The gas station is on the corner of what intersection?
9. Is the grocery store on the north side of town?
10. How would you go from the Jones farm to the Lindy farm?
11. What is in the northwest corner of town?
12. What is beside the library?
13. Rural Route 1 dead ends into what street?
14. What is one block south of the tree nursery?
15. What is just south of the police station?
16. If you are driving north on Highway 61, which streets will you cross?
17. How would you go from the tree nursery to the Lindy farm?
18. Is there a gas station on the north side of town?
19. On which street is the cafe located?
20. What is behind the library?

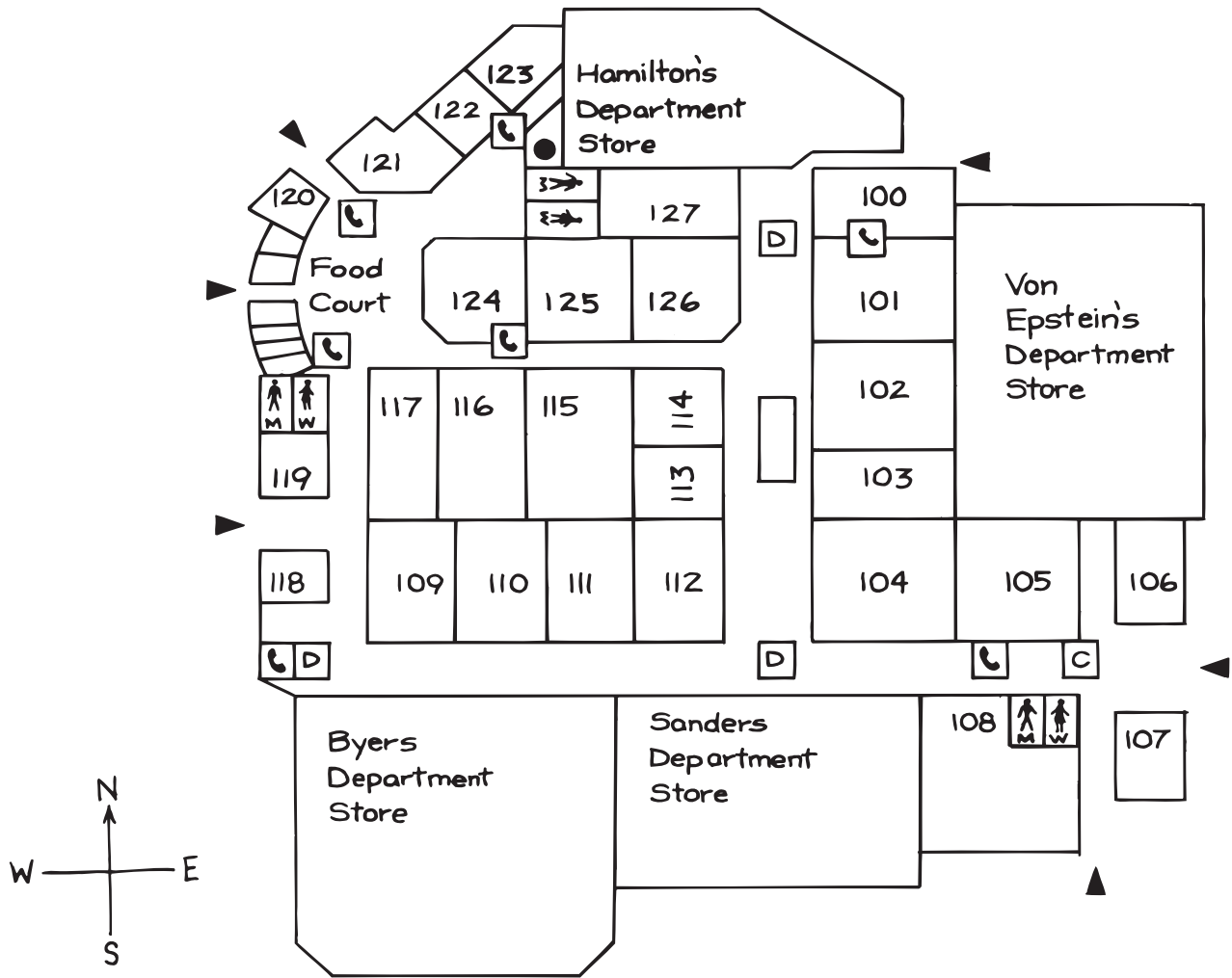
City



City

1. Name a highway that runs north and south.
2. Name a highway that runs east and west.
3. If you were on Hickory Road, would you be on the east side of the city?
4. On which side of the city is the airport?
5. Pine Street dead ends into which street?
6. Name a street that runs parallel to Maple Street.
7. Find the intersection of 23rd Avenue and 41st Street.
8. If you were driving west on Highway 73 from the airport, would you cross the Muddy River?
9. Name a street that crosses Glen Road.
10. What is the actual street name of Highway 61?
11. If you were on North 53rd Avenue, which would be the fastest route to the airport?
12. What road runs on the west side of the river?
13. Does the Muddy River run north and south?
14. If you were driving east on Highway 73, would you turn right or left on 23rd Avenue to get to 60th Street?
15. Glen Road dead ends into which road?
16. If you were driving north on Memorial Avenue, which streets would you cross?
17. What major highway intersects with Highway 73?
18. If you were driving south on Lincoln Expressway, how would you reach Highway 130?
19. Is the Silver Bridge south of Highway 73?
20. If you lived on the south side of town, would you be near Glen Road?

Shopping Mall

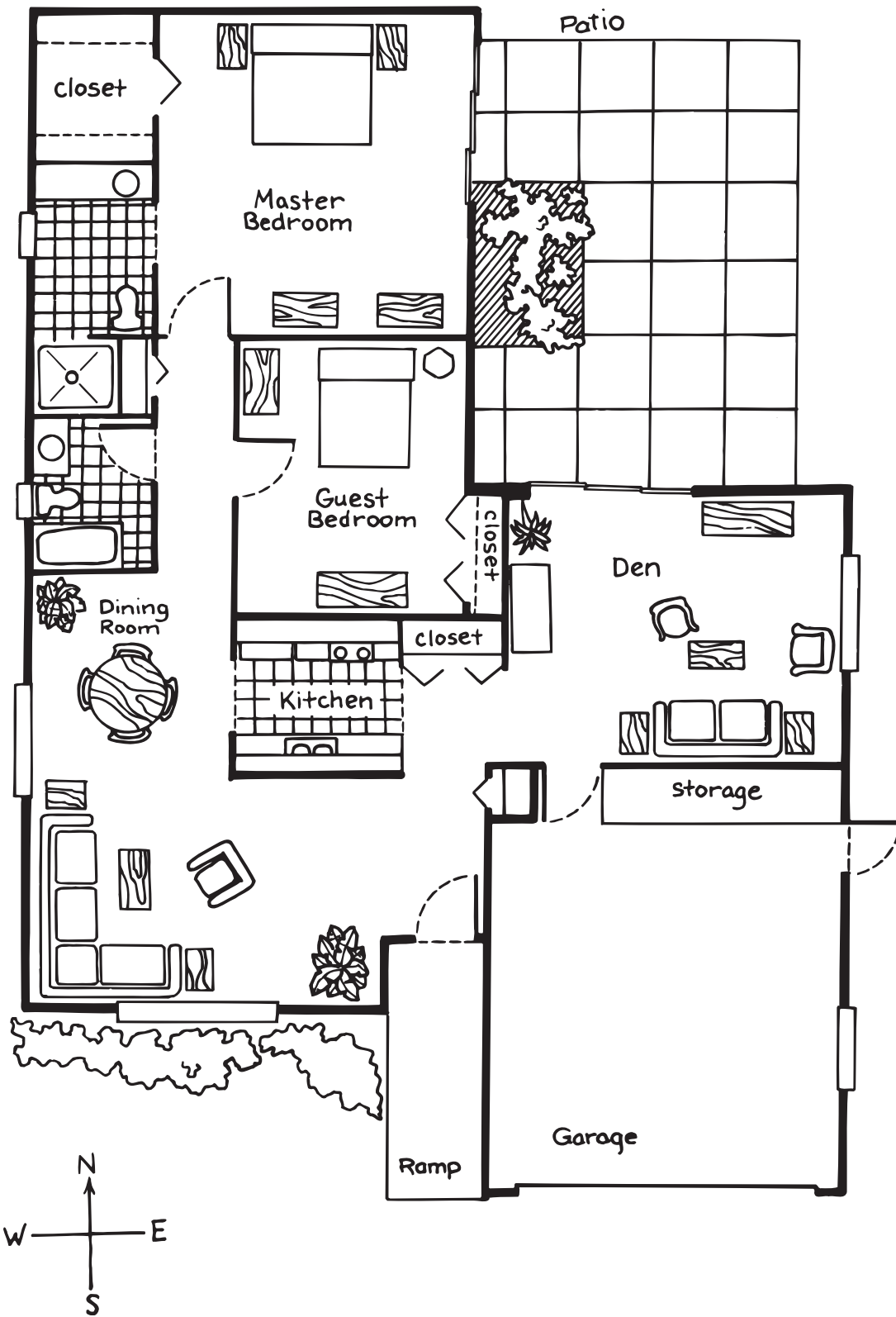


- | | | | | | |
|--|------------------------|-----|-------------------|-----|-------------------|
| | Mall Directory | 100 | Louise's Art Shop | 114 | Embassy Travel |
| | Automated Cash Machine | 101 | Bargain Ben's | 115 | Casey's Clothes |
| | Restrooms | 102 | Arnold's Books | 116 | Athlete's Nook |
| | Telephone | 103 | Shepherd Shoes | 117 | Exercise Express |
| | Entrance | 104 | King's Toys | 118 | Jo's Card Shop |
| | Mall Office | 105 | Betsy's Fabrics | 119 | Frosty's Pharmacy |
| | | 106 | Sweet Tooth Shop | 120 | Hamburger Shack |
| | | 107 | Cozy Home Shop | 121 | Kim's Grill |
| | | 108 | Simply China | 122 | Jim's Gourmet |
| | | 109 | Mark's Shoes | 123 | Pretzel Place |
| | | 110 | Candle Wick | 124 | Bee's Cafeteria |
| | | 111 | Simm's Music | 125 | Mike's Computers |
| | | 112 | Electro Track | 126 | Pitch and Putt |
| | | 113 | Laura's Gift Wrap | 127 | V.G.'s Gifts |

Shopping Mall

1. Which major department store is on the north side of the mall?
2. Locate the south side entrance to the mall.
3. What is directly in front of Sanders Department Store?
4. How many telephone booths are located around the food court?
5. If you were in Hamilton's Department Store, where would the closest set of mall restrooms be?
6. Is there a cash machine near Von Epstein's department store?
7. Which restaurant is located in store #121?
8. If you were in store #104, would you be near Von Epstein's Department Store?
9. Which store is in the southwest corner of the mall?
10. What is located between Byers Department Store and Exercise Express?
11. If you were in store #106, what might you be purchasing?
12. If you were in store #104, how would you get to the food court?
13. Where is the cafeteria in the food court?
14. What is east of store #116?
15. How many restrooms are shown on the mall floor plan?
16. If you entered the mall on the west side, would you be near Von Epstein's Department Store?
17. If you needed to buy a dictionary, which store would you enter?
18. If you entered the mall on the east side, which store is on your right and which store is on your left?
19. Name a store across from Byers Department Store.
20. If you needed a birthday card, which entrance of the mall would you use?

House



House

1. Does the home face the north?
2. Is there a ramp leading to the front door?
3. What is in the northeast corner of the home?
4. What is east of the kitchen?
5. What is to the left of the kitchen?
6. What is behind the kitchen?
7. If you were sitting at the dining room table, would you be able to watch the sunrise?
8. What is on the east side of the master bedroom?
9. If you were entering the house from the garage, which room would you be in?
10. Are there any steps leading into the home?
11. What is across the hall from the guest bedroom?
12. Name something located on the east side of the house.
13. Is there a bathroom on the east side of the house?
14. Can you enter the home from the south side of the house?
15. What is in the northwest corner of the home?
16. How many closets are in the home?
17. Are there any other storage areas in the home?
18. What is south of the den?
19. What is directly across from the front door?
20. If you were coming out of the guest bedroom, which direction would you go to reach the kitchen?

Orientation to Past and Present Events

Objective to increase orientation skills for past events

Stimuli auditory or auditory and visual

Instructions Begin therapy with the appropriate level of complexity depending on your client's current level of cognitive functioning.

Compensatory Strategies

- To help your client answer a question about an event, give your client clues about preceding or related events.
- If the client is particularly unsuccessful with a group of questions, review them and complete them several times from session to session.
- Turn this into a visual exercise if your client prefers to read and answer the questions independently.
- Add some of this orientation information to the client's orientation notebook mentioned in earlier sections of this chapter.
- To personalize therapy, add questions of your own in a multiple choice format from information attained on the client questionnaire.

Orientation to Past and Present Events

Please answer *yes* or *no* to the following questions.

1. Did the Vietnam War end in 1963?
2. Did Richard Nixon become President when John F. Kennedy was assassinated?
3. If your child was born in 1948, was he born during the baby boom?
4. Was Muhammad Ali a football player?
5. Was the Mustang a successful car built by the Ford Motor Company?
6. Is *The Tonight Show* a successful television program?
7. Is the Nutcracker ballet always performed during the summer season?
8. Is Eastern Airlines still in operation?
9. Was Hank Aaron a famous baseball player?
10. Did a horse named Secretariat win the Triple Crown?
11. Was World War II fought from 1931-1945?
12. Did Mark Spitz win seven gold medals at the Munich Olympics in 1972?
13. Was the Volkswagen Beetle a car that was manufactured in Germany?
14. Is the Sealtest company known for manufacturing ice cream?
15. Was *Little House on the Plains* a television show?
16. Was Elvis Presley known as The King of Rock and Roll?
17. Did the Space Shuttle *Challenger* end in tragedy at the beginning of its flight in January 1986?
18. Was Satchmo the nickname of famous jazz musician Dizzy Gillespie?
19. Are some contact lenses considered disposable?
20. Did Henry Kissinger ever win a Nobel Peace Prize?

Orientation to Past and Present Events, *continued*

Please answer *yes* or *no* to the following questions.

21. Is Johnny Carson still hosting *The Tonight Show*?
22. Did the Great Depression take place during the 1930s?
23. Did Dwight Eisenhower defeat Adlai Stevenson to become the 34th President of the United States in 1952?
24. Did the Watergate scandal occur in 1982?
25. Was Veterans Day once known as Armistice Day?
26. Did the movie *Gone With The Wind* take place in the North?
27. Did Chief Justice Earl Warren investigate the assassination of President John F. Kennedy?
28. Did President Jimmy Carter serve two presidential terms?
29. Was President Nixon unconditionally pardoned for any federal crimes he may have committed while in office?
30. Was Patty Hearst kidnapped by the Symbionese Liberation Army?
31. Did the Japanese attack on Pearl Harbor signal our entrance into World War II?
32. Was Jimmy Connors a famous basketball player?
33. Was Ronald Reagan an actor before he became president of the United States?
34. Did Jacqueline Kennedy marry the Greek tycoon Aristotle Onassis?
35. Did John Hinkley, Jr. attempt to assassinate President Ronald Reagan in 1981?
36. Was President Jimmy Carter a Republican?
37. Did Princess Grace of Monaco die in a plane crash?
38. Has a heart transplant ever been performed?
39. Must you pass a written test to receive your driver's license?
40. Was the Equal Rights Amendment proposed to safeguard men's rights?

Orientation to Past and Present Events

Select the correct answer from the three choices given.

1. What year was the bicentennial celebration of the United States?
 - a. 1966
 - b. 1976
 - c. 1980
2. Which of the following people was once a Secretary of State?
 - a. Henry Kissinger
 - b. Ronald Reagan
 - c. Lyndon Johnson
3. What was Lyndon Johnson's wife's nickname?
 - a. Lady Belle
 - b. Lady Bug
 - c. Lady Bird
4. Which of the following people was a famous football player?
 - a. O.J. Simpson
 - b. Magic Johnson
 - c. Arthur Ashe
5. Which military action was considered a conflict and never declared a war?
 - a. Vietnam War
 - b. World War II
 - c. War of 1812
6. Which of the following people was a flamboyant pianist?
 - a. Louis Armstrong
 - b. Liberace
 - c. Lawrence Welk
7. Which actor played the bigot Archie Bunker in the television program *All in the Family*?
 - a. Lloyd Bridges
 - b. Denzel Washington
 - c. Carroll O'Connor
8. Which famous tennis player beat Bobby Riggs in the tennis match termed "The Battle of the Sexes"?
 - a. Chris Evert
 - b. Zina Garrison
 - c. Billie Jean King
9. Which electronic device was not yet in use during the 1950s?
 - a. radio
 - b. CD player
 - c. television
10. What is the voting age in the United States?
 - a. 16
 - b. 17
 - c. 18
11. Which of the following television shows has been a successful game show?
 - a. *The Phil Donahue Show*
 - b. *The Price Is Right*
 - c. *60 Minutes*
12. On which television show did Elvis Presley first appear?
 - a. *The Ed Sullivan Show*
 - b. *The Milton Berle Show*
 - c. *Face the Nation*
13. Which country was the first to send a satellite into space?
 - a. America
 - b. France
 - c. Soviet Union
14. The TV mini-series *Roots* chronicled the history of which group of people?
 - a. African-Americans
 - b. Hispanics
 - c. American Indians

Orientation to Past and Present Events, *continued*

Select the correct answer from the three choices given.

15. Which famous civil rights leader uttered the quote, "I have a dream"?
 - a. Malcolm X
 - b. Martin Luther King, Jr.
 - c. Jane Pittman
16. Which United States President was assassinated in 1963?
 - a. Abraham Lincoln
 - b. Ronald Reagan
 - c. John F. Kennedy
17. Which United States President was in office during the Great Depression?
 - a. Lyndon Johnson
 - b. Woodrow Wilson
 - c. Franklin Roosevelt
18. Which war was fought between the North and the South?
 - a. Civil War
 - b. Korean War
 - c. World War II
19. Which famous woman was deaf and blind?
 - a. Clara Barton
 - b. Helen Keller
 - c. Florence Nightingale
20. Which instrument did Louis Armstrong play?
 - a. piano
 - b. flute
 - c. trumpet
21. Which car was made by the Ford Motor Company?
 - a. Mustang
 - b. Electra 225
 - c. Ninety-Eight
22. Which of the following actresses died in a plane crash?
 - a. Susan Hayward
 - b. Carole Lombard
 - c. Vivien Leigh
23. Which famous actor played Rhett Butler in *Gone With The Wind*?
 - a. Charlton Heston
 - b. John Wayne
 - c. Clark Gable
24. Who was the first President of the United States?
 - a. Thomas Jefferson
 - b. George Washington
 - c. Abraham Lincoln
25. Which of the following companies is known for making computers?
 - a. Dell
 - b. Saturn
 - c. Maytag
26. Which fashion trend is associated with the 1960s?
 - a. the bustle
 - b. the miniskirt
 - c. the strapless evening gown
27. Which United States President was involved in the Watergate scandal?
 - a. Gerald Ford
 - b. Lyndon Johnson
 - c. Richard Nixon
28. Who was a famous writer of children's books?
 - a. Dr. Seuss
 - b. Dr. Welby
 - c. Dr. Brown

Orientation to Past and Present Events, *continued*

Select the correct answer from the three choices given.

29. How often are the Winter Olympic Games held?
 - a. every six years
 - b. every four years
 - c. every two years
30. Who was Frank Sinatra once married to?
 - a. Elizabeth Taylor
 - b. Barbra Streisand
 - c. Mia Farrow
31. Which American actress was very outspoken against the Vietnam War?
 - a. Jane Fonda
 - b. Katharine Hepburn
 - c. Audrey Hepburn
32. Which President preceded John F. Kennedy?
 - a. Lyndon Johnson
 - b. Dwight Eisenhower
 - c. Richard Nixon
33. Which person was involved in the Watergate scandal?
 - a. Henry Kissinger
 - b. Tip O'Neill
 - c. John Dean
34. The Supreme Court case of *Brown vs. The Board of Education of Topeka, Kansas*, declared segregation of schools to be illegal. In which year did this case occur?
 - a. 1954
 - b. 1974
 - c. 1984
35. Which Alabama governor was shot and seriously wounded while campaigning for the Democratic nomination for President in 1972?
 - a. Lester Maddox
 - b. Richard Nixon
 - c. George Wallace
36. On which island was there a nuclear accident?
 - a. Three Mile Island
 - b. Cumberland Island
 - c. Fripp Island
37. Which group of people went on strike during the Reagan administration?
 - a. pilots
 - b. air traffic controllers
 - c. flight attendants
38. Which of the following women is a famous figure skater?
 - a. Dorothy Hamill
 - b. Mary Lou Retton
 - c. Jackie Joyner Kersee
39. Which United States President resigned during his second term of office?
 - a. John F. Kennedy
 - b. Richard Nixon
 - c. Lyndon Johnson
40. Which United States First Lady fought a battle against alcoholism and then founded an alcohol treatment center?
 - a. Rosalyn Carter
 - b. Nancy Reagan
 - c. Betty Ford

Orientation to Past and Present Events

Please answer the following questions.

1. Which war occurred in the 1860s?
2. Which actress played Scarlett O'Hara in *Gone With The Wind*?
3. Which famous amusement park is located in Florida and features Epcot Center?
4. Name two Presidents who were assassinated while in office.
5. Which United States President freed all African-Americans from slavery?
6. Which war occurred in the 1940s?
7. Which child movie star sang the song "On The Good Ship Lollipop"?
8. Which war occurred in 1990?
9. Which President served two consecutive terms in the 1980s?
10. Who assumed the office of President when Richard Nixon resigned?
11. What major event occurred on September 11, 2001?
12. Which famous company is known for producing quality children's cartoons and movies, and for the characters Mickey and Minnie Mouse?
13. Which type of shoes are known as *high tops*?
14. What fatal disease came to light in the 1980s which took the lives of such notables as Rock Hudson and Arthur Ashe?
15. Which famous British royal couple married in the early 1980s?
16. Which famous actor was the father of Jane and Peter Fonda?
17. Which southern business tycoon did Jane Fonda marry?
18. Which political party did Lyndon Johnson belong to?
19. Which business tycoon did Jacqueline Kennedy marry after her first husband was assassinated?
20. Which U.S. Senator was involved in the Chappaquiddick incident?
21. What popular soft drink has its roots in Atlanta, Georgia?
22. Who hosted *The Tonight Show* for several decades?
23. Who was Johnny Carson's sidekick and co-host on *The Tonight Show*?
24. Which King of Rock and Roll first appeared on *The Ed Sullivan Show*?
25. Which famous civil rights leader was assassinated in Memphis?
26. What scandal heralded the resignation of former President Richard Nixon?
27. What country bombed Pearl Harbor in December of 1941?
28. What country was known for attempting to eliminate Jews during World War II?
29. Who was Ronald Reagan's first wife?
30. Who was Richard Burton married to on two different occasions?
31. What is the mascot of the Republican party?
32. What is the mascot of the Democratic party?

Further Activities for Caregivers

- Discuss past events and keep a scrapbook for the client to refer to as a way to increase orientation skills for past events.
- Keep family albums in conspicuous places for the client to look through.
- Write orientation information such as the client's address, phone number, recent happenings, etc., on notes or poster board in the client's room or around the home in conspicuous places.
- Keep a large clock and a calendar or appointment book in a very conspicuous place and refer to it daily in front of the client. Discuss events of the day, of the past few days, and of the weeks to come. Write all family events on the calendar or appointment book.
- When you and the client are going to the store or running errands, get out a town map and tell the client the route you will be taking.
- While you are driving with the client in the car, discuss what street you are driving on and perhaps talk about how the city has changed over the years.
- Tell the client throughout each day the current date, day of the week, year, and time of day. Periodically ask the client if he knows the date, etc.
- Use photocopies of exercises in this chapter to review on days when the client is not having therapy.
- Ask the client to give you directions to a place in the city where she used to visit frequently. If she cannot tell you, get out a map and discuss it. See if she can remember the route when you go there later.
- When you are cooking or doing any other activity that may involve time, have the client figure the correct times and encourage him to either remember these times, write them down, or set a timer.

Chapter 2 • Memory

This portion of the manual stresses functional and practical ways to increase memory skills using common, everyday stimuli. This chapter begins with immediate memory exercises designed to increase your client's attention and concentration for repeating series of digits and words.

The goal of this chapter is for your client to achieve success in remembering the stimuli. Most clients will have a memory deficit, even though they may hesitate to admit this fact. You can usually increase your client's memory skills by teaching compensatory strategies.

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Immediate Memory/Digit Sequences

Objective to increase immediate memory, concentration, and attention skills for digit sequences

Stimuli auditory or auditory and visual

Instructions Before presenting each item, explain the semantic category and how you will be attaching meaning to each set to help your client's memory. Have your client repeat each series of numbers using compensatory strategies as needed.

Compensatory Strategies

- Group numbers into sets during auditory presentation.
- Make the number series meaningful and functional. For example, when using area codes, first reveal the state to help your client's memory.

Immediate Memory For Three-Digit Sequences

Repeat these items without changing the order of the numbers.

Telephone Area Codes

1. Georgia	404	16. Montana	406
2. Florida	904	17. North Dakota	701
3. South Carolina	803	18. South Dakota	605
4. Alabama	205	19. Minnesota	218
5. Louisiana	318	20. Iowa	515
6. North Carolina	704	21. Arkansas	501
7. Texas	214	22. Kansas	913
8. Kentucky	606	23. Michigan	616
9. West Virginia	304	24. New York	518
10. New Mexico	505	25. Vermont	802
11. Arizona	602	26. Maine	207
12. Nevada	702	27. Ohio	614
13. Colorado	303	28. Indiana	317
14. Wyoming	307	29. New Hampshire	603
15. Oregon	503	30. Hawaii	808

Note: Area codes may change.

Advanced Three-Unit Sequences

Repeat these numbers exactly as you hear them.

1. children's ages 11, 9, 6
2. test grades 60, 75, 82
3. candy prices 50¢, 85¢, 75¢
4. outside temperatures 71, 32, 85
5. height in inches 58, 60, 69
6. years three people were born 1946, 1963, 1990
7. various retirement ages 57, 65, 62
8. wattage of light bulbs 150, 75, 60
9. life expectancies 70, 92, 75
10. oven temperatures 200, 350, 425
11. house numbers 501, 420, 1682
12. years three people graduated 1972, 1960, 1981
13. cooking times in minutes 20, 15, 40
14. dress sizes 16, 8, 12
15. number of children in a class 12, 25, 17
16. a friend's birth date 11, 19, 63
17. wedding date 12-16-89
18. number of items on a shopping list 19, 10, 24
19. number of invitations to a wedding 100, 230, 150
20. various drinking ages 21, 18, 19
21. prices for a soft drink 75, 95, 85
22. number of houses in three subdivisions 35, 42, 70
23. degrees of an angle 90, 45, 125
24. number of cows on a farm 100, 70, 210
25. ages of grandchildren 6, 17, 22

Immediate Memory for Four-Unit Sequences

Repeat these numbers exactly as you hear them.

Written to/for	Check Numbers
1. power company	5061
2. phone company	3291
3. department store	4150
4. grocery store	6935
5. shoe store	2114
6. hospital	6733
7. doctor's office	4433
8. post office	6295
9. rent payment	6837
10. pharmacy	9345
11. credit card payment	5925
12. water bill	3821
13. garbage pick-up	7590
14. pet groomer	6371
15. veterinarian	2539
16. dentist	3695
17. optometrist	5276
18. hearing aid specialist	6822
19. life insurance	9871
20. auto insurance	7568
21. car payment	3597
22. mortgage	4264
23. charity	7896
24. cable company	4398
25. flower shop	5875

Advanced Four-Unit Sequences

Repeat these numbers exactly as you hear them.

1. golf scores 72, 86, 68, 70
2. shoe sizes 10, 5, 6, 9
3. postage stamp prices 29¢, 31¢, 34¢, 37¢
4. value of coins 25¢, 10¢, 1¢, 5¢
5. number of people at dinner parties 8, 4, 12, 15
6. percentage of vote in an election 23, 39, 17, 55
7. age at which some people get married 18, 30, 22, 42
8. number of children some people have 6, 1, 3, 0
9. cable channels 42, 2, 18, 26
10. number of checks written in a month 30, 15, 42, 21
11. mileage between cities on a bus tour 27, 90, 56, 17
12. gasoline prices 91¢, 99¢, \$1.10, \$1.35
13. minimum payment on a credit card \$60, \$78, \$53, \$120
14. number of cars in a parking lot 32, 51, 43, 12
15. number of pages in a book 98, 75, 100, 63
16. number of beds in a hospital 100, 50, 70, 60
17. number of hamburgers at a cookout 12, 8, 16, 19
18. miles per gallon of gasoline 29, 35, 19, 22
19. ounces on packaged food 12, 36, 8, 16
20. inseam measurements 34, 32, 28, 36
21. number of people at a family reunion 29, 26, 40, 54
22. minimum octane numbers for gasoline 91, 87, 93, 89
23. number of pennies in a pocketbook 12, 0, 29, 18
24. length of vacation in days 4, 10, 7, 15
25. square footage of a room 200, 400, 350, 600

Immediate Memory for Five-Unit Sequences

Repeat these numbers exactly as you hear them.

Zip Codes

1. Anchorage, AK	99695	16. Flint, MI	48507
2. Phoenix, AZ	85067	17. Clinton, MS	39060
3. Bakersfield, CA	93302	18. Lincoln, NE	68502
4. Denver, CO	80209	19. Reno, NV	89504
5. Daytona Beach, FL	32117	20. Brick, NJ	08723
6. McDonough, GA	30253	21. Santa Fe, NM	87504
7. Boise, ID	83707	22. Albany, NY	12260
8. Aurora, IL	60507	23. Burlington, NC	27216
9. Bloomington, IN	47402	24. Akron, OH	44309
10. Sioux City, IA	51109	25. Pryor, OK	74362
11. Kansas City, KS	66113	26. Portland, OR	97208
12. Covington, KY	41012	27. Easton, PA	18044
13. Baton Rouge, LA	70821	28. Greenwood, SC	29648
14. Bethesda, MD	20827	29. Clarksville, TN	37041
15. Brockton, MA	02403	30. Bedford, TX	76095

Immediate Memory for Seven-Unit Sequences

Repeat these numbers exactly as you hear them. Do not change the order of the numbers. (Whenever possible, insert numbers the client would really use.)

Phone Numbers

1. police	946-4532	16. daughter	659-3374
2. fire station	474-1188	17. sister	954-9732
3. dry cleaners	957-9167	18. pharmacy	345-7851
4. hair salon	997-2385	19. insurance agent	974-2185
5. bank	551-4201	20. son	785-3184
6. neighbor	981-3367	21. pet groomer	564-8857
7. newspaper	228-6510	22. grandson	643-9147
8. friend	962-8883	23. dentist	761-4962
9. grocery store	669-3490	24. flower shop	927-4587
10. doctor	843-7521	25. lawn service	468-9329
11. hospital	849-2000	26. maid service	469-3961
12. library	783-7249	27. home health service	997-5484
13. veterinarian	964-8843	28. garage	890-5782
14. hearing aid specialist	675-3269	29. granddaughter	931-6802
15. optometrist	754-3468	30. plumber	862-5963

Immediate Memory/Word Sequences

Objective to increase immediate memory, concentration, and attention skills for word sequences

Stimuli auditory or auditory and visual

Instructions Have your client repeat each series of words. Begin each exercise by telling your client the semantic category of each word list. Use compensatory strategies as needed to increase your client's success rate.

Compensatory Strategies

- Group words in auditory presentation into sets with pauses between sets.
- Use meaningful, functional stimuli.
- Use mnemonic devices.
- Use visual imagery for word sets.

Immediate Memory for Three-Word Sequences

Repeat these word lists without changing the order of the words.

Related Words

- | | |
|----------------------------|---------------------------------|
| 1. men's first names | Kenneth, Bill, Carlos |
| 2. street names | Maple, Main, Central |
| 3. desserts | pie, cake, brownies |
| 4. months | March, December, February |
| 5. states | Georgia, Oregon, Texas |
| 6. women's first names | Nancy, Marie, Carolyn |
| 7. restaurants | Pizza Hut, McDonald's, Shoney's |
| 8. trees | fir, pine, birch |
| 9. last names | Smith, Moore, Jones |
| 10. drinks | water, juice, milk |
| 11. cities | Chicago, Atlanta, Miami |
| 12. car companies | Chevrolet, Ford, Buick |
| 13. insects | ant, roach, grasshopper |
| 14. gifts | crystal, luggage, jewelry |
| 15. furniture | couch, bed, chair |
| 16. jewelry | earrings, ring, watch |
| 17. writing utensils | chalk, pen, pencil |
| 18. cooking utensils | pot, colander, saucepan |
| 19. sports | football, baseball, boxing |
| 20. flowers | tulip, daisy, rose |
| 21. Presidents' last names | Ford, Kennedy, Carter |
| 22. cloth | wool, cotton, silk |
| 23. precious stones | diamonds, pearls, sapphires |
| 24. mail | letters, invitations, bills |
| 25. books | novel, dictionary, encyclopedia |

Immediate Memory for Three-Word Sequences

Repeat these word lists without changing the order of the words.

Unrelated Words

1. dog, room, hat
2. car, friend, table
3. road, cloth, day
4. spring, hit, shell
5. stop, dish, well
6. real, sink, box
7. bow, log, carpet
8. grass, two, feet
9. play, long, first
10. skin, run, lace
11. trip, class, bill
12. shirt, door, blanket
13. enemy, rug, shoe
14. boat, bear, floor
15. speak, county, fun
16. you, meat, lot
17. read, day, mind
18. vase, plant, stay
19. knee, wrap, stink
20. home, me, slap
21. number, top, candle
22. sheet, land, book
23. please, many, string
24. skate, hard, cane
25. wheel, not, shelf
26. machine, tub, air
27. child, mind, tile
28. polish, sock, man
29. joy, teeth, bird
30. sick, tap, wall

Immediate Memory for Four-Word Sequences

Repeat these word lists without changing the order of the words.

Related Words

1. department stores Macy's, Neiman Marcus, Sears, J.C. Penney
2. medicines aspirin, antacid, Tylenol, cough syrup
3. oil companies Conoco, Chevron, Shell, BP
4. car models Bonneville, Park Avenue, Taurus, Le Sabre
5. European cities Paris, London, Rome, Munich
6. magazines *Newsweek, Time, Redbook, People*
7. soft drinks Coke, Sprite, Dr. Pepper, Pepsi
8. illnesses cold, flu, sore throat, fever
9. living quarters house, apartment, mobile home, condo
10. electronics TV, radio, compact disc player, stereo
11. money dollar, penny, dime, quarter
12. transportation airplane, bus, car, train
13. shoes sneakers, boots, sandals, high heels
14. card games Poker, Pinochle, Bridge, Canasta
15. fast-food restaurants McDonald's, Wendy's, Hardee's, Taco Bell
16. weather windy, rainy, sunny, cloudy
17. universities Harvard, Yale, Princeton, Brown
18. clothing suit, dress, coat, pajamas
19. reading materials magazine, book, tabloid, newspaper
20. floor coverings carpet, tile, hardwood, vinyl
21. bed coverings comforter, bedspread, quilt, afghan
22. pets cat, dog, hamster, bird
23. relatives aunt, niece, cousin, nephew
24. street signs stop, caution, yield, pedestrian crossing
25. dances fox trot, waltz, tango, cha cha

Immediate Memory for Four-Word Sequences

Repeat these word lists without changing the order of the words.

Unrelated Words

1. before, stop, children, time
2. scream, wish, many, skate
3. tell, done, bill, candy
4. fancy, lost, box, animal
5. smooth, fringe, sheep, deal
6. cold, bring, fix, table
7. late, more, baby, dice
8. anyone, fake, shop, bread
9. even, enough, gone, head
10. hot, icicle, jam, king
11. sleet, ring, television, carpet
12. ball, picture, key, person
13. wall, log, bedroom, cost
14. number, dig, shake, paper
15. piano, sweater, think, telephone
16. glasses, sweat, pencil, sweep
17. wood, please, street, towel
18. long, beat, make, crate
19. cot, bird, knot, leaves
20. laugh, pants, board, trail
21. skip, lamp, roll, date
22. radio, horse, finger, stay
23. live, boat, skinny, swing
24. pear, wing, ear, happy
25. money, wear, open, pink
26. forget, meal, bank, main
27. scale, free, gate, yes
28. work, hope, pill, read
29. mother, pocket, dream, fox
30. cane, will, year, have

Immediate Memory for Five-Word Sequences

Repeat these word lists without changing the order of the words.

Related Words

1. medical specialists dentist, cardiologist, neurologist, internist, surgeon
2. banking terms checking, savings, safe deposit box, teller, deposits
3. grocery list eggs, milk, bread, soap, cheese
4. cereals Cheerios, Corn Flakes, Raisin Bran, Grape Nuts, Wheaties
5. exercise jog, run, walk, aerobics, weight lifting
6. fruits banana, grapefruit, orange, prunes, raisins
7. hair treatments shampoo, cut, permanent wave, set, dry
8. vegetables green beans, squash, corn, asparagus, cabbage
9. cold symptoms cough, fever, congestion, chills, watery eyes
10. major appliances washer, oven, refrigerator, dryer, dishwasher
11. breeds of dogs Irish setter, chihuahua, poodle, beagle, cocker spaniel
12. farm animals cow, pig, horse, sheep, rooster
13. military Army, Marines, Air Force, Navy, Coast Guard
14. seasonings salt, garlic, paprika, oregano, pepper
15. political officials president, senator, governor, representative, mayor
16. fabrics leather, silk, cotton, wool, polyester
17. temperatures hot, cool, warm, cold, freezing
18. types of people man, child, woman, toddler, infant
19. jobs truck driver, police officer, nurse, secretary, accountant
20. warm clothing coat, sweater, hat, gloves, scarf
21. kitchen items cup, glass, bowl, plate, platter
22. condiments ketchup, mayonnaise, mustard, steak sauce, dressings
23. times of day morning, evening, afternoon, day, night
24. countries United States, England, Scotland, Ireland, Germany
25. types of wild cats tiger, panther, leopard, lion, cheetah

Immediate Memory for Five-Word Sequences

Repeat these word lists without changing the order of the words.

Unrelated Words

1. window, grass, shirt, free, star
2. never, sling, more, first, skate
3. kite, bring, new, Friday, make
4. bright, flake, deer, meal, gate
5. radio, fight, here, dish, smoke
6. mile, paper, thick, couch, banana
7. fresh, walk, wood, cup, brass
8. night, button, fall, mash, over
9. keep, merry, rotten, toy, woman
10. fact, take, pitcher, duck, wall
11. broom, mug, rooster, picture, tan
12. candle, year, meat, ring, ball
13. work, show, young, frog, like
14. pencil, house, jog, turtle, shovel
15. ant, shock, luck, chicken, baby
16. cold, girl, scissors, stereo, floor
17. finish, most, well, can, high
18. husband, stop, heart, pillow, near
19. lip, fear, watch, shirt, come
20. hard, last, ship, string, apple
21. tired, sheep, sit, more, call
22. wheel, north, fill, box, sing
23. news, strong, film, would, write
24. blanket, peach, early, know, top
25. jerk, diamond, sink, feel, skip
26. scared, job, friend, much, cool
27. fold, male, cash, for, calm
28. five, out, oven, steel, black
29. back, shake, gone, lower, mix
30. coffee, trip, sister, jeans, shape

Extended Word Lists for Further Memory Skills Practice

Gift List

husband—shirt
children—toys
sister—dress
hairdresser—green plant
brother-in-law—slippers
mother—bathrobe
friend—sweater

Guest List for a Party

Phil Sommers
Lydia Perez
M/M Roberts
M/M Smith
M/M Jackson
M/M Lee
M/M Steel
M/M Chen

Grocery List

lettuce
cucumbers
cream cheese
carrots
mayonnaise
cheese
onions

Items Needed on Vacation

sunscreen
bathing suit
shaving cream
razors
tickets
sandals
deodorant
magazines

Any other personalized lists will be helpful.

Short-Term Memory Skills

Objective to increase short-term memory skills for new information learned

Stimuli auditory or auditory and visual

Instructions Throughout the therapy session, show your client several of the written exercises, reading them aloud and discussing their content. Before you end therapy, quiz your client with the written questions next to each item to increase short-term memory for new information.

Compensatory Strategies

- Repeat information several times.
- Point out written information for your client to remember.
- Use visual imagery and relate new information to past experiences through discussion.

Classified Ads

Customer Service

Customer Service Rep. needed for 6 mos. Must type 35 wpm and have data entry skills. Need to be bilingual in English/Spanish. Call Bob in Personnel at 555-3321.

1. What is the category of the Help Wanted ad?
2. What kind of job is the ad for?
3. How long will the project last?
4. What foreign language will the person need to know?
5. Who should the applicant call in the personnel department?

Auto Mechanic

Looking for part-time help on weekends only. No experience necessary. We will train. Ask for Tammy at 555-3486. Sponsored by JTPA.

1. What kind of job is the ad for?
2. Is the job full-time or part-time?
3. What portion of the week will the applicant work?
4. Is experience necessary for this job?
5. Who should the applicant ask for when he calls?

Sale

Gigantic Estate Sale. So big it will be held in a warehouse. Free gift to first 500 people. Furniture, art, collectibles, electronics, office equipment and supplies. Must liquidate now. Corner of Park and Bay Rd. 10 AM-6 PM, Dec. 11-12.

1. What kind of sale is mentioned in the ad?
2. How many people will get free gifts?
3. Name two of the items to be sold.
4. On what dates will the sale be held?
5. What time will the sale begin?

Clothes

Grown out of a size 8 and moving to Chicago. Selling beautiful wardrobe. Sweaters, pants, suits, shoes (size 6), dresses. \$10-\$50. By appointment only. Buckhead area. Call Pam (W) 555-3267 (H) 555-7854.

1. What size are the clothes being sold?
2. Name two articles of clothing to be sold.
3. What size are the shoes to be sold?
4. What is the price range of the items?
5. Do you have to make an appointment to see the clothes?

Puppies

Two registered chow pups. Both female. 10 weeks old. Had all shots. One golden, one black. \$100 each. Call 555-5768.

1. What kind of puppies are for sale?
2. What gender are the puppies?
3. How old are the puppies?
4. What color are the puppies?
5. How much is the owner asking for the puppies?

Newspaper Advertisements



All your decorating needs!

SALE! **All Paint & Wallpaper Supplies 33% OFF!**
Thursday thru Sunday Only

Store Hours: 10 a.m. to 9 p.m.

1. Which store is having a sale?
2. What merchandise is on sale?
3. What percentage is the markdown?
4. How late will the store be open?
5. Which days will the sale run?



Children's Photographer
at
Nichol's
DEPARTMENT STORE

in the Toy Department
10 a.m. to 6 p.m. Fri., Sat., Sun. ONLY!
Package Deal for \$18.95 includes:

- 1 - 8 X 10
- 2 - 5 X 7
- 24 - wallet size

1. Where will the photographer be located?
2. What times will the photographer be available to take pictures?
3. How much will the pictures cost?
4. How many 5 x 7 photographs are included in the package?
5. How many wallet-sized photographs are included in the package?



Over 500 New and Used Cars on the Lot!

Open Monday thru Saturday from 9AM to 9PM

New Low **3% Financing**
with Approved Credit!

1. Which car dealership is selling new and used cars?
2. How many cars are there to choose from?
3. What are the dealership hours Monday through Saturday?
4. Can you buy a car at this dealership if your credit is not good?
5. What interest rate is advertised?

Newspaper Advertisements, *continued*

Arnold's
BOOK STORE

Book Signing
10 a.m. to 2 p.m.
(or first 200 customers)
Saturday Only

Introducing
CAROL THATCHER
author of
EAGLE'S NEST
A best-selling mystery!

1. What is the name of the bookstore?
2. Which book is featured in the ad?
3. What time is the book signing?
4. Will the author be signing books at the store?
5. How many signed copies of the book are available?

SALE!

Precision City
ELECTRONICS

Regency S50X TV
for \$299!

New Year's Day ONLY!
(January 1st)

Store SALE Hours
9AM to 4PM

1. Which holiday is this sale for?
2. What item is on sale?
3. What is the price of the sale item?
4. How late will the store be open?
5. How many days will the sale last?

\$1.00 Coupon

FISHER'S
Grocery Store

Arbor
Wheat & Oat Squares Cereal

Reg: \$3.19 24 oz. box
Now: \$2.19 w/coupon

\$1.00 Coupon

1. What is the name of this grocery store?
2. What item is on sale?
3. What is the sale price of the item?
4. How much will you save?
5. What do you need to do to get the sale price?

Telephone Messages

For: Walt


Date: Tuesday

Time: 3:00 p.m.

Message: The estimate is in for your car repairs.
Call Steve at 555-0030.

-Mary

While you were out . . .



1. Who is the message for?
2. What time was the message taken?
3. What is the message about?
4. Should the call be returned?
5. Who took the message?

Thursday 9:45 AM.

Beth,

Bob called. Meet you for dinner at 6:00. No need to call him back.

Penny

1. Who is the message for?
2. What time was the message taken?
3. What is the message about?
4. Should the call be returned?
5. Who took the message?

9/17 - noon

Ms. Robbins:

Mr. Carlsten from CoriCorp. will be arriving at the airport on TransAir, flight 634, gate 5, 4:24PM. He will be carrying the Brandhill proposal. Please meet him.

-Randy

1. Who is the message for?
2. Who is arriving on the airplane?
3. Where will he arrive?
4. What time will he arrive?
5. What action needs to be taken?

Long-Term Memory Skills

Objective to increase long-term memory skills for information already learned

Stimuli auditory or auditory and visual

Instructions Ask the client each question using compensatory strategies as needed. Explain that you will be discussing memories about the world and happenings of the past.

Compensatory Strategies

- Repeat each question.
- Show the written question to aid comprehension.
- Discuss related events to help your client remember things.

Long-Term Memory Skills

Discuss and answer these questions.

1. Which President of the United States was assassinated in 1963?
2. What was the Watergate scandal?
3. Who was married to Elizabeth Taylor two different times?
4. In which decade of this century was the Great Depression?
5. What famous movie was made from a book by Margaret Mitchell dealing with the Civil War?
6. What do you call an extended period of dry weather?
7. Who was known as the King of Rock and Roll?
8. What bird is featured on the national emblem of the United States?
9. How can you tell the age of a tree?
10. What does it mean to be nearsighted?
11. What do you call a book that gives definitions of words and specific pronunciations?
12. How should you put out a grease fire?
13. How many cards are in a deck of playing cards?
14. Which President of the United States resigned from office in 1974?
15. What is an antihistamine used for?
16. At what temperature does water begin to freeze?
17. Which sport uses the term *bullpen*?
18. What profession gives Academy Awards for excellence?
19. What famous musician was known as Satchmo?
20. What song do people sing on New Year's Eve?
21. What is the Goodyear company known for making?
22. Where is the Empire State Building?
23. Why should some homes be insulated?
24. How would you go about losing weight?
25. What book would you look for if you needed to know a synonym for a particular word?
26. What is an antonym?
27. What does the term *southpaw* mean?
28. At what age can you begin drawing Social Security?
29. What desert plant needs very little water?
30. What does the word *forgive* mean?

Further Activities for Caregivers

- Repeat instructions several times to aid memory.
- Write notes placed in strategic places throughout the home.
- Keep important phone numbers on a board or sheet of paper beside the telephone.
- Keep very predictable schedules throughout each day, and have each day's schedule of activities written in a conspicuous place within the home.
- Keep a memory log or journal for the client or remind the client to write in it daily. Discuss the events of each day at night and review the memory log daily. Talk about what the client did yesterday, last week, a month ago, etc.
- Have the client look through magazines and read short articles. Ask her questions about the articles at a later time.
- Ask the client if he remembers taking his medication and if it is time to take another dose. Make him aware of his medication schedule.
- Practice memorizing verses to a poem or song.
- Give the client various lists to remember such as birthdays or groceries. Do only one list in a day and see how long it takes the client to commit the list to memory.

Chapter 3 • Organization

This section deals with organizational skills, emphasizing organizing information in a logical, sequential manner.

The exercises all deal with practical, everyday activities. For example, a client who was an excellent cook prior to a neurological incident would benefit from an exercise in organizing ingredients to bake a cake. A client who had an interest in fishing might profit from exercises related to organizing a fishing trip.

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Sequential Organization

Objective to increase organizational skills for sequencing steps in daily tasks

Stimuli auditory or auditory and visual

Instructions Choose an appropriate category of interest for your client and begin the exercises from simple to complex, using compensatory strategies as needed. Ask your client to put the steps for each task in order. Then talk through the steps of the task to make sure the order is reasonable. Some tasks may have more than one correct sequence.

Compensatory Strategies

- Read each task two or three times to increase comprehension.
- Photocopy the exercises and mark out each step as your client puts it in order.
- If your client has trouble numbering the tasks, write the steps on index cards and have her arrange them in order.

Household

Put the steps for each task in order. The first one is done for you.

1. Making brownies

- 1 buy the brownie mix
- 2 stir the batter
- 4 eat the brownies
- 3 bake the brownies

2. Mopping the floor

- _____ mop the floor
- _____ get out the bucket and mop
- _____ put floor cleaner in the water
- _____ pour water in the bucket

3. Washing clothes

- _____ turn on the washer
- _____ gather the dirty clothes
- _____ put clothes in the washer
- _____ put detergent in the washer

4. Grocery shopping

- _____ get a shopping cart
- _____ pay for the groceries
- _____ make a shopping list
- _____ select the items from the list

5. Making a bed

- _____ put clean sheets on the bed
- _____ get out the clean sheets
- _____ strip dirty sheets off the bed
- _____ pull the bedspread up

6. Preparing dinner

- _____ turn on the oven
- _____ buy the groceries
- _____ put the food on the table
- _____ set the table

7. Repairing a broken vase

- _____ put glue on the pieces
- _____ let the glue dry
- _____ get out the glue
- _____ put water in the vase to test it

8. Making iced tea

- _____ add sugar
- _____ boil water
- _____ put tea bags in hot water
- _____ add cool water and ice

9. Doing dishes

- _____ wash the dishes
- _____ rinse the dishes
- _____ add soap to the water
- _____ run hot water in the sink

10. Painting a room

- _____ put down drop cloths
- _____ paint the walls
- _____ buy the paint
- _____ select the color

11. Vacuuming the carpet

- _____ get out the vacuum cleaner
- _____ plug in the vacuum cleaner
- _____ vacuum the carpet
- _____ move the furniture

12. Emptying the dishwasher

- _____ open the dishwasher door
- _____ close the dishwasher door
- _____ wait for the dishwasher to stop
- _____ put the dishes in the cabinet

Household, *continued*

Put the steps for each task in order.

13. Ironing clothes

- _____ plug in the iron
- _____ wait until the iron is hot
- _____ spray starch on the clothes
- _____ iron out the wrinkles

14. Mending a ripped seam

- _____ cut the thread
- _____ sew the ripped seam
- _____ tie a knot in the thread
- _____ thread the needle

15. Hanging a picture

- _____ decide where to hang it
- _____ find a hammer and a nail
- _____ hang the picture on the nail
- _____ hammer the nail into the wall

16. Making a long-distance call

- _____ hang up the telephone
- _____ dial 1 + area code and number
- _____ look up the number
- _____ talk to the person you called

17. Packing a suitcase

- _____ open the suitcase
- _____ select clothes to pack
- _____ close the suitcase
- _____ put clothes into the suitcase

18. Planting a flower in a pot

- _____ water the flower
- _____ fertilize the flower
- _____ put the flower in the dirt
- _____ put dirt in the flowerpot

19. Dealing with a clogged drain

- _____ call a plumber
- _____ notice the drain is clogged
- _____ use a plunger, Drain-O, etc.
- _____ see if the clog disappears

20. Washing your car

- _____ rub soap all over the car
- _____ rinse the car
- _____ wax the car
- _____ let the surface of the car dry

21. Planting a garden

- _____ till the soil
- _____ water the garden
- _____ plant the seeds
- _____ harvest the crops

22. Sending a letter

- _____ write the letter
- _____ put a stamp on the envelope
- _____ put the letter in the envelope
- _____ address the envelope

23. Mowing the grass

- _____ mow the grass
- _____ use clippers close to the house
- _____ move lawn furniture off grass
- _____ sweep clippings off sidewalk

24. Placing a catalog order

- _____ look through the catalog
- _____ select the items you want
- _____ call the catalog company
- _____ give your credit card number

Household, *continued*

Put the steps for each task in order.

25. Washing windows
- ___ spray cleaner on the windows
 - ___ wipe off the cleaner
 - ___ take off the window screens
 - ___ put screens back on
26. Making a dress
- ___ sew the pieces together
 - ___ cut out the dress pieces
 - ___ place the pattern on the fabric
 - ___ select a pattern and fabric
27. Cleaning out the refrigerator
- ___ open the refrigerator
 - ___ close the refrigerator
 - ___ wash the bins and shelves
 - ___ throw away old food
28. Walking the dog
- ___ come home
 - ___ walk the dog
 - ___ put the leash on the dog
 - ___ take the leash off the dog
29. Changing a light bulb
- ___ take out the old light bulb
 - ___ put in the new light bulb
 - ___ turn off the light
 - ___ buy some new light bulbs
30. Sweeping the kitchen floor
- ___ sweep the floor
 - ___ get the broom and dustpan
 - ___ dump the dirt in the garbage
 - ___ put away the broom and dustpan
31. Redecorating a room
- ___ buy the furnishings
 - ___ look at decorating magazines
 - ___ consult a decorator
 - ___ select the furnishings
32. Building a fire
- ___ bring wood into the house
 - ___ light the kindling and wood
 - ___ strike the match
 - ___ put the wood in the grate
33. Paying your monthly bills
- ___ write the checks
 - ___ get out your checkbook
 - ___ put the checks in envelopes
 - ___ put stamps on the envelopes
34. Making a pot of coffee
- ___ put a filter in the coffee maker
 - ___ pour water in the coffee maker
 - ___ put the coffee into the filter
 - ___ watch the brewed coffee drip
35. Collecting coupons
- ___ put the coupons in a file box
 - ___ look through the newspaper
 - ___ cut out the coupons
 - ___ select the coupons you'll use
36. Making ice cubes
- ___ pour water in the ice cube tray
 - ___ close the freezer door
 - ___ put the tray in the freezer
 - ___ open the freezer door

Community

Put the steps for each task in order. The first one is done for you.

1. Riding a city bus

- 3 pay the fare
- 1 get a bus schedule
- 4 get off at the correct stop
- 2 get on the bus

2. Grocery shopping

- _____ put the groceries away
- _____ load the groceries in the car
- _____ drive to the store
- _____ make a shopping list

3. Going to the library

- _____ find the book on the shelf
- _____ give the librarian your card
- _____ look on the computer
- _____ take the book home

4. Renewing your driver's license

- _____ drive to the licensing office
- _____ have your picture taken
- _____ pay the fee
- _____ take the vision test

5. Having your car repaired

- _____ get an estimate
- _____ talk to the mechanic
- _____ drive to the service garage
- _____ pay for the repairs

6. Serving on a jury

- _____ deliver a verdict
- _____ receive a jury duty notice
- _____ listen to witnesses
- _____ go through jury selection

7. Writing your will

- _____ fill out the forms
- _____ make estate decisions
- _____ have someone be a witness
- _____ sign the will

8. Filing your tax return

- _____ gather your tax information
- _____ read the IRS forms
- _____ sign your tax return
- _____ fill out the forms

9. Getting your hair cut

- _____ pay for the services
- _____ have your hair cut
- _____ have your hair washed
- _____ have your hair styled

10. Driving in an unfamiliar city

- _____ find the best route
- _____ drive to your destination
- _____ get a map
- _____ look at the map

11. Buying a gift

- _____ pay for the gift
- _____ decide how much to spend
- _____ select a gift
- _____ browse throughout the store

12. Opening a bank account

- _____ drive to the bank
- _____ go to the new accounts desk
- _____ sign the new account forms
- _____ deposit some money

Community, *continued*

Put the steps for each task in order.

13. Checking into a motel

- _____ carry your bags to the room
- _____ call to make a reservation
- _____ check in at the front desk
- _____ unlock the room door

14. Visiting a friend in the hospital

- _____ go to the information desk
- _____ find out the room number
- _____ go to the right floor
- _____ go to the hospital

15. Pumping gasoline

- _____ turn on the pump
- _____ open the gasoline tank cap
- _____ pay for the gas
- _____ pump the gas you need

16. Taking clothes to the dry cleaners

- _____ gather your dirty clothes
- _____ give your name
- _____ leave the clothes
- _____ drive to the dry cleaners

17. Having the oil changed in your car

- _____ wait in the waiting room
- _____ talk to the mechanic
- _____ drive to the oil change shop
- _____ pay for the services

18. Mailing letters at the post office

- _____ get the stamps you need
- _____ put stamps on the envelopes
- _____ put letters in the mail chute
- _____ stand in line to get stamps

19. Making a deposit at the bank

- _____ endorse the check/checks
- _____ fill out the deposit slip
- _____ stand in line
- _____ give the deposit to the teller

20. Buying a new car

- _____ arrange financing for the car
- _____ look at cars
- _____ test drive several cars
- _____ select the car you like

21. Returning a purchase

- _____ explain what you need
- _____ go to the cashier's desk
- _____ give the cashier the item and receipt
- _____ receive your refund

22. Selling a car

- _____ put an ad in the newspaper
- _____ clean the car thoroughly
- _____ sign over the car title
- _____ accept an offer

23. Cleaning up a community park

- _____ work together
- _____ relax after all the hard work
- _____ set a date for the job
- _____ form a clean-up committee

24. Getting a new car tag

- _____ receive the new car tag
- _____ drive to the tag office
- _____ pay the fee
- _____ show car title and insurance

Community, *continued*

Put the steps for each task in order.

25. Selling your home
- _____ talk to a real estate agent
 - _____ show your home to people
 - _____ accept an offer
 - _____ attend the closing on the home
26. Opening a safety deposit box
- _____ put valuables in the box
 - _____ sign the forms to get the box
 - _____ decide the size box you need
 - _____ talk to your banker
27. Dealing with a car accident
- _____ have the car towed
 - _____ call the police
 - _____ file an accident report
 - _____ exchange insurance information
28. Voting in an election
- _____ go to the polling place
 - _____ stand in line
 - _____ decide who you'll vote for
 - _____ cast your ballot in the booth
29. Voting by absentee ballot
- _____ mail the ballot
 - _____ request an absentee ballot
 - _____ fill in the ballot
 - _____ receive a ballot in the mail
30. Making a call at a telephone booth
- _____ dial the number
 - _____ have a conversation
 - _____ hang up the telephone
 - _____ put the money into the slot
31. Donating items to Goodwill
- _____ decide what to give away
 - _____ drive to the Goodwill Center
 - _____ receive a tax receipt
 - _____ give your items to the clerk
32. Ordering from a catalog
- _____ receive your merchandise
 - _____ call the catalog company
 - _____ choose the items you want
 - _____ receive the catalog in the mail
33. Having your picture taken
- _____ go to the photography studio
 - _____ pay the sitting fee
 - _____ get dressed up
 - _____ smile at the camera
34. Having clothing altered
- _____ see the alterations person
 - _____ have the alterations marked
 - _____ take the altered clothing home
 - _____ pay for the alterations
35. Riding in a taxi cab
- _____ wait for the cab
 - _____ ride in the cab
 - _____ pay the fare
 - _____ call for a cab
36. Having a watch repaired
- _____ take the watch to a jeweler
 - _____ notice watch is not working
 - _____ pick up the watch
 - _____ talk to the jeweler

Health

Put the steps for each task in order. The first one is done for you.

1. Organizing your medications
 - 3 make a medication chart
 - 4 put the pills in an organizer
 - 2 read the label information
 - 1 gather your medicine bottles
2. Taking your medication
 - _____ get a glass of water
 - _____ open the bottle of pills
 - _____ read the directions
 - _____ swallow the pill
3. Taking care of a severe cut
 - _____ bandage the cut
 - _____ put ointment on it
 - _____ wash the cut
 - _____ hold a clean cloth on the cut to stop the bleeding
4. Going to the doctor
 - _____ write down your questions
 - _____ talk to the doctor
 - _____ make an appointment
 - _____ get any prescriptions filled
5. Going to the dentist
 - _____ have your teeth cleaned
 - _____ have X-rays taken
 - _____ pay your bill
 - _____ make an appointment
6. Taking your blood pressure
 - _____ put the cuff on your arm
 - _____ sit down and relax
 - _____ read the blood pressure
 - _____ squeeze the pump
7. Dealing with an emergency
 - _____ tell the operator your address
 - _____ dial 911
 - _____ go to the telephone
 - _____ wait for the paramedics
8. When someone is choking
 - _____ perform Heimlich maneuver
 - _____ dial 911
 - _____ ask if the person needs help
 - _____ determine if airway is totally obstructed
9. Having elective surgery
 - _____ schedule the surgery date
 - _____ pack your suitcase
 - _____ go to the hospital
 - _____ have preadmission testing
10. Testing your blood sugar levels
 - _____ prick your skin
 - _____ get out testing equipment
 - _____ put away testing supplies
 - _____ read the blood sugar level
11. Brushing your teeth
 - _____ brush your teeth
 - _____ rinse your mouth
 - _____ rinse your toothbrush
 - _____ put toothpaste on the brush
12. Washing your hair
 - _____ wet your hair
 - _____ rinse your hair
 - _____ turn on the shower
 - _____ put shampoo on your hair

Health, *continued*

Put the steps for each task in order.

13. Shaving your face

- wet your face
- rinse off remaining cream
- shave your face
- put on shaving cream

14. Changing a child's diaper

- get a clean diaper and wipes
- wash off the baby
- take off the dirty diaper
- put on the clean diaper

15. Having a tooth extracted

- go home
- go to the dentist's office
- get a shot to deaden the pain
- have the tooth extracted

16. Giving yourself a shot

- fill the syringe
- get out the medicine
- prick yourself with the needle
- dispose of syringe properly

17. Flossing your teeth

- pull off enough floss
- get out the dental floss
- throw the used floss away
- floss between each tooth

18. Having your teeth cleaned

- make an appointment
- go to the dentist's office
- pay for the services
- have the hygienist clean your teeth

19. Getting new glasses

- have your vision tested
- receive your new glasses
- select new frames
- go to an eye doctor

20. Exercising

- cool down after exercise
- perform all exercises
- put on loose-fitting clothing
- warm up before exercise

21. Changing the bandage on a wound

- put on a clean bandage
- take off the old bandage
- apply any medication
- clean the wound

22. Putting a disabled person in a car

- help the person stand
- pivot the person to sit down
- lock the wheelchair brakes
- push the wheelchair close to the car

23. Dealing with a blister on your foot

- clean the area
- put a bandage on it
- get bandages and ointment from the medicine cabinet
- put ointment on it

24. Losing weight

- see your doctor
- get a diet from the doctor
- begin to lose weight
- set a weight loss goal

Health, *continued*

Put the steps for each task in order.

25. Buying a hearing aid
- discuss your hearing problem with an ear, nose, and throat doctor
 - take a hearing test given by a licensed audiologist
 - listen to the audiologist's recommendations
 - buy the appropriate hearing aid
26. Finding a sitter for an ailing relative
- hire the best sitter
 - interview applicants
 - set up dates and times for interviews
 - put an ad in the local newspaper
27. Dealing with a burn
- put ointment on the burn
 - hold the burn under very cold water
 - put a bandage on the burn
 - wait until the burning sensation subsides
28. Dealing with a possible overdose of medication
- realize you may have taken an overdose
 - discuss the dilemma with the doctor
 - hang up the telephone
 - pick up the telephone and call the doctor
29. Putting in contact lenses
- put the lenses in your eyes
 - rinse off the lenses
 - take the lenses out of the case
 - take the covers off the case
30. Changing doctors
- ask friends and relatives to recommend a doctor
 - call the new doctor's office for an appointment
 - see the new doctor
 - request that your records be sent to the new doctor

Health, *continued*

Put the steps for each task in order.

31. Preparing a pureed meal

- _____ put the food in the blender
- _____ add water to the food as needed
- _____ cook the food until it is very tender
- _____ put the pureed food on the plate

32. If you have forgotten your medication for several days

- _____ discuss the problem with your family
- _____ notice that you have forgotten your medication
- _____ follow the doctor's recommendations
- _____ call your doctor

33. Feeding someone with a syringe

- _____ push the drum in the syringe to make the food flow
- _____ put the pureed food in the syringe
- _____ get out the appropriate size of syringe
- _____ puree the food to be eaten

34. Adjusting a hospital bed

- _____ ask the person which end to adjust
- _____ press the button
- _____ locate the button
- _____ ask the patient if the adjustment is sufficient

35. Obtaining a replacement insurance card

- _____ ask for a new insurance card
- _____ call the insurance company
- _____ receive the new card in the mail
- _____ place the new card in your wallet

36. Dealing with a dispute regarding an insurance claim

- _____ call the insurance company
- _____ get together all necessary information
- _____ resolve the problem with the company
- _____ discuss the problem with the claims specialist

Social

Put the steps for each task in order. The first one is done for you.

1. Having a party

- 2 send out the invitations
- 4 greet the guests
- 1 set the party date and time
- 3 cook the food

2. Watching a parade

- set up your lawn chairs
- sit down in the chairs
- go home
- watch the parade

3. Going to the movies

- watch the movie
- pay for the tickets
- get some popcorn and drinks
- drive home

4. Going window shopping

- drive to the mall
- lock your car
- walk into the mall
- look into all of the shops

5. Attending a wedding shower

- buy the gift
- go to the shower
- have refreshments
- receive the invitation

6. Having a picnic

- pack up the food
- prepare the food
- eat the food
- spread out a cloth

7. Playing golf with friends

- go home
- play 18 holes of golf
- meet your friends
- arrange a time to play

8. Attending a wedding

- get dressed up
- attend the reception
- watch bride walk down the aisle
- receive the invitation

9. Going out to dinner

- have an excellent meal
- eat dessert
- go to the restaurant
- make reservations for dinner

10. Going for a walk

- put on your walking shoes
- come home
- ask a friend to join you
- walk around the block

11. Going for a boat ride

- untie the boat from the dock
- get in the boat
- put on a life jacket
- ride out onto the lake

12. Ballroom dancing

- walk out onto the dance floor
- waltz with your partner
- ask someone to dance
- walk off the dance floor

Social, *continued*

Put the steps for each task in order.

13. Having a fast-food meal
- _____ pay for the food
 - _____ order your food
 - _____ walk up to the counter
 - _____ eat your food
14. Playing a board game
- _____ set up the game board
 - _____ roll the dice
 - _____ move your playing piece
 - _____ win the game
15. Playing a card game
- _____ lose the game
 - _____ take your turn
 - _____ deal the cards
 - _____ shuffle the cards
16. Having a barbecue
- _____ light the grill
 - _____ put meat on the grill
 - _____ buy some meat
 - _____ brush on barbecue sauce
17. Playing croquet
- _____ place the wickets in ground
 - _____ hit the ball with a mallet
 - _____ win the game
 - _____ get out the croquet set
18. Going to a baseball game
- _____ walk to your car
 - _____ watch the baseball game
 - _____ get some hot dogs and drinks
 - _____ pay for your tickets
19. Renting a movie from a video store
- _____ pay for the video
 - _____ select a movie to rent
 - _____ go to the video store
 - _____ watch the movie
20. Playing golf
- _____ rent a cart
 - _____ call for a tee time
 - _____ tee off
 - _____ place clubs in the cart
21. Going bowling
- _____ put on your bowling shoes
 - _____ bowl a game
 - _____ pay for the game
 - _____ go to the bowling alley
22. Going on a bus tour
- _____ pack your suitcases
 - _____ get on the bus
 - _____ read tour brochures
 - _____ book tour with travel agent
23. Playing bingo
- _____ listen to the caller
 - _____ obtain your bingo card
 - _____ call out “bingo”
 - _____ put markers on your card
24. Going fishing
- _____ catch a large fish
 - _____ buy some bait
 - _____ cast out the line
 - _____ bait the hook

Social, *continued*

Put the steps for each task in order.

25. Having lunch with a friend

- meet your friend at the restaurant
- have a good meal and conversation
- tell your friend good-bye
- call your friend to arrange a date for lunch

26. Going on vacation

- pack your bags
- make travel reservations
- travel to your destination
- check into a hotel

27. Attending a class reunion

- receive invitation in the mail
- send biographical information for the reunion memory book
- visit with your classmates
- get dressed up

28. Watching a ball game on TV with friends

- watch the ball game
- prepare some snacks
- turn on the TV
- turn off the TV

29. Going to a potluck dinner

- cover the dish of food
- put the food into the car
- carry the food into the dinner site
- decide which dish you will prepare

30. Going to a play

- have refreshments during intermission
- watch the play
- pay for the tickets
- get a program

Social, *continued*

Put the steps for each task in order.

31. Attending a book discussion group
 - _____ go out for dessert after the discussion
 - _____ participate in the book discussion
 - _____ read the book
 - _____ find out the date and time for the discussion

32. Having a house guest
 - _____ entertain your guest
 - _____ clean your house
 - _____ invite the person to be a guest in your home
 - _____ answer the doorbell

33. Attending a family reunion
 - _____ prepare a dish to take to the reunion
 - _____ plan the reunion with family members
 - _____ drive home
 - _____ drive to the reunion

34. Visiting the Senior Citizen Center
 - _____ visit with friends or relatives at the center
 - _____ say good-bye to your friends or relatives
 - _____ get into your car
 - _____ drive to the center

35. Going to a testimonial dinner
 - _____ congratulate the guest of honor
 - _____ have a good dinner
 - _____ reply to the invitation
 - _____ receive the invitation

36. Going to the beach
 - _____ put on your bathing suit
 - _____ put sunscreen on your body
 - _____ walk on the beach
 - _____ take your towel and a chair to the beach

Categorical Organization

Objective to increase your client's ability to organize information by determining common attributes for accurate categorization

Stimuli auditory alone or auditory and visual with the categorical responses covered

Instructions Read the three words in each word group to your client and ask how they are related or to what category they all belong.

Compensatory Strategies

- Repeat each item as many times as necessary to help your client answer successfully.
- Show the written items to your client if reading helps him to process information.
- Describe each object in detail to help your client see how the objects are alike.

Categorical Organization

Tell what category each word group is a part of.

- | | |
|----------------------------------|----------------------------------|
| 1. dog, squirrel, rabbit | small animals |
| 2. dress, suit, shirt | clothing |
| 3. steak, plums, rice | food |
| 4. Nevada, Georgia, Texas | states |
| 5. teacher, nurse, lawyer | occupations |
| 6. coffee, tea, water | drinks/liquids |
| 7. Atlanta, Chicago, New York | cities |
| 8. McDonald's, Hardee's, Wendy's | fast-food restaurants |
| 9. brownies, pie, cake | desserts |
| 10. pea, grain of sand, crumb | small items |
| 11. elephant, gorilla, hippo | large animals |
| 12. dress, skirt, bikini | women's clothing |
| 13. mustard, mayonnaise, ketchup | condiments |
| 14. car, truck, van | means of transportation/vehicles |
| 15. necklace, bracelet, pin | jewelry |
| 16. baseball, basketball, tennis | sports |
| 17. bed, chair, table | furniture |
| 18. prune, peach, orange | fruits |
| 19. ant, roach, fly | insects |
| 20. roof, doors, windows | parts of a building |
| 21. cabbage, carrots, lettuce | vegetables |
| 22. ax, hammer, wrench | tools |
| 23. bait, pole, hook | fishing items |
| 24. piano, organ, guitar | musical instruments |
| 25. paper clip, button, zipper | fasteners |

Categorical Organization, *continued*

Tell what category each word group is a part of.

- | | |
|---|---------------------------|
| 26. toaster, can opener, food processor | small appliances |
| 27. tires, hood, trunk | parts of a car |
| 28. fish, coral, shipwrecks | things found in the ocean |
| 29. butter pecan, vanilla, Neapolitan | ice-cream flavors |
| 30. novel, magazine, newspaper | things to read |
| 31. rainy, windy, sunny | weather conditions |
| 32. tulip, carnation, rose | flowers |
| 33. flowers, perfume, potpourri | things that smell good |
| 34. Nissan, Ford, Toyota | car companies |
| 35. aspirin, laxative, antacid | medicines |
| 36. almond, pistachio, pecan | nuts |
| 37. cardinal, blue jay, lark | birds |
| 38. Poker, Bridge, Pinochle | card games |
| 39. coat, sweater, mittens | warm clothing |
| 40. square, rectangle, triangle | shapes |
| 41. horses, barn, silo | things on a farm |
| 42. ferns, grass, shrubs | plants/things that grow |
| 43. shells, dunes, waves | things at the beach |
| 44. cake, candles, presents | items at a birthday party |
| 45. ice, snow, Popsicle | cold items |
| 46. <i>Time, Newsweek, People</i> | magazines |
| 47. spoon, knife, meat fork | kitchen utensils |
| 48. pen, pencil, magic marker | writing utensils |
| 49. stove, sun, fire | hot items |
| 50. shrimp, scallops, clams | seafood |

Categorical Organization, *continued*

Tell what category each word group is a part of.

- | | |
|---|--------------------------------------|
| 51. bride, cake, maid of honor | things at a wedding |
| 52. Kennedy, Nixon, Carter | past presidents of the United States |
| 53. hat, helmet, veil | things you wear on your head |
| 54. fields, farms, animals | things found in the country |
| 55. organ, piano, computer | items with keys |
| 56. diamond, ruby, emerald | precious stones |
| 57. gold, silver, platinum | types of metal |
| 58. hardwood, carpet, tile | floor coverings |
| 59. toilet, tub, towels | things in a bathroom |
| 60. grill, hamburgers, buns | items at a cookout |
| 61. lasagna, spaghetti, pizza | Italian food |
| 62. Governor, President, Senator | political officials |
| 63. food, menu, booths | things in a restaurant |
| 64. stamps, letters, envelopes | things you can get at a post office |
| 65. moon, sun, stars | things in the sky |
| 66. fan, air conditioner, breeze | things that keep you cool |
| 67. shampoo, hair cut, permanent | things done in a hair salon |
| 68. thread, needle, cloth | sewing items |
| 69. walking, cycling, aerobics | types of exercise |
| 70. nurses, doctors, therapists | medical personnel |
| 71. sponge, mop, broom | cleaning items |
| 72. will, title, contract | legal documents |
| 73. teller, deposit, check | things at a bank |
| 74. curtains, blinds, valances | window treatments |
| 75. giraffe, skyscraper, telephone pole | tall things |

Expressive Categorization

Objective to increase organizational skills for categories in a confrontational naming format

Stimuli auditory alone or auditory and visual

Instructions Have your client name members in each category with a goal of 15 members named. This activity may be timed with a goal of 15 members named in one minute if increasing speed of response is an objective. Your client may write responses or verbally state them. (Only use a timer if your client is responding verbally.)

Compensatory Strategies

- If needed, verbally cue your client to stay within the designated category.
- Provide verbal cues to elicit category members if your client has little success and is only able to name one or two items.
- List the category members your client names to help her remember which ones she's already said.

Expressive Categorization

Name 10-15 members of each category.

1. animals
2. states in the United States
3. American cities
4. last names
5. first names of girls
6. first names of boys
7. street names
8. fruits
9. vegetables
10. items in the kitchen
11. furniture
12. foreign countries
13. famous people
14. United States Presidents
15. drinks
16. cold items
17. hot items
18. growing things
19. occupations
20. makes/models of cars
21. items in a refrigerator
22. items in a suitcase
23. large items
24. small items
25. items found at the beach
26. gifts
27. sweet foods/drinks
28. television programs
29. illnesses/diseases
30. restaurants
31. items found in a hospital
32. bathroom items
33. expensive items
34. inexpensive items
35. vacation spots
36. items in a grocery store
37. items in a basement or attic
38. breakfast foods/drinks
39. insects
40. hobbies

Further Activities for Caregivers

- When beginning household chores, have the client tell you the steps involved in each task. You may also describe the steps in an incorrect order and have him correct the order.
- If the client is familiar with the grocery store, have her organize a grocery list according to where items are located in the store. Ask the client to write things to be done prior to leaving on a vacation or any other short trip. Check that the order of the list of things to do is logical.
- Allow the client to organize laundry in appropriate loads.
- Ask the client to tell you his favorite recipe and make the dish as he tells you the steps involved and the sequence. Copy the recipe and keep a card file of his favorites.
- Ask the client to sort silverware, place dishes on appropriate shelves, sort and store tools, or sort any other household items.
- Request that the client tell the steps involved in any activity that she may have enjoyed doing prior to the neurological incident. Tell the client you need to know how to perform the activity and make it seem very realistic.
- For younger clients who may have been working at the time of the neurological incident, detailed organization tasks such as alphabetizing a list might be challenging and functional.
- Write steps involved in a task on index cards and ask the client to put them in the appropriate order.
- Write scrambled letters on a sheet of paper and ask the client to unscramble them to form words.

Chapter 4 • Verbal Problem Solving ---

This chapter targets increasing the client’s judgment and ability to solve new problems brought about by neurological damage, as well as those encountered in everyday living.

These exercises are realistic and very applicable. The questions are written in an open-ended format to encourage discussion.

Exercises

- Problem Solving Situations 95
 - Medical Situations 96
 - Safety Situations 98
 - Household Situations 100
 - Daily Living Situations 102
 - Financial Situations 104
 - Community Situations 106

- Further Activities for Caregivers 108

Problem-Solving Situations

Objective to increase problem-solving skills in various aspects of daily living

Stimuli auditory or auditory and visual

Instructions Discuss each situation with your client to determine the appropriate course of action. Ask your client to give you a very complete answer, telling you how to best solve these problems.

Compensatory Strategies

- Use objects within the home or therapy setting to visually illustrate problems and aid in processing information.
- Show the written problem to your client to aid in comprehension.

Medical Situations

How would you solve these medical problems?

1. You cannot remember when to take your medication.
2. You suddenly become very ill, and no one is at home with you.
3. You cannot remember the correct dosage for the six different medications you are currently taking.
4. You cannot afford to have your prescription medication filled, but the doctor has instructed you to take this medication daily.
5. You keep forgetting whether you have taken your medication or not.
6. A nursing assistant is bathing you and is not properly attending to a wound on your leg.
7. You notice an unusual skin condition on your foot.
8. You have a medical condition that requires you to eat on a very regular schedule, but no one is home to prepare your meals.
9. Your eyesight is quite limited, and you are unable to read small print on medication bottles.
10. You suddenly become very ill, and your doctor is out of town.
11. You have noticed lately that your hearing is diminishing, and you must ask family members to repeat their words.
12. You are choking frequently when you attempt to swallow water and other thin liquids.
13. Your speech therapist has told you that you must eat a pureed diet, but you find this to be distasteful.
14. You have been told to use a food thickener in all that you drink to decrease the possibility of choking and strangling, but you are out of the thickener.
15. You feel you may have taken an overdose of one of your medications.
16. Your doctor has told you not to drive due to seizures you have had. You need something from the store, and no one is home to drive you.
17. Your physical therapist has told you to perform certain exercises daily. Suddenly, these exercises have begun to cause sharp pains.
18. You need radiation therapy five times a week, but you are having transportation problems.
19. Your doctor has prescribed a special diet that restricts fat, sodium, and sugar, but you are attending a dinner party where they are serving foods not included on your diet.
20. Your speech therapist has advised you to feed yourself with a specific syringe, and you need to get a supply of them.

Medical Situations, *continued*

How would you solve these medical problems?

21. Your speech therapist has told you to be supervised by someone at all times while you are eating, but you live alone.
22. You are allergic to codeine, but your nurse has received doctor's orders to give you a pain medication containing codeine. Both individuals are unaware of your allergy.
23. You have taken a new medication prescribed by your doctor, and within an hour you are extremely ill. You are at home alone.
24. You have taken a weekend trip to visit your daughter and you realize that you left some vital medication at home.
25. The medication you take when you get up each morning causes nausea every day.
26. You are severely allergic to household dust.
27. Your doctor has stated that you should not be present in a room where people are smoking as the secondhand smoke is not good for you. However, your spouse and several of your family members are smokers.
28. You realize that you have forgotten to take your medication for several days.
29. You are seeing several specialists, but your pharmacist has alerted you that the various medications these doctors have prescribed separately could interact badly when combined.
30. Your physician has recommended surgery, and you are very concerned as to whether the surgery is actually necessary.

Safety Situations

How would you solve these safety problems?

1. You have numerous loose electrical cords throughout your house, and you are physically impaired.
2. You have rugs scattered throughout your home, and you are using a walker to get around.
3. Your physical therapist has told you to use a walker at home, but you have borrowed a cane from a friend and would like to use it instead.
4. You have partial paralysis in your right hand, and you need to cut an apple in half.
5. You discover that the brakes on your wheelchair are defective.
6. Your physical therapist has advised you to use a specific shower chair while bathing, but you feel that a regular straight chair will be sufficient.
7. Your occupational therapist has fitted you with a splint for your left hand, but the splint has started causing you pain.
8. You are currently taking a prescription medication that makes you drowsy. You took a pill about an hour ago, and you need to drive to the store to buy something.
9. Your physical therapist has told you not to walk around the house without someone there to supervise you. You are home alone, and there is a knock on the door.
10. Your physical therapist has told you to wear a belt around your waist while you are walking so your spouse can use it to assist you. Your spouse keeps forgetting to use this belt.
11. Your physical therapist has advised using a posey tie belt to keep you securely in your wheelchair, but you think the belt looks ridiculous and would rather not wear it.
12. You are sleeping in a hospital bed at home. Your spouse keeps forgetting to pull up the side rails at night before you go to sleep.
13. A home health aide comes five times a week to assist in bathing you. You have been assigned a new aide during the last week and feel that she is not using proper safety precautions. She has even allowed you to fall once when transferring you out of the tub.
14. Your right hand and arm are paralyzed from a recent stroke, but you would like to begin cooking and using the stove again.
15. Your spouse has just mopped the kitchen floor, and you need to walk across the floor to reach another part of the house.
16. You would like to get the daily newspaper from the front yard. However, you must walk down steps to do so, and your physical therapist has told you that you are not yet ready for stair walking.

Safety Situations, *continued*

How would you solve these safety problems?

17. You have fallen a few times while walking to the bathroom during the night. You would like to solve this problem because you usually have to use the bathroom several times each night.
18. You are beginning to have great difficulty getting in and out of your favorite armchair at home. At times, someone must literally pull you out of the chair.
19. Your spouse enjoys finding bargains at flea markets and garage sales. He recently found an old bedside commode that might be useful since you recently had a stroke and are in need of such a device. However, it looks unstable to you.
20. You have difficulty speaking, and you are worried that you will be unable to call or yell for a family member if you need help.
21. You have noticed that your spouse constantly forgets to lock the brakes on your wheelchair, even when you are on an incline.
22. You have recently had a mild stroke, but you are still able to live alone. However, you are worried about how you might contact someone if you were hurt or having another stroke.
23. Walking up and down stairs has become difficult since your stroke. The stairs leading into your home have no side rails.
24. You are severely visually impaired, but you are not physically disabled. You have recently come to live with your daughter. You are unsure of your surroundings and feel unsafe.
25. It is summertime, and you are home alone most of the day. Your house is not air-conditioned, and the temperature is well over 90 degrees. Most of the windows are painted shut, and you don't have the strength to open them. Your fan has just stopped working.
26. You live alone, and it is late at night. You think there may be an intruder in your home.
27. You notice that it is extremely difficult to get up from the commode in your bathroom and you often need assistance.
28. You are physically impaired, and you have a grandchild who frequently visits you. Your spouse allows the child to play with toys on the den floor and doesn't remember to pick them up.
29. Your spouse is severely hearing impaired and watches television with the volume so high that it is actually painful to your ears.
30. You are physically impaired following a stroke, and you are learning to walk again. It is wintertime, and you enjoy wearing long bathrobes. However, these robes have tripped you several times.

Household Situations

How would you solve these household problems?

1. You are unable to perform household cleaning duties, and you cannot afford a maid service.
2. A drain in your bathroom is clogged.
3. You are unable to walk up or down stairs. You live in a two-story house with all of the bedrooms upstairs and stairs leading to each entrance.
4. You have a new puppy that is chewing on your furniture.
5. You are physically unable to care for your lawn.
6. You are cooking a meal, and you cause a grease fire on the stove.
7. There is a terrible thunderstorm, and you notice a leak in the roof of your bedroom.
8. There is a power outage that may last for several days due to a severe snowstorm.
9. You notice termite damage along the baseboard in your living room.
10. Over the past several weeks, you have had a problem with a number of pesky insects inside your home.
11. Your granddaughter and her family will be visiting you next weekend. They have a six-month-old baby and you are worried about how to manage the sleeping arrangements for everyone.
12. Your winter electric bills have been extremely high in spite of the fact that you have kept the thermostat quite low.
13. You have recently installed a new gas stove in your kitchen. You frequently smell gas when you walk into the kitchen even though all of the knobs are turned to off.
14. Your extra freezer has just stopped running and it is filled with hundreds of dollars worth of frozen meat and vegetables from your garden.
15. During certain times of the day, the circuit breakers in your home become overloaded, and the power goes off.
16. You moved into a newly-built, smaller home because your old home was too large and difficult to take care of. However, since moving, you have noticed numerous defects, some of them structural in nature, in your new home. When you call your builder, you find his telephone has been disconnected.

Household Situations, *continued*

How would you solve these household problems?

17. You are hearing impaired, and you find it very difficult to understand people talking on the telephone.
18. You enjoy drinking coffee every morning. However, several times recently you have forgotten to turn off the coffee maker. You have ruined several coffee pitchers, and one coffee maker was rendered inoperable.
19. A severe thunderstorm has caused damage to your roof and several large limbs were blown out of the trees and into your front yard.
20. The ice maker in your freezer has started pouring out water. When you discover it, your kitchen floor is covered in an inch of water.
21. Your neighborhood has become quite dangerous just in the past few years. You do not want to move, but you would like to make your house more secure.
22. None of the bathroom doors in your home are wide enough to accommodate your wheelchair.
23. You live in an upstairs apartment and have recently become physically disabled due to a stroke. It is extremely difficult for your family to help you up and down the stairs for your frequent doctor appointments.
24. You cannot reach cooking utensils and china stored in high kitchen cabinets from your wheelchair.
25. You have a progressive disease that will cause you to become physically disabled over time. You live in a home that has stairs, high cabinets, and numerous inaccessible areas for someone who uses a wheelchair. It is very important to you to be independent for as long as possible.
26. You have several valuable pieces of jewelry, and you feel it is unsafe to keep them in your jewelry box at home.
27. Your home has been on the market for six months, and it has not sold.
28. Last night during a terrible thunderstorm, lightning struck your television set, and now it doesn't work.
29. Recently, you have ruined several pots and pans by forgetting that something was cooking on the stove. In fact, you even feel that a terrible fire could have been caused in one of the instances.
30. Your home needs a new roof. You are on a limited income, and you would like to find the lowest possible price quote for the job.

Daily Living Situations

How would you solve these daily problems?

1. You have trouble remembering when your appointments are for physical therapy, occupational therapy, and speech therapy.
2. A stranger is knocking at your door, and you are home alone.
3. You have some visual problems, but you enjoy reading the newspaper and novels.
4. You have been invited to a 50th wedding anniversary party. You are physically unable to attend the party, but you would like to send a gift.
5. Your granddaughter is getting married and would like you to sit with your family in the front of the sanctuary. However, you are physically disabled and are using a walker.
6. You are physically impaired following a stroke. Going out to dinner every Sunday is important to you, and you would like to continue to do this.
7. You enjoy watching television daily. However, you are hearing impaired, and it is difficult to understand what is being said on television even when the volume is very high.
8. You are president of a local citizenship club, but you have recently had a stroke. You are concerned about your ability to continue as president of this group.
9. You are physically disabled but would like to visit a friend who is critically ill and in the hospital.
10. You fall asleep very easily whenever you sit still for a while. You have been invited to a wedding reception, and you do not want to fall asleep during the festivities.
11. You are receiving therapy services from a home health agency. Your physical therapist was supposed to come to your home around 1:00 PM, but it is now 4:00 PM and you are worried.
12. You are currently receiving physical and speech therapy from a home health agency. Recently, both therapists have been arriving at the same time.
13. You normally have a big Thanksgiving dinner at your home every year. You recently had a mild stroke, and you feel that preparing a holiday dinner might be too much for you.
14. Your daughter has a very rambunctious two-year-old who leaves your house a mess every time he comes. Your daughter never cleans up after him, and recently he broke an expensive vase.
15. Your daughter asks you to baby-sit her children frequently, and you feel you are not physically able to do this any longer. However, you know that she cannot afford to pay a baby-sitter.

Daily Living Situations, *continued*

How would you solve these daily problems?

16. You have only one television set. Your husband wants to watch sporting events all the time, and you are tired of this.
17. Your friend's grandson is graduating from college and you are unsure what to buy him for a graduation gift.
18. You are going on a short vacation that will require a five-hour car ride. You're physically disabled, and you are concerned about how you will stand the trip.
19. You use a wheelchair and your spouse is quite frail. You have several doctor appointments this week, and you are unsure of how you should be transported and who will provide physical assistance.
20. You are physically impaired due to a recent stroke, and it is close to the holidays. You have not done any holiday shopping.
21. You have a friend who calls you constantly to gossip about various people in your small town, and you find this to be annoying.
22. Your hospital auxiliary would like to raise money to renovate the nursing home that it supports. The fundraising committee is soliciting ideas regarding how to raise this large amount of money.
23. You want to redecorate your bedroom, but you can't do it by yourself.
24. You are physically impaired and you live alone in a special ground-floor apartment that has been modified to meet your needs. However, you still find it difficult to prepare three meals a day for yourself.
25. You have recently had a stroke and are receiving services from a home health agency that sends a physical therapist to visit you three times a week. You are not happy with your therapist. Sometimes he does not arrive for his scheduled visits and gives you no explanation.
26. You and your spouse can no longer drive, but you have a relatively new car in the garage that is seldom used.
27. Your spouse passed away several months ago, and you have several closets full of his clothes.
28. Every summer you enjoy having a large vegetable garden. However, you always have more vegetables than you could possibly eat, freeze, or can.
29. You have a neighbor who asks you to do things around the house for her because her husband is no longer living. The work has become too much for you because you have a lot of work to do in your own home.
30. One of your best friends has begun to act differently around you, and you feel that you may have offended her in some way.

Financial Situations

How would you solve these financial problems?

1. You have received a letter from the IRS that you are scheduled for a tax audit.
2. You received a bill from the hospital. On that bill, you noticed a charge for services dated the day after your discharge from the hospital.
3. You have paid a person to paint the outside of your home. He has not arrived for work, and the telephone number he gave you has been disconnected.
4. Due to paralysis in your hand, you are physically unable to write the checks to pay your monthly bills.
5. Your wallet has been stolen. It contained several credit cards in addition to a small amount of money.
6. You have received a letter from your insurance company stating that they need additional information to process a claim for medical expenses.
7. You forgot to pay your power bill this month because it fell behind your desk. Now your power has been turned off.
8. Your income taxes are prepared yearly by a local accountant, but you feel that the accountant has been charging you too much.
9. Your daughter and her family are having financial problems because her husband has been without a job for six months. They are in danger of losing their home.
10. Your son and his family have had financial problems, and they have asked if it would be possible for them to move in with you.
11. You were told that Medicare would pay 100% of your physical therapy bills. However, recently you have received several bills from the hospital for physical therapy. It is a large amount, and you are unable to pay these bills.
12. A local charity has approached you repeatedly regarding donations. You would like to help, but you are on a limited income.
13. Your granddaughter would like to attend a local community college, but her parents are unable to pay for her education. She does not qualify for any of the scholarships given at the school, and she does not want to incur debts for her education.
14. Your social security check was not in the mail on its regular day, and you need the money to pay your bills.
15. A local department store has sent you a notice stating that the minimum payment on your credit card bill is 30 days late. You remember paying the bill on time.

Financial Situations, *continued*

How would you solve these financial problems?

16. A good friend has owed you \$25 for several months, and she has not paid you back.
17. You have experienced difficulty remembering when your various monthly bills are due. Your power and gas have been disconnected due to your disorganization regarding bill payments.
18. You feel that the bank has made an error in your monthly bank statement because a deposit that you made did not appear on this month's statement.
19. You have trouble balancing your checkbook every month, and you have bounced a few checks because of this.
20. You have been using a 24-hour teller machine near your home with your banking card. However, you keep forgetting to write these transactions in your checkbook.
21. A relative recently passed away and left you a large sum of money. You are unsure of how you should invest this money.
22. Your spouse is very ill and requires 24-hour care that you are not physically able to provide. You are on a limited income and can only afford sitters on a part-time basis.
23. You had saved a large sum of money in a jar in your home. You placed the jar in a safe place, and now you cannot remember where you put it.
24. You and your spouse are on a limited income, but your spouse wastes money on hobbies, and you have trouble paying your bills.
25. Your son has power of attorney over your legal and financial affairs, but you feel he may be abusing this right.
26. Your income is so limited that you find it difficult to buy the food you need each month.
27. Recently, you bounced a check at the grocery store where you have been shopping for 40 years. This was an oversight on your part and the bank returned the check to the store.
28. You forgot to reorder checks. Now it's time to pay your bills, and you don't have enough checks. It may take a week to get your new order.
29. You lost a credit card a few weeks ago and forgot to report it to the credit card company. Now you have received a bill for a large amount of charges that you did not make.
30. You are buying a dress that was on a rack with a sign that read 20% off, but the salesclerk refuses to mark down the dress.

Community Situations

How would you solve these community problems?

1. You have received a letter ordering you to report for jury duty, but you are physically unable to participate on a jury.
2. A Presidential election is coming up in a few weeks, and you are not physically able to vote at the poll.
3. Members of a political group have come to your door several times, and you would rather they stop coming.
4. You need to ride the city bus to your next doctor appointment, but you do not know the bus schedule.
5. You have noticed a stray dog turning over garbage cans on your street.
6. You are president of the homeowners association in your subdivision, and several of the residents have not been paying their dues on a regular basis.
7. You are trying to follow directions to a house you've never been to before. You are lost on a lonely country road.
8. Something is wrong with your car, so you took it to the dealership where it was purchased. The mechanic told you that the car requires a repair job that will cost a large amount of money. You distrust this mechanic, and you feel he may not be telling you the whole truth.
9. There have been several burglaries in your neighborhood recently.
10. You have consistently had problems with your local cable television company not providing adequate services. Many people within your community have experienced the same problems.
11. You live alone and do not drive. You need to go to the grocery store once a week. Your daughter usually takes you to the store, but she will be out of town for the next month.
12. Your community has strict leash laws for pets. However, your neighbor allows his dog to run freely throughout the neighborhood. The dog is large and has attempted to bite you several times.
13. There is a leak in the roof of your apartment building, and you have contacted your landlord several times about it. However, he has not responded to your request to fix the roof.
14. You enjoy sitting in your neighborhood park, but over the past few weeks you have read about several crimes committed there.
15. A terrible thunderstorm has uprooted your neighbor's large oak tree. It struck your house and caused some damage to your roof.

Community Situations, *continued*

How would you solve these community problems?

16. Your telephone has been out of order for several days. You have noticed that this happens every time there is heavy rain.
17. Your neighbor asks you to donate money to the local Cancer Society. However, you are on a limited budget and feel you cannot donate any money. You would like to help out in some way because some of your family members have died of cancer.
18. You enjoy going to religious services, but your severe hearing impairment has made it almost impossible for you to hear what is being said.
19. You have seen reports on television of a severe winter storm that will begin this afternoon. You live alone and are unable to drive, but you feel you will probably need some groceries before the storm hits.
20. A winter snowstorm has dropped a large amount of snow in your city, and the power is out on your street.
21. There are protective rules in your neighborhood, and your next-door neighbor has violated several of these rules.
22. In the upcoming election, you will be faced with making a decision regarding whether or not you would like to see a lottery in your state. Funds collected from the lottery are to be used to improve education.
23. You live in a county that does not serve liquor by the drink. In the next election, you will be asked to vote for or against serving liquor by the drink.
24. There is a dangerous intersection near your home where several fatal accidents have occurred, but the city has not installed a traffic light there.
25. You would like to find a roommate to live in your home as you are frightened to stay alone since your spouse passed away.
26. You would like to sell your car yourself and buy a smaller car that will give you better gas mileage.
27. You will be moving into an apartment in a retirement facility. You are not sure whether you should sell your home or rent it with some of the furnishings in it.
28. You would like to change your will. Your old will was written a number of years ago and does not reflect your current wishes to donate some money to a charitable organization.
29. There is a large pothole in the street right in front of your home.
30. You live within the city limits and receive garbage pickup only once a week. You have noticed a problem with odors and mice and would like the garbage to be picked up twice a week.

Further Activities for Caregivers

- When a family problem arises, ask for the client's opinion regarding how to solve it.
- Watch the news on television with the client and discuss local issues in your community. Read short news articles to the client that might be of interest and discuss different aspects of the articles.
- Ask for the client's input in all medical decisions that may come up regarding his health.
- If you have several errands to run, ask the client which errand should be accomplished first, and take her with you to run these errands, if possible. Include the client in basic financial decisions, such as how much to spend on holiday gifts, etc.
- If the client is cognitively able to make responsible decisions, encourage him to vote in each election. He may vote by absentee ballot, if needed.
- Encourage the client to become involved in social activities at a place of worship, senior citizen center, etc. Discuss past experiences with the client and how she handled a certain situation. Go further and talk about why she made the decision that she did.
- Discuss past national or local concerns and how certain problems were solved. Ask the client's opinion regarding these events and their outcomes.

Chapter 5 • Abstract Reasoning ---

This chapter emphasizes increasing the client’s ability to comprehend and express abstract thoughts and ideas that are a part of daily living. Often your client will take things literally and experience difficulty understanding figurative language, slang, or sarcasm.

The concepts in this section should help your client understand the differences between figurative and literal language. It will also allow for more independent expression as well as comprehension of abstract ideas. Each exercise increases in complexity.

Exercises

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- Comprehending Figurative Language 120
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- Describing Emotional Situations 141
- Further Activities for Caregivers 143

Comparing Picture Pairs and Comparing Word Pairs

Objective to increase simple abstract reasoning for making comparisons

Stimuli auditory and visual or auditory alone

Instructions Have your client discuss aspects of each picture separately before comparing their similarities and differences. For a more complex task, follow the same instructions for the word pairs.

Compensatory Strategies

- Describe pictures in detail before they are compared.
- Review the picture pairs exercise in subsequent therapy sessions without showing the pictures to stimulate memory of the task and to move your client to a higher level of difficulty.

Comparing Picture Pairs

Describe each object. Then tell two ways the objects are alike and two ways they are different.

1.



cane

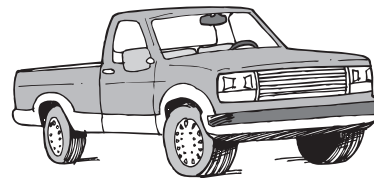


umbrella

2.

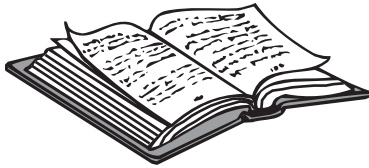


car



truck

3.



book



newspaper

4.



coat

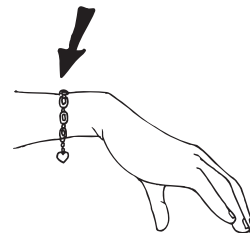


sweater

5.



necklace

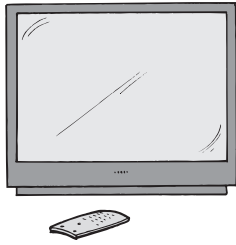


bracelet

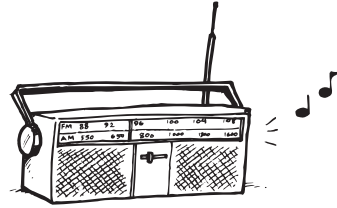
Comparing Picture Pairs, *continued*

Describe each object. Then tell two ways the objects are alike and two ways they are different.

6.

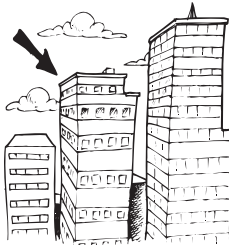


television



radio

7.

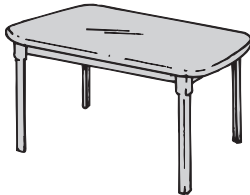


building



house

8.



table



chair

9.



police officer

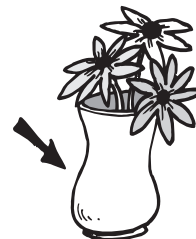


firefighter

10.



flowerpot



vase

Comparing Picture Pairs, *continued*

Describe each object. Then tell two ways the objects are alike and two ways they are different.

11.

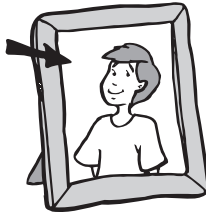


sugar

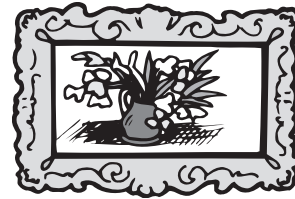


salt

12.



photograph



painting

13.



soft drink



coffee

14.



pen



pencil

15.



pants



shorts

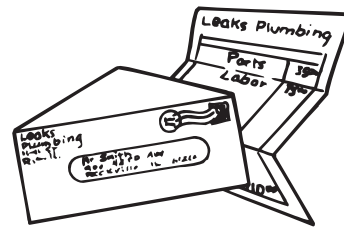
Comparing Picture Pairs, *continued*

Describe each object. Then tell two ways the objects are alike and two ways they are different.

16.

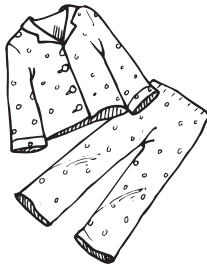


letter



bill

17.

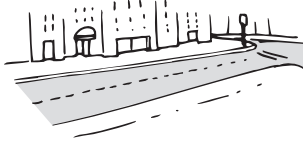


pajamas

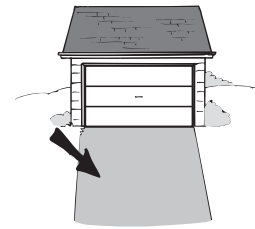


nightgown

18.



street

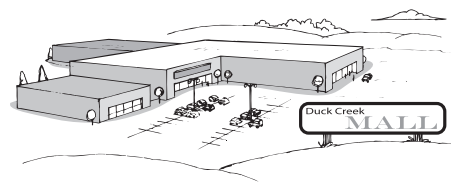


driveway

19.



post office

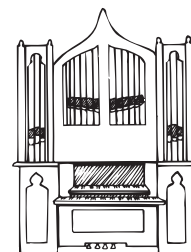


shopping mall

20.



piano



organ

Comparing Picture Pairs, *continued*

Describe each object. Then tell two ways the objects are alike and two ways they are different.

21.



flowers



vegetables

22.

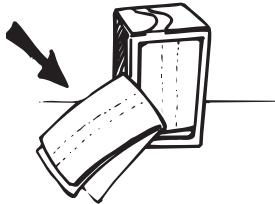


children

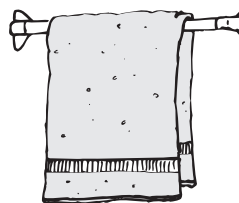


adults

23.

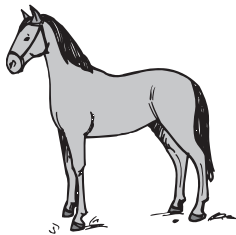


napkin

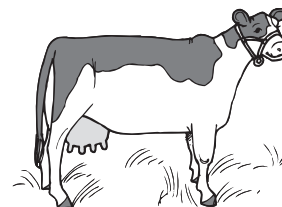


towel

24.



horse



cow

25.



clock



calendar

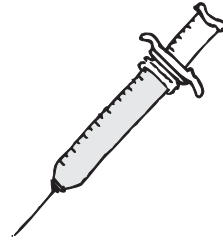
Comparing Picture Pairs, *continued*

Describe each object. Then tell two ways the objects are alike and two ways they are different.

26.

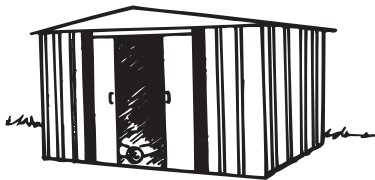


pills

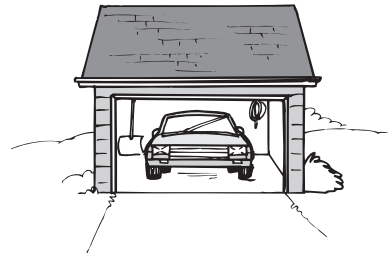


shot

27.



storage shed



garage

28.

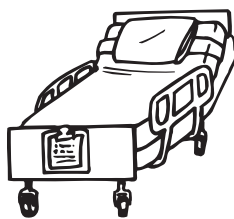


gardening

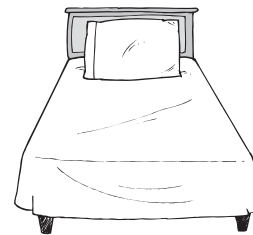


painting

29.

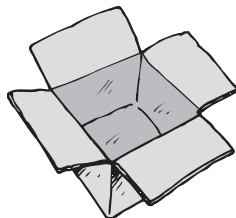


hospital bed

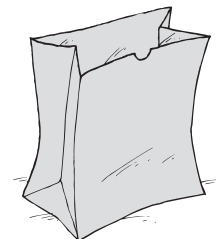


twin bed

30.



box

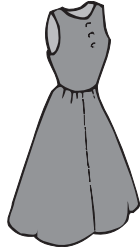


bag

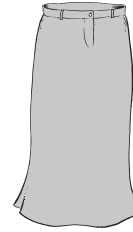
Comparing Picture Pairs, *continued*

Describe each object. Then tell two ways the objects are alike and two ways they are different.

31.



dress

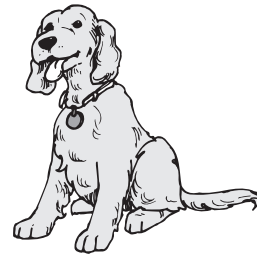


skirt

32.

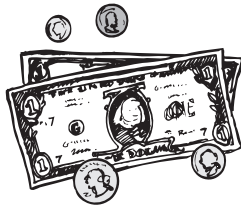


person

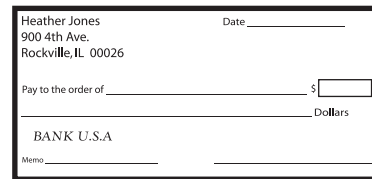


animal

33.

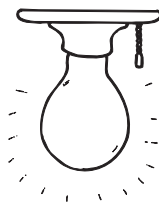


cash



check

34.

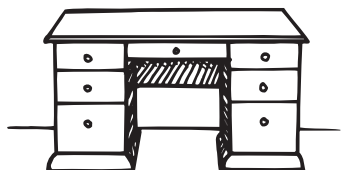


light bulb

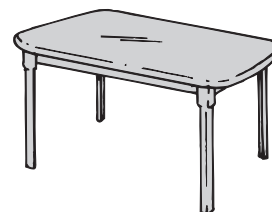


candle

35.



desk

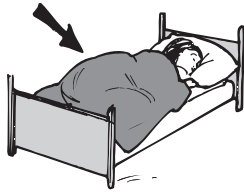


table

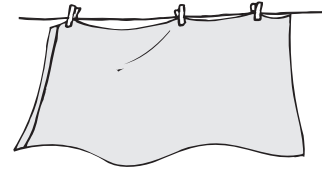
Comparing Picture Pairs, *continued*

Describe each object. Then tell two ways the objects are alike and two ways they are different.

36.



blanket



sheet

37.

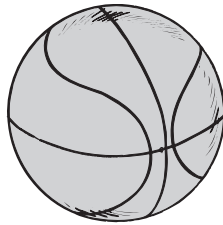


country



city

38.

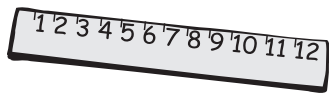


basketball

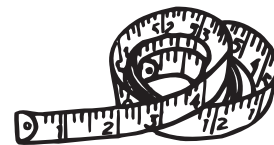


baseball

39.

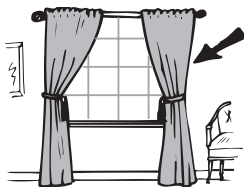


ruler



tape measure

40.



curtains



blinds

Comparing Word Pairs

Listen to the following word pairs. Then tell two ways the items are alike and two ways they are different.

- | | | |
|---------------------------------|--|-----------------------------------|
| 1. mobile home
apartment | 14. glasses
contact lenses | 27. friend
relative |
| 2. bricks
wood siding | 15. shopping
sewing | 28. golf
football |
| 3. magazine
novel | 16. housework
yard work | 29. sugar
artificial sweetener |
| 4. spring
winter | 17. writing
painting | 30. nurse
doctor |
| 5. movie
play | 18. tie
belt | 31. bachelor
husband |
| 6. ice cream
frozen yogurt | 19. children
grandchildren | 32. vacation
retirement |
| 7. closet
dresser | 20. song
poem | 33. check
money order |
| 8. dictionary
encyclopedia | 21. country music
rock music | 34. vegetable garden
yard |
| 9. telephone number
zip code | 22. driving
flying | 35. lake
ocean |
| 10. senior citizens
children | 23. credit cards
cash | 36. conversation
a speech |
| 11. lawyer
insurance agent | 24. freezer
refrigerator | 37. gold
silver |
| 12. head cold
stomach virus | 25. birthday
anniversary | 38. North Pole
South Pole |
| 13. hospital
nursing home | 26. writing a letter
talking on the phone | 39. singing
humming |

Comprehending Figurative Language

Objective to comprehend and verbally explain figurative language when presented in short story or sentence format

Stimuli auditory and visual or auditory alone

Instructions Read each item to your client using compensatory strategies as needed and ask your client to explain the figurative phrase.

Compensatory Strategies

- Read each item as many times as necessary to increase comprehension and to help compensate for a poor auditory memory.
- Emphasize the contextual clues within the item which will help your client understand the figurative phrase.
- Illustrate the absurdity of each italicized phrase by contrasting its literal and figurative meaning.

Comprehending Figurative Language

Explain the real meaning of the figurative phrase in each story.

1. Mrs. Patterson asked her son Robert to mow the lawn. He mowed half of it and then began playing basketball with some friends. When Mrs. Patterson saw her son playing basketball, she exclaimed, “Every time I give you some work to do, you end up *goofing off!*”

Explain the meaning of the phrase *goofing off*.

2. Mr. Gomez always had a beautiful garden. In fact, he had won many awards for his vegetables and flowers. Last year, his *green thumb* produced the largest pumpkin in the county and he won a \$100 prize.

Explain the meaning of the phrase *green thumb*.

3. Mr. Taylor heard that his grandson had received bad grades recently at school. Since this news was upsetting to Mr. Taylor, he went to see his grandson. He scolded the boy and said, “You’d better *wise up* and start studying more, or you’ll never finish school and get a good job!”

Explain the meaning of the phrase *wise up*.

4. Mr. Cardoni hired an independent contractor to make some repairs on his home. He paid the contractor in advance. However, the contractor never arrived to begin the repair job. Mrs. Cardoni was not surprised, as she had warned her husband that the contractor ran a *fly-by-night* operation.

Explain the meaning of the phrase *fly-by-night*.

5. Eva arrived at the party dressed in a designer gown and a new mink coat. She had a large diamond pendant around her neck and was bragging to everyone about her recent shopping sprees. She walked around the room acting *high and mighty* and ignored even her closest friends.

Explain the meaning of the phrase *high and mighty*.

6. Sharon Willis was shocked when she received the news that she was expecting a baby at the age of 44. Her doctor gave her specific instructions on how to care for herself. Sharon knew she needed to follow all of the doctor’s orders, as she was *no longer a spring chicken*.

Explain the meaning of the phrase *no longer a spring chicken*.

Comprehending Figurative Language^{,continued}

Explain the real meaning of the figurative phrase in each story.

7. Peter and John saw each other often, and today would be no exception. They planned to spend the afternoon sitting on a park bench, just *shooting the breeze*.

Explain the meaning of the phrase *shooting the breeze*.

8. The community newsletter was due to the printer in 24 hours and Harriett hadn't found time to write her article. She told her husband, "I'll have to *get down to the nitty-gritty* and finish this article even if it takes all night."

Explain the meaning of the phrase *get down to the nitty-gritty*.

9. Marie Perez was playing the lead role in her community theater's production of *Oklahoma*. Just as she was about to walk on stage on opening night, her best friend whispered, "*Break a leg!*"

Explain the meaning of the phrase *break a leg*.

10. Mr. Wells *saw the writing on the wall* and bought his new home just before home mortgage interest rates went up. He will save a great deal of money over the entire 30-year mortgage period.

Explain the meaning of the phrase *saw the writing on the wall*.

11. When Mary was planning a surprise birthday party for her boss, she warned her co-workers to *zip up their lips* about the party. Mary said she would be very disappointed if her boss found out about the birthday plans.

Explain the meaning of the phrase *zip up their lips*.

12. Dave Barrett had been a hard worker all his life. He was forced to retire from his job at the age of 62 when he had a heart attack. After that his wife tried to encourage him to relax, take it easy, and *stop to smell the roses* along the way.

Explain the meaning of the phrase *stop to smell the roses*.

13. Since discovering that he has cancer, Joseph has started living life *one day at a time*. He doesn't seem to worry about the future, and he's in a good mood most of the time.

Explain the meaning of the phrase *one day at a time*.

Comprehending Figurative Language^{,continued}

Explain the real meaning of the figurative phrase in each story.

14. Vera Harris was a talkative woman. Her husband, Horace, was just the opposite. He was quiet and reserved. All of Horace's friends said Vera could *talk a blue streak*.

Explain the meaning of the phrase *talk a blue streak*.

15. George Sommers was a large, burly man. He stood 6 feet, 7 inches tall and weighed well over 250 pounds. He was seen at a reception dressed in a suit and tie, nervously drinking tea from a delicate china cup. Someone commented that he looked like *a bull in a china shop*.

Explain the meaning of the phrase *a bull in a china shop*.

16. On Saturday morning, Rachel had several errands to run and some shopping to do. However, she had promised to visit her sister that morning. How would she ever get everything accomplished? She decided to *kill two birds with one stone* by asking her sister go with her while she ran the errands and finished her shopping.

Explain the meaning of the phrase *kill two birds with one stone*.

17. Tom Martin was known for his boasting. He constantly bragged that he caught the largest fish or owned the most expensive car in town. When Tom's neighbor approached me to discuss some new tale Tom had told, I simply said, "Just remember, take everything Tom Martin says *with a grain of salt*."

Explain the meaning of the phrase *with a grain of salt*.

18. Jake Taylor had made some bad investments with his money. He ended up *losing his shirt* over these unfortunate financial decisions, and his retirement would not be so comfortable after all.

Explain the meaning of the phrase *losing his shirt*.

19. When Bob Blanco ran for public office he never imagined that the press would uncover so many *skeletons in his closet*. He was forced to withdraw his name from the election ballot.

Explain the meaning of the phrase *skeletons in his closet*.

Comprehending Figurative Language^{,continued}

Explain the real meaning of the figurative phrase in each story.

20. Mr. Caine's granddaughter, Amanda, was being particularly sweet to him today. She had made a point of bringing him his slippers and getting him a cup of coffee fixed just the way he liked it. Mr. Caine wondered why she was *buttering him up*.

Explain the meaning of the phrase *buttering him up*.

21. Phyllis could not understand why her friend Jean was acting so strangely. They had always been close and usually spoke over the telephone or visited each other daily. However, lately Jean had been giving Phyllis the *cold shoulder*.

Explain the meaning of the phrase *cold shoulder*.

22. Bill had become a *couch potato* since he retired from his job. He gained thirty pounds and his wife was concerned about his health. She put him on a strict diet and designed an exercise plan for him.

Explain the meaning of the phrase *couch potato*.

23. Since her husband's death, Hazel had slipped into a deep depression. Her friends were worried and wondered when she would *bounce back*. They felt she should consult her doctor soon if the depression persisted.

Explain the meaning of the phrase *bounce back*.

24. Mr. and Mrs. Moss had not seen their granddaughter since she left to live in London four years earlier. Now she was back for a visit. After spending an afternoon together, her grandfather said, "It's wonderful to see you. You're like a *breath of fresh air*."

Explain the meaning of the phrase *breath of fresh air*.

25. Though his wife enjoys attending one social function after another, Harvey likes to stay at home. Everyone thinks Harvey is a *bump on a log*, but he doesn't seem to mind. Harvey feels he can find plenty of things to do in his own backyard.

Explain the meaning of the phrase a *bump on a log*.

26. Marsha's memory has become quite poor since she has gotten older. In fact, she knows she has to write everything down, or it will *fly right out of her head*.

Explain the meaning of the phrase *fly right out of her head*.

Comprehending Figurative Language^{,continued}

Explain the real meaning of the figurative phrase in each story.

27. Harry Robinson counted every penny and never paid full price for anything. His wife said he was a *skinflint*. He said he just enjoyed getting a bargain.

Explain the meaning of the phrase *skinflint*.

28. Laura was in a hurry. She had asked her mother to be ready to leave for the doctor at 2:00, but her mother had not finished dressing and it was now 2:15. “*Shake a leg, Mother!*” she yelled. “We should have gotten on the road fifteen minutes ago.”

Explain the meaning of the phrase *shake a leg*.

29. Raymond Sills got a speeding ticket for driving over the speed limit in a school zone. He knew he would have to go to court and *face the music* for his traffic violation.

Explain the meaning of the phrase *face the music*.

30. David Chun needed to make an appointment with a heart specialist. He happened to have a personal friend who worked in that field. He called his friend’s office, but was told by the receptionist that the doctor couldn’t see him for six weeks. When Mr. Chun told the receptionist that the doctor was a friend of his, she said, “Oh, then *that’s a different story*.”

Explain the meaning of the phrase *that’s a different story*.

31. Elaine Freeman was a cheerful person who never seemed to have a bad day. Her friends sometimes joked with her and said that she looked at the world through *rose-colored glasses*. Elaine took this type of teasing as a compliment.

Explain the meaning of the phrase *rose-colored glasses*.

32. Deven was a new employee at his father’s law firm. Since he was still *wet behind the ears*, he relied heavily on the advice of his father and the older partners in the firm.

Explain the meaning of the phrase *wet behind the ears*.

33. Hearing about his grandson’s first day in kindergarten, Larry said, “I wish I could have been a *fly on the wall* in that classroom.”

Explain the meaning of the phrase *fly on the wall*.

Comprehending Figurative Language^{,continued}

Explain the real meaning of the figurative phrase in each story.

34. Caroline's grandfather is always kidding her. During her last visit, he told her that he really enjoys *pulling her leg*.

Explain the meaning of the phrase *pulling her leg*.

35. Elizabeth Wolf had the best voice in the community glee club. She was told that her voice was *the cream of the crop* when she was chosen to sing a difficult solo in the holiday concert.

Explain the meaning of the phrase *the cream of the crop*.

36. Virginia Stone seldom goes anywhere without her husband. Her friends try to encourage her to resist being a *clinging vine*, but she doesn't listen.

Explain the meaning of the phrase *clinging vine*.

37. Don is extremely *hard headed*. He simply will not listen to rational ideas. Don believes that he is always right, and he doesn't have time to listen to the views of others.

Explain the meaning of the phrase *hard headed*.

38. Charlie will always help out a friend in need. Yesterday, *without batting an eyelash*, he left a family dinner to help a friend who was stranded due to car trouble.

Explain the meaning of the phrase *without batting an eyelash*.

39. Michael has been *having a field day* since he bought his new home computer. He's excited about all the ways the computer can make his life easier. He put all of his financial business on the computer and recently bought a program to write his own will.

Explain the meaning of the phrase *having a field day*.

40. Jeff is *the spitting image* of his father. In fact, when you look at baby pictures of the two men, you can't tell them apart.

Explain the meaning of the phrase *the spitting image*.

Comprehending Figurative Language

Explain the real meaning of the figurative phrase in each sentence.

1. She told the children to *bug off*.
2. The teenagers were *scared straight* by the movie on drug addiction.
3. He told his wife that she was *out of her mind* when she suggested that they start their own business.
4. Mrs. Wilson called her husband a *blockhead* when he left some leaves burning in the yard.
5. My son is just a *chip off the old block*.
6. When her grandson failed one of his college courses, Mrs. Simpson said, “*You’ve made your bed, now you have to lie in it.*”
7. Alberto began *walking tall* after he received his degree.
8. Sally is planning to *paint the town* Saturday night.
9. Everyone thought Sean was a nice man, but he turned out to be a *snake in the grass*.
10. Julia read the book and told everyone *it was a scream*.
11. When her daughter started cleaning up the kitchen before everyone had eaten, Mrs. Martel told her to *hold her horses*.
12. Patricia was *setting the world on fire* with the release of her new book.
13. Tina seemed *spaced out* after she took the sinus medication.
14. Fred Walters was *skating on thin ice* when he drove his car with a suspended driver’s license.
15. At social functions, Sophie is always a *wallflower*.
16. The new boss ran a *sweatshop* while his superiors were away.
17. The horse *kicked the bucket* after he contracted a strange disease.
18. I was hoping she would *wake up and smell the coffee* the next time her best friend lied to her.

Comprehending Figurative Language^{,continued}

Explain the real meaning of the figurative phrase in each sentence.

19. Mrs. Wells suggested that her grandson should *turn the other cheek* when his friends call him names.
20. Let's all *put our heads together* and come up with a terrific idea.
21. Everyone just calls him *a big fish in a little pond*.
22. Whenever there is a job to do around here, I always get *the short end of the stick*.
23. Frank is *riding the fence* about whether he should stop drinking.
24. When Sue's husband left her, I told her there were *other fish in the sea*.
25. Edward told his wife that she was *the light of his life*.
26. After visiting for two weeks, Marlo has *worn out her welcome*.
27. I went into my boss' office to talk about a project. He sat down at his desk and told me to *fire away*.
28. After her husband died, she put her *heart on a shelf* even though she was still a young woman.
29. David found out that the man he admired had *feet of clay*.
30. When James was teaching his son how to bat a ball, he told him not to *jump the gun*.

Explaining and Using Figurative Language

Objective to express the exact meaning of a figurative phrase and to describe appropriate situations when the phrase could be used

Stimuli auditory and visual or auditory alone

Instructions Instruct your client to explain the real meaning of the figurative phrase. Then ask for a description of a situation where the phrase might be used in everyday life.

Compensatory Strategies

- Read each phrase as many times as necessary to increase comprehension and to help improve memory skills.
- Give your client the literal meaning of the figurative phrase to illustrate its absurdity and to help him understand the real meaning.
- Suggest situations to help your client express the real meaning of the phrase, but don't require him to describe an appropriate situation for usage if that's too difficult at this time.

Explaining and Using Figurative Language

Explain the real meaning of the phrase and describe a situation when it might be used.

1. took it in stride
2. wearing your heart on your sleeve
3. without batting an eyelash
4. put your two cents in
5. tip of the iceberg
6. crawled under a rock
7. turn over a new leaf
8. fell through the cracks
9. all ears
10. gone to the dogs
11. get off my back
12. silver-tongued orator
13. in that neck of the woods
14. butterflies in my stomach
15. to each his own
16. in the doghouse
17. got up on the wrong side of the bed
18. waste not, want not
19. put the cart before the horse
20. born with a silver spoon in his mouth
21. can't see the forest for the trees
22. can't judge a book by its cover
23. every dog has his day
24. started off on the wrong foot
25. look before you leap
26. once in a blue moon
27. caught him red-handed
28. eat your heart out
29. in hot water
30. burning the midnight oil
31. raining cats and dogs
32. chicken hearted
33. street smart
34. hot under the collar
35. stop on a dime
36. go by the book
37. shape up or ship out
38. straight from the horse's mouth
39. a tall order
40. came out smelling like a rose

Interpreting Others' Emotions

Objective to interpret and express others' emotions when given a short story

Stimuli auditory

Instructions Read each short story to your client and have her tell you the emotions each character is feeling. Keep verbal cueing to a minimum.

Compensatory Strategies

- Read each paragraph as many times as necessary to help improve memory skills.
- Emphasize specific aspects of the paragraph that would evoke strong emotions, and discuss the situation in detail as you read the paragraph.
- Relate the short stories to real-life happenings within your own life as well as within your client's.

Interpreting Others' Emotions

Tell how the main character(s) in each story might feel.

1. It was a bright, sunny day as Jake Richardson walked down his driveway to the mailbox. He was whistling a tune as he looked through the bundle of mail. The whistling stopped abruptly when he opened a letter from the IRS informing him of an upcoming audit of his tax return.
2. Elizabeth Miller had a stroke over a year ago that severely affected her ability to speak. It is difficult for Elizabeth to use even basic words or phrases to express her needs and wants. Just yesterday, she was unable to use words to express her need to use the toilet, and her gestures did not convey the message. Her face turned bright red and a tear streamed down her face.
3. The weather forecaster predicted a history-making snowstorm for the North Carolina mountains. Mary Hanson, an 82-year-old widow, lived alone at the end of an isolated country road. She chose to weather the storm alone in spite of her daughter's protests. After it had been snowing for many hours, a large tree fell, bringing the power and telephone lines tumbling to the ground.
4. Libby Harrison and her husband had been planning a second honeymoon trip to Florida for months. However, the day before they were to leave on the trip, Libby came down with the flu, and they had to cancel their trip. Now, it will be another year before Mr. Harrison can take time away from work for a trip.
5. Edie Sullivan had been cleaning house all day. She was dressed in an old sweatsuit, and she even had cobwebs in her hair when the doorbell rang. She hated to answer the door when she was in such a state, but she reluctantly did so. Standing on her front doorstep was the "prize patrol" from Publisher's Clearing House informing her that she had won the grand prize of one million dollars.
6. The builder had just completed construction on Anna and Gabe Yeager's new home. The real estate agent was taking Anna through the home for the official "walk through" before the closing. The home had many modifications for Gabe, who had become physically disabled by a stroke last year. All of the modifications were in place, and Anna could not find any flaws in the builder's construction.
7. José Gomez stood in line at the bank for twenty minutes. He was late for a doctor's appointment. He tapped his foot and looked at his watch frequently. He snapped at the teller and told her that the bank needed more help.

Interpreting Others' Emotions, *continued*

Tell how the main character(s) in each story might feel.

8. Virginia Tanner checked her mailbox each day for her tax refund. She had special plans for that money. She wanted to surprise her son by purchasing a new tool he needed for his woodworking shop. The letter carrier had just driven to the mailbox and Virginia's heart was racing.
9. Since his wife's death, Vince had hardly left his home, and he had lost 30 pounds. His friends had not seen him in weeks, and he had lost interest in all of his hobbies.
10. The featured speaker at the Rotary Club meeting had been talking for well over an hour. His voice was quite flat and the topic was of little interest to Jerry. Jerry yawned and closed his eyes, and before long, he was actually snoring.
11. Hilda received a fifty-dollar bill in a birthday card from her son two days ago. Now, she couldn't find the money. She looked through all the cards. She searched for hours and finally found it under her chest of drawers.
12. Julia Peters arrived for her doctor's appointment at 10:00 on Tuesday and signed her name on the patient roster. After seeing the signature, the receptionist asked Julia if she had an appointment. The receptionist checked the appointment book and discovered that Julia's appointment was on Wednesday, not Tuesday. Julia left the office with a frown on her face.
13. Agnes White works long hours at her job and is the sole caretaker of an ailing husband. Recently, her best friend had commented on the dark circles under Agnes's eyes.
14. The speaker's topic was how to wisely invest money to provide a comfortable retirement. George Dearing sat up straighter in his chair, leaned forward, and looked more directly at the speaker. He came away from the conference with extremely sound financial advice.
15. Louise Brown had been rehearsing for weeks for the lead role in her community theater's winter production. Just before she walked onto the stage on opening night, her palms were sweaty and her stomach was jumpy.

Interpreting Others' Emotions, *continued*

Tell how the main character(s) in each story might feel.

16. Mario Fernandez had cleaned out his attic and gathered a truckload of clothes and furniture. He donated everything to his local Goodwill organization. He walked away from the Goodwill representative with a smile on his face.
17. The congressman called a special town meeting to publicly admit that he had misused public funds during his past two years in office. He cried bitterly during the meeting.
18. Carol Moore's daughter recently signed a recording contract with a large record company. Carol called all of her friends with the news and told them about her daughter's fame and fortune.
19. Frances Jordan's husband did yard work all day. When Frances got home, she discovered that her husband had destroyed the flower bed with the lawn mower. She stormed into the house.
20. Since his retirement, Charles had hardly gotten off the couch. He became lazy and did not help with any of the household chores. His wife, Eloise, was keeping house and taking care of her ailing sister. Lately, Charles and Eloise were arguing about the entire situation.
21. Lena looked out her window and noticed that a new family was moving next door. She quickly began cooking a delicious meal complete with a lemon pie for dessert. She took the meal next door and rang the doorbell.
22. Henry was a person who loved to play practical jokes. His wife could always tell when Henry had a big joke going. Today, he walked out of the kitchen with that special smile on his face. She knew she was in for it.
23. Georgette's social security benefits were not always enough to pay her bills and buy groceries. Sometimes she went hungry the last few days of the month. Georgette had gone two days without eating, when a neighbor arrived with several bags of groceries. Tears streamed down Georgette's face as she accepted the food.

Interpreting Others' Emotions, *continued*

Tell how the main character(s) in each story might feel.

24. Carmen's granddaughter gave her a handmade clay pot for her birthday. The pot was crudely made and uneven on one side. Nevertheless, Carmen gave it a place of honor in her living room and gave her granddaughter a big hug.
25. Bert's wife spent long hours working on a civic project with another man. She was always receiving calls from him and lately she acted as if Bert hardly existed. Today she had been gone for more than five hours. Bert decided to wait up for her.
26. Sharon's mother was always criticizing her parenting skills, especially the way she disciplined her children. When her mother started to say something critical, Sharon would begin arguing before her mother could finish talking.
27. When Gertrude Morris was told her son had been killed in a car accident, she screamed and began crying uncontrollably. She ran from the room and into the backyard screaming loudly. She fell to the ground sobbing.
28. Joe received a new chain saw from a mail-order catalog. He paid for the saw with a credit card. He wanted to use it right away, but the chain saw was not working. Joe read the directions several times, but he could not get the saw to work. He called the 800 number in the catalog, but the number had been disconnected.
29. Mavis received an invitation to a wedding anniversary reception for a couple she had known for 30 years. She ignored the invitation and did not send a gift. She said she wasn't going to spend her hard-earned money to buy anyone a present.
30. Vera Hayes lived alone since the death of her husband. She had no friends and was not a member of any clubs or groups. No one came to see her. The only time she left home was to get groceries or to go to the doctor's office.
31. Flora Santos came home and found that her house had been vandalized. Everything of value had been taken or destroyed.
32. Bill and Louise Lassiter took their daughter to the airport. They ran some errands and came home a few hours later. Bill turned on the news and learned that there had been a plane crash. Specifics on the flight number and its destination were withheld, but the airline was the same one their daughter had used.

Interpreting Others' Emotions, *continued*

Tell how the main character(s) in each story might feel.

33. Harriet Murray received a letter from her bank indicating she had bounced a check to a local department store. The bank had not paid the check, and Harriet had to call the store and explain the problem.
34. A friend Lois had not seen in 20 years called Thursday and asked if she could come for the weekend. On Friday, Lois rushed around cleaning and straightening to prepare for her friend's arrival.
35. Robert Wellington's company planned a banquet to commemorate his 40 years of service. During the banquet, Robert's colleagues talked about his years of work and what he meant to them and to the company.
36. Members of the "Preserve Our City Parks" club were recognized for their dedication. Each one received a gift certificate from a local department store. Helen Manning was a member of the committee and had devoted long hours to the project. Her name was omitted from the committee list and she did not receive a gift certificate.
37. More tax money for schools had been heatedly debated in Earl's retirement community. Many of his friends felt they should not have to pay more school taxes because they didn't have children attending school. Earl listened to them but thought about his grandchildren who were attending school. He didn't know which group was right.
38. After Otis fell, he was unable to talk for several minutes. When he finally could speak, much of what he said did not make sense. He couldn't say his name or where he lived, so he was rushed to the hospital.
39. A committee of five people worked together to publish the club's membership directory. They all did their share and did an excellent job. However, Bill Jackson felt he was the one solely responsible for the final product, and the recognition for a job well-done should go to him alone.
40. Catherine admired her next-door neighbor. She volunteered for everything and did a lot of charitable work. She was kind to everyone and was always ready to help a friend in need. Then Catherine learned her neighbor was a compulsive liar who had been arrested for shoplifting.

Expressing Personal Feelings

Objective to improve your client's ability to express emotions within himself when given specific situations

Stimuli auditory

Instructions Read each situation to your client and ask him to verbally express emotions he would experience if confronted with the situation in his own life.

Compensatory Strategies

- Read the situation as many times as necessary to help improve memory skills.
- Relate the situations to your own experiences and your client's.

Expressing Personal Feelings

Tell how you might feel in the following situations.

1. You have been sick with the flu for over a week. You live alone, and you have had no visitors all week.
2. You have been stuck in a traffic jam for over an hour. You have turned off your engine because you are low on gas.
3. You are on the telephone with a friend who gossips constantly. Her voice is quite loud, and she has been talking for 30 minutes. At times, you are forced to hold the telephone away from your ear as her voice escalates.
4. You have been asked to make a speech at a local civic club meeting.
5. Your spouse constantly questions you about where you go and what you do throughout the day.
6. Your best friend has not called you in days, and you usually speak on the telephone several times each week.
7. You are the sole caretaker of your 94-year-old mother who uses a wheelchair and requires 24-hour care with a great deal of lifting.
8. A group of friends have given you a surprise birthday party.
9. A good friend's spouse of 52 years has just passed away.
10. Your grandson is in the service and has been ordered to complete a military mission in a dangerous foreign country.
11. You bought an extra life insurance policy several years ago, and you have recently discovered that the insurance company no longer exists.
12. You have given food and clothing to a needy family in your town.
13. You have lost your social security check that came in the mail yesterday.
14. You are trying to reach your daughter by phone, but you have dialed a wrong number several times.
15. You are watching a television program about health care reform for the elderly.
16. One of your friends has been telling things about you that you told her in strictest confidence.

Expressing Personal Feelings, *continued*

Tell how you might feel in the following situations.

17. Your spouse has played a practical joke on you.
18. You discover that your son-in-law has been participating in an extramarital affair that your daughter is unaware of.
19. You just received a letter in the mail from a friend you have not seen in 25 years. She will be traveling through your town in the next few weeks.
20. You have been having financial problems, and at times your social security benefits aren't enough to cover your bills. Today, you received a large sum of money from your son.
21. You have just fallen in your backyard and no one is around.
22. A police officer has stopped you for running a red light.
23. You have received a number of bills from the hospital regarding medical charges you incurred during your last hospital stay. You feel they are incorrect, but you do not know how to clear up the problem.
24. You have moved and a new neighbor comes to visit, bringing you a batch of brownies.
25. Your son thinks you need a hearing aid, but you disagree. He wants to purchase it for you, but you are certain that you would not use it.
26. You have just been commended by the president of the Cancer Society for a job well-done in your planning and coordination of the annual luncheon.
27. You have just heard a news report that there has been an explosion in a textile mill in your town where several of your friends work.
28. Several of your friends have been invited to a party given by someone you know very well. You have not been invited.
29. You paid an independent contractor to add a sunroom to your home. He did an excellent job and finished the room under budget.
30. A close friend of yours has recently won a large sum of money.
31. Your spouse accused you of spending money foolishly.
32. You received telephone calls for solicitations several times in one day.

Expressing Personal Feelings, *continued*

Tell how you might feel in the following situations.

33. You and your spouse will be leaving on a vacation tomorrow, and you have not started to pack your suitcases.
34. Some major repairs are needed on your car. The mechanic has just informed you that these repairs are covered under the extended warranty you purchased when you bought the car.
35. The teller mistakenly gave you \$50 extra when you cashed a check at the bank yesterday. The bank has just called you to inquire about the money.
36. You are sitting at home awaiting news about your granddaughter who went to the hospital today to deliver her first child.
37. Your best friend has not exercised in years. You are on a new exercise program, and it has made you feel wonderful. You have asked your friend to join you.
38. You notice a strange man looking in the windows of your neighbor's home.
39. Your spouse has just given you an expensive gift for your anniversary.
40. Your doctor has prescribed a new medication for you, and you think you may be having an allergic reaction to the medicine.

Describing Emotional Situations

Objective to describe situations that evoke specific emotions

Stimuli auditory

Instructions Read the emotion aloud and encourage your client to describe a situation that would evoke that specific emotion.

Keep cueing to a minimum, if possible.

Compensatory Strategies

- Use a personal situation involving your emotions that might cue your client to express her own situation.
- Relate the emotion to any appropriate exercises completed earlier to help your client express her own situation.

Describing Emotional Situations

Describe a situation that might cause you to feel each emotion.

1. gratitude
2. frustration
3. sadness
4. happiness
5. dread
6. enthusiasm
7. ambivalence
8. stressed-out
9. anger
10. love
11. pride
12. jealousy
13. nervousness
14. boredom
15. interest
16. concern
17. confusion
18. satisfaction
19. selfishness
20. anxiety
21. impatience
22. generosity
23. defensiveness
24. shock
25. friendliness
26. excitement
27. shame
28. surprise
29. cheated
30. lonely
31. resentful
32. worried
33. mischievous
34. depressed
35. relief
36. fright
37. embarrassment
38. disappointment
39. hysterical
40. annoyance

Further Activities for Caregivers

- Encourage the client to identify all emotions she encounters during the day.
- Ask the client to describe how different characters in television programs or movies are feeling.
- Pick out figurative expressions you use and ask the client to interpret them.
- Select passages from the religious source of your choice that can be used to illustrate figurative vs. literal language and interpretations.
- Use poetry to illustrate figurative language.
- Pick a topic such as dogs and have the client think of idioms related to that topic such as *gone to the dogs*, *dog eat dog world*, or *dog days*. Discuss the meanings of the idioms.
- Introduce new slang phrases, and explain the meanings to the client so he keeps abreast of today's ever-changing figurative language trends.
- Listen to the lyrics of popular songs and discuss the meanings of various phrases. Often, there can be more than one interpretation.
- When telling the client a joke or riddle, see if she understands the punch line. If not, explain it so she will understand the joke's true meaning but without feeling embarrassed about needing to have it explained.

Chapter 6 • Writing

This chapter is designed to help increase your client’s writing skills from the perspectives of both language enrichment and mechanical/visual perception.

This chapter begins with tracing print and cursive style letters and progresses through copying and independently formulating letters, words, phrases, and sentences. This chapter concludes with your client performing basic writing tasks in therapy and independently.

These activities provide an excellent opportunity for clients to regain independence in participating in activities they feel are their responsibilities, like paying bills or making shopping lists.

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Tracing/Copying the Alphabet

Objective to reinforce letter recognition and to increase precision in the mechanics of writing when hemiparesis is present

Stimuli visual, with auditory cues as needed

Instructions Have your client trace or copy the alphabet (both lowercase and uppercase letters) choosing either print or cursive style, whichever is more comfortable and functional.

Compensatory Strategies

- Decide whether a pen or a pencil is more suitable for your client. Occasionally, a pen with a large barrel is most comfortable.
- Use verbal and visual cues as needed. Clients who exhibit one-sided neglect may need a maximum amount of verbal and visual cues.
- Use red magic marker lines or dots on each line on either side of the page for clients who display difficulty with visual tracking/sweeping from left to right.

Print Style Alphabet

Aa Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk Ll

Mm Nn Oo Pp Qq

Rr Ss Tt Uu Vv

Ww Xx Yy Zz

Cursive Style Alphabet

Aa Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk Ll

Mm Nn Oo Pp Qq

Rr Ss Tt Uu Vv

Ww Xx Yy Zz

Copying Single Words

Objective to reinforce word recognition and to increase mechanical precision in writing single words of increasing length and complexity

Stimuli visual, with auditory cues as needed

Instructions Have your client copy the words of increasing length and complexity choosing either print or cursive style. Use compensatory strategies as needed.

Compensatory Strategies

- Decide whether a pen or a pencil is more suitable for your client. Occasionally, a pen with a large barrel is most comfortable.
- Use verbal and visual cues as needed. Clients who exhibit one-sided neglect may need a maximum amount of verbal and visual cues.
- Use red magic marker lines or dots on each line on either side of the page for clients who display difficulty with visual tracking/sweeping from left to right.

Copying Single Words

Copy the words using either print or cursive style.

1. cup _____

2. dog _____

3. hat _____

4. mop _____

5. lie _____

6. can _____

7. rat _____

8. sew _____

9. pen _____

10. egg _____

11. few _____

12. fan _____

13. hot _____

14. top _____

15. pot _____

16. bow _____

17. too _____

18. man _____

19. cot _____

20. mug _____

21. hair _____

22. band _____

23. ring _____

24. stop _____

25. soap _____

26. milk _____

27. hurt _____

28. shop _____

Copying Single Words_{,continued}

Copy the words using either print or cursive style.

29. blue _____

30. clap _____

31. tape _____

32. read _____

33. peel _____

34. rock _____

35. trip _____

36. help _____

37. slot _____

38. plan _____

39. feet _____

40. make _____

41. shirt _____

42. sleep _____

43. share _____

44. trail _____

45. drive _____

46. bread _____

47. pants _____

48. write _____

49. stamp _____

50. drink _____

51. shake _____

52. snore _____

53. space _____

54. fruit _____

55. razor _____

56. light _____

Copying Single Words_{,continued}

Copy the words using either print or cursive style.

57. crack _____

58. dread _____

59. great _____

60. whole _____

61. street _____

62. friend _____

63. dinner _____

64. family _____

65. shocking _____

66. parties _____

67. answer _____

68. flowers _____

69. perfume _____

70. shallow _____

71. special _____

72. station _____

73. rational _____

74. highway _____

75. question _____

76. laughing _____

77. shortage _____

78. peculiar _____

79. violinist _____

80. yesterday _____

81. annually _____

82. backyard _____

83. birthday _____

84. celebrate _____

Writing Single Words

Objective to reinforce reading and word retrieval skills while increasing mechanical precision in writing single words in a sentence completion format

Stimuli visual, with auditory cues as needed

Instructions Have your client read each sentence and find an appropriate word to complete the sentence. Then ask your client to write the word in the space provided in the style of writing that she prefers.

Compensatory Strategies

- Decide whether a pen or a pencil is more suitable for your client.
- Cue your client for spelling or encourage the use of a dictionary, if possible.
- Visual tracking will be strongly emphasized in this activity. Therefore, use visual and verbal cues to compensate for visual tracking or perceptual difficulties as well as for one-sided neglect. Use any of the strategies mentioned initially in this chapter.

Writing Single Words

Think of a word to complete each sentence correctly and write it in the blank.

1. My pets are a dog and a _____.
2. I am going to _____ in the chair.
3. She will _____ up the hole in your shirt.
4. He will always _____ his bills.
5. The child had a ball and a _____.
6. To cook the soup, I need an aluminum _____.
7. I never gulp my drink, I only _____ it.
8. Bob was stung by an angry bumble _____.
9. I can _____ so clearly with my new eyeglasses.
10. Wipe your feet on the _____.
11. I hear a ringing in my _____.
12. To get your license renewed, you must pay the _____.
13. We are going to _____ a new car.
14. When she fell, she broke her _____.
15. This dress is ten years _____.
16. We go shopping almost every _____.
17. Jane likes to _____ brownies for dessert.
18. I have a new Oriental _____ on the floor.
19. The dog has grown too _____ for his doghouse.
20. The baby sat on my _____.

Writing Single Words_{,continued}

Think of a word to complete each sentence correctly and write it in the blank.

21. I want to _____ this check.
22. The man was six feet _____.
23. We had a wonderful time at the football _____.
24. She was shocked when she heard the _____.
25. Please don't _____ the door.
26. I need to mop the kitchen _____.
27. Carolyn likes to _____ on the telephone.
28. Harold will _____ the wall a bright green color.
29. I always _____ food and clothes to the needy.
30. Virginia will _____ a letter to her mother.
31. I sat on the _____.
32. I placed the clock on a high _____.
33. She borrowed a cup of _____.
34. When he was shaving, he broke his electric _____.
35. Pour some water in a _____.
36. Please turn on the _____.
37. Bill is walking down the _____.
38. It is time for me to cook _____.
39. We had a _____ in the park.
40. After eating the pizza, I felt a pain in my _____.

Writing Single Words_{,continued}

Think of a word to complete each sentence correctly and write it in the blank.

41. Before getting in bed, I put on my _____.
42. I packed all of the clothes in the _____.
43. We are going to Florida on _____.
44. I need an answer to my _____.
45. We have two grandsons and one _____.
46. They went to see a movie at the _____.
47. I have been _____ around the block daily.
48. They heard a bloodcurdling _____ on TV.
49. I read *Time*, *Newsweek*, and some other _____.
50. He knocked on the log to see if it was _____.
51. We sit in the _____ while Sally cooks.
52. I took my car to the _____.
53. The pants are too long and need to be _____.
54. I heard the _____ ring.
55. He gave me a gold _____ to wear on my wrist.
56. Carl needed to go inside and put on some clean _____.
57. At department stores, we always ride the _____.
58. I need some milk from the _____ store.
59. Every morning, I drink a cup of coffee and read the daily _____.
60. To cut the wrapping paper, I need a pair of _____.

Writing Single Words_{,continued}

Think of a word to complete each sentence correctly and write it in the blank.

61. I need to order something out of that _____.
62. Look out the _____ to see if it is snowing.
63. Stand beside me, and Adam will take our _____.
64. Put the letter in the _____.
65. He has been _____ too much coffee.
66. I don't like listening to that radio _____.
67. You may have a fever, so I will need to take your _____.
68. I mow the grass with a riding _____.
69. Rose gave me a _____ for my birthday.
70. The leak in the roof caused water damage to the _____.
71. On Sunday afternoons, he enjoys _____ on the couch.
72. The children were _____ in the water.
73. My poor vision has kept me from _____ our new car.
74. Joe will trim the _____ in front of the house.
75. Frank will speak at the Rotary Club _____.
76. When the lights went out, we had to use a _____.
77. Look up the word in a _____.
78. She will come to visit in the _____.
79. He is my next-door _____.
80. In the hallway, we have a tall _____ clock.

Copying Short Phrases

Objective to reinforce reading and visual scanning skills while increasing mechanical precision in copying multiple words

Stimuli visual, with auditory cues as needed

Instructions Have your client copy the phrases of increasing length and complexity choosing either print or cursive style. Use compensatory strategies as needed.

Compensatory Strategies

- Decide whether a pen or a pencil is more suitable for your client.
- Cue your client for spelling or encourage the use of a dictionary, if possible.
- Visual tracking will be strongly emphasized in this activity. Therefore, use visual and verbal cues to compensate for visual tracking or perceptual difficulties as well as for one-sided neglect. Use any of the strategies mentioned initially in this chapter.

Copying Short Phrases

Copy the phrases using either print or cursive style.

1. big dog _____

2. my coat _____

3. hard chair _____

4. long hair _____

5. your friend _____

6. tall man _____

7. shopping mall _____

8. frozen food _____

9. birthday party _____

10. good dinner _____

11. the old house _____

12. my friend's children _____

13. a small animal _____

14. the kitchen sink _____

Copying Short Phrases, *continued*

Copy the phrases using either print or cursive style.

15. our backyard _____

16. a summer day _____

17. an old shoe _____

18. left or right _____

19. Lynn and George _____

20. gold picture frame _____

21. the people at home _____

22. a woman next door _____

23. the large plastic bags _____

24. many sleepless nights _____

25. half of the guest list _____

26. the telephone cord _____

27. a nice front porch _____

28. one in a million _____

Copying Short Phrases, *continued*

Copy the phrases using either print or cursive style.

29. my credit card limit _____

30. the mail in the box _____

31. a social security check _____

32. the leash and collar _____

33. pen and pencil set _____

34. a small jewelry box _____

35. favorite vacation spot _____

36. a very good restaurant _____

37. your new key chain _____

38. an expensive diamond ring _____

39. the plastic shower curtain _____

40. her new green bedspread _____

41. the picture on the wall _____

42. the neighbor down the street _____

Writing Short Phrases

Objective to reinforce reading, syntax, and word retrieval skills while increasing mechanical precision in writing short phrases to complete a sentence

Stimuli visual, with auditory cues as needed

Instructions Have your client verbally complete the sentence and then write the words using the writing style he prefers.

Compensatory Strategies

- Decide whether a pen or a pencil is more suitable for your client.
- Cue your client as needed if spelling, grammar, or punctuation is a problem.
- Visual tracking will be strongly emphasized in this activity. Therefore, use visual and verbal cues to compensate for visual tracking or perceptual difficulties as well as for one-sided neglect. Use any of the strategies mentioned initially in this chapter.

Writing Short Phrases

Read the first few words and complete the sentence aloud. Then write the words in the space provided.

1. I saw _____.
2. The man _____.
3. My son _____.
4. Your hat _____.
5. The party _____.
6. Susan said _____.
7. The letter _____.
8. I heard _____.
9. The newspaper _____.
10. We went _____.
11. The family _____.
12. Her brother _____.
13. Our vacation _____.
14. They liked _____.
15. He felt _____.
16. My doctor _____.
17. Someone came _____.
18. Helen yelled _____.
19. A card _____.
20. The dress _____.

Writing Short Phrases, *continued*

Read the first few words and complete the sentence aloud. Then write the words in the space provided.

21. The window _____.

22. My medicine _____.

23. Her husband _____.

24. The job _____.

25. The car _____.

26. She talked _____.

27. Mary smiled _____.

28. Everyone knew _____.

29. You shared _____.

30. We stood _____.

31. Our home _____.

32. Someone showed _____.

33. The picture _____.

34. The nurse _____.

35. Our food _____.

36. The tools _____.

37. My memory _____.

38. The glass _____.

39. The speaker _____.

40. We must _____.

Copying Sentences

Objective to reinforce reading skills and emphasize visual scanning while increasing mechanical precision in copying sentences of increasing length and complexity

Stimuli visual, with auditory cues as needed

Instructions Have your client copy each sentence choosing either print or cursive style. Use compensatory strategies as needed, but encourage your client to work as independently as possible.

Compensatory Strategies

- Decide whether a pen or a pencil is more suitable for your client.
- Cue your client as needed if spelling, grammar, or punctuation is a problem.
- Visual tracking will be strongly emphasized in this activity. Therefore, use visual and verbal cues to compensate for visual tracking or perceptual difficulties as well as for one-sided neglect. Use any strategies mentioned initially in this chapter.

Copying Sentences

Copy the following sentences using either print or cursive style.

1. Pat was walking down the street.

2. I saw a bird in the tree.

3. Please answer the telephone.

4. We need some milk and eggs.

5. Did you have fun on your trip?

6. I will write the letter today.

7. The dog barked all night.

8. We are attending a party next week.

9. Margaret called me yesterday.

10. My husband has been sick this week.

Copying Sentences, *continued*

Copy the following sentences using either print or cursive style.

11. He enjoys playing golf on Saturdays.

12. The book was quite boring.

13. The store will be closed this Friday.

14. I will come home around 2:00.

15. Please turn off the oven.

16. I took your suit to the dry cleaners.

17. My watch has stopped working.

18. The car is making a strange noise.

19. We left the window open all night.

20. I went to the bank to cash a check.

Copying Sentences, *continued*

Copy the following sentences using either print or cursive style.

21. We saw them in the park.

22. We will baby-sit our grandchildren this weekend.

23. Everyone enjoyed listening to the music.

24. Sharon will meet us at the library at 4:00.

25. Your brother seems to be having a good time.

26. Make an appointment with the doctor in April.

27. I saw the movie when it came out last year.

28. We will send out the invitations tomorrow.

29. Our class reunion is scheduled for late June.

30. I need to return the new pair of shoes.

Copying Sentences, *continued*

Copy the following sentences using either print or cursive style.

31. The power bill was incorrect this month.

32. I will be serving on a jury next week.

33. I dropped my new coat in the mud last night.

34. We will visit Helen in the hospital.

35. I need to take care of some business in town.

36. My grandson joined the Army last week.

37. I purchased a six-week-old puppy at the pet store.

38. I will be going to the Labor Day sale at the mall.

39. The young boy carried my groceries to the car.

40. We met with our attorney to discuss some legal matters.

Writing Sentences

Objective to reinforce word retrieval and syntax while increasing mechanical precision in writing sentences when given target words

Stimuli visual, with auditory cues as needed

Instructions Have your client compose a sentence with each target word, and then ask him to write it in the space provided. Again, cursive or print style may be used and compensatory strategies should be used as needed.

Compensatory Strategies

- Decide whether a pen or a pencil is more suitable for your client.
- Cue your client as needed if spelling, grammar, or punctuation is a problem.
- Visual tracking will be strongly emphasized in this activity. Therefore, use visual and verbal cues to compensate for visual tracking or perceptual difficulties as well as for one-sided neglect. Use any strategies mentioned initially in this chapter.

Writing Sentences

Write a sentence for each word in the space provided.

1. home

2. yard

3. restaurant

4. clothes

5. bed

6. sign

7. plate

8. animal

9. paper

10. hair

Writing Sentences, *continued*

Write a sentence for each word in the space provided.

11. work

12. catch

13. tear

14. stretch

15. tie

16. make

17. stop

18. write

19. shake

20. sleep

Writing Sentences, *continued*

Write a sentence for each word in the space provided.

21. always

22. even

23. some

24. few

25. ever

26. all

27. too

28. never

29. are

30. upon

Writing Sentences, *continued*

Write a sentence for each word in the space provided.

31. around

32. instead

33. except

34. soon

35. special

36. clear

37. about

38. tall

39. funny

40. afraid

Functional Writing Tasks

Ask your client to:

1. write a shopping list
2. make out a guest list
3. write a check
4. write a note to a spouse
5. write a letter to a friend
6. fill out a form
7. write out a recipe
8. list items needed for a specific task
9. write appointments on a calendar
10. make out a gift list

Create other personalized writing tasks reflecting your client's lifestyle and writing needs.

Further Activities for Caregivers

Note: Do not allow the client to work longer than 30 minutes at a time on writing tasks. Some perfectionist clients may feel compelled to work for hours.

- Encourage the client to write or at least sign all of his checks to pay his bills every month. Make photocopies of blank checks to use as practice sheets. Also, have him make all entries in the transaction register and write the return address on the envelope of each bill. You may want to do all this gradually. For example, pay one or two bills as they come in rather than spending hours paying all the monthly bills on one day. Then the activity is an on-going learning experience and not a laborious task.
- Try to include the client in any legal matters that pertain to her and allow her to sign legal documents if at all possible. Make the client feel that she is a part of all of these decisions.
- Encourage the client to send get-well cards, thank-you notes, etc., by having him sign and address the cards. Begin slowly by just having him sign his name to a card and then work up to writing thank-you notes and letters. Add a little more writing to this activity each day without overtiring him.
- When it is time to go grocery shopping, have the client make the shopping list and check off each item as you find it. Ask her to write the check at the cash register if her writing is fast enough and you feel she is ready for this.
- If there are any forms to be filled out such as health insurance claim forms, allow the client to complete the form and check his work. Photocopy the form or have the client write in pencil first to allow for errors.

Answer Key

Chapter 1

Page 17

- 1-24. Answers will vary.
25. no
26. yes
27. no
28. yes
29. no
30. yes
31. no
32. yes
33. yes
34. no
35. no
36. yes
37. no
38. yes
39. no
40. no

Pages 18-20

1. c
2. Answers will vary.
3. Answers will vary.
4. b
5. a
6. c
7. b
8. Answers will vary.
9. b
10. c
11. Answers will vary.
12. b
13. Answers will vary.
14. b
15. a
16. c
17. c
18. c
19. b
20. b
21. a
22. b
23. b
24. c
25. b
26. c
27. b
28. a
29. c
30. a
31. a

32. c
33. b
34. a
35. c
36. b
37. a
38. b
39. c
40. b

Pages 21-22

- 1-10. Answers will vary.
11. Tuesday
12. Friday
13. June 13th
14. 1999
15. Answers will vary.
16. 67
17. 70
18. 6:15
19. 3:30
20. Wednesday
21. July 22nd
22. five
23. June
24. 1½ hours
25. 2 hours
26. 2:00, 6:00, 10:00
27. August
28. September
29. May
30. Answers will vary.
31. September
32. two
33. 1 hour, 15 minutes
34. yes
35. 1:30 PM
36. December 21
37. June 22
38. 6:00 AM
39. 20 minutes
40. 2 hours, 45 minutes

Pages 25-26 Hospital

1. point north of 6
2. no
3. go north from the main entrance and turn east to 16
4. point across from 16
5. laboratory
6. point to 12

7. point to 4
8. 8, Golden Care Plus, Social Services
9. yes
10. go north from main entrance, then east to 14
11. no
12. emergency entrance
13. admitting, cashier, Golden Care Plus, Social Services
14. X-ray
15. point to the stairs across from 16
16. go east, then north, and then east from 3 to 15
17. point to 5
18. intensive care, coronary care
19. point to one north of main entrance
20. go south and east from 1 to 13

Pages 27-28 Hotel Lobby

1. wicker table
2. point east
3. chairs, glass table
4. plants and trees
5. rug
6. no, there are French doors
7. wicker chairs, sofa, and table; bookcase
8. atrium, plants, wicker table
9. no
10. ficus tree
11. windows, glass table and chairs, plant, tree
12. bookcase; window
13. no
14. north
15. no
16. rug, bookcase, fireplace upholstered furniture
17. yes
18. point to the chair, the sofa, or the floor in front of the fireplace
19. long table
20. yes

Pages 29-30 Park

1. point to restrooms west of band shell
2. no
3. east
4. gazebo
5. no
6. point to northwest lot
7. parking lot
8. no
9. restrooms
10. band shell
11. parking lot
12. playground, gazebo
13. trees
14. point to southwest lot
15. yes
16. trees
17. restrooms
18. no
19. baseball diamond, trees
20. seating area, walkway, road

Pages 31-32 Small Town

1. farms
2. gas station
3. library
4. 2nd, 3rd, 4th Streets
5. 1st Street west to Rte. 61 south to 4th Street or take RR 1 to 4th Street
6. no
7. tree nursery
8. 4th and Rte. 61
9. no
10. 1st Street east then south on RR 1 or take Rte. 61 to 2nd Street
11. Jones Farm
12. City Hall
13. 1st Street
14. cafe
15. fire station
16. 4th, 3rd, 2nd, 1st
17. 2nd Street east to RR 1
18. no
19. 3rd Street
20. 2nd Street, post office

Answer Key, continued

Page 33-34 City

1. 280, 80, part of 67
2. 73, 61, 84
3. no
4. east
5. Memorial Ave.
6. Ridge, Elm, Oak, Glen, 6th, 7th, 10th, 18th, 27th, 41st, 60th, Lynn
7. point to intersection
8. yes
9. Bell Ave.
10. Elm Street
11. Bell to 73
12. River Drive
13. yes
14. left
15. River Drive
16. Oak, Maple, Elm, Ridge
17. 280
18. follow 73 to 80 to 130
19. yes
20. no

Pages 35-36 Shopping Mall

1. Hamilton's
2. point to south arrow
3. mall directory
4. 4
5. point to restrooms on west side of Hamilton's
6. yes
7. Kim's Grill
8. yes
9. Byers
10. 109, Mark's Shoes
11. candy
12. go west and then north or go north and then west
13. point to 124
14. 115, Casey's Clothes
15. 3 sets
16. no
17. 102, Arnold's Books
18. Cozy Home on left Sweet Tooth on right
19. Mark's Shoes, Candle Wick, Simm's Music
20. west

Pages 37-38 House

1. no
2. yes
3. patio
4. den
5. table, dining room
6. guest bedroom
7. no
8. patio
9. den
10. no
11. bathroom
12. garage, den, patio
13. no
14. yes
15. closet
16. 3
17. yes, in garage
18. garage
19. kitchen, closet
20. south

Pages 40-41

1. no
2. no
3. yes
4. no
5. yes
6. yes
7. no
8. no
9. yes
10. yes
11. no
12. yes
13. yes
14. yes
15. no
16. yes
17. yes
18. no
19. yes
20. yes
21. no
22. yes
23. yes
24. no
25. yes
26. no
27. yes
28. no
29. yes
30. yes

31. yes
32. no
33. yes
34. yes
35. yes
36. no
37. no
38. yes
39. yes
40. no

Pages 42-44

1. b
2. a
3. c
4. a
5. a
6. b
7. c
8. c
9. b
10. c
11. b
12. a
13. c
14. a
15. b
16. c
17. c
18. a
19. b
20. c
21. a
22. b
23. c
24. b
25. a
26. b
27. c
28. a
29. b
30. c
31. a
32. b
33. c
34. a
35. c
36. a
37. b
38. a
39. b
40. c

Page 45

1. Civil War
2. Vivien Leigh
3. Walt Disney
4. Abraham Lincoln and John Kennedy
5. Abraham Lincoln
6. World War II
7. Shirley Temple
8. The Gulf War
9. Ronald Reagan
10. Gerald Ford
11. terrorist attacks in NYC; Washington, D.C.; and Pennsylvania
12. Disney
13. sneakers
14. AIDS
15. Charles and Diana
16. Henry Fonda
17. Ted Turner
18. Democrat
19. Aristotle Onassis
20. Ted Kennedy
21. Coke
22. Johnny Carson
23. Ed McMahon
24. Elvis Presley
25. Martin Luther King, Jr.
26. Watergate
27. Japan
28. Germany
29. Jane Wyman
30. Elizabeth Taylor
31. elephant
32. donkey

Chapter 2

Page 64

Customer Service

1. customer service
2. customer service rep
3. 6 months
4. Spanish
5. Bob

Auto Mechanic

1. auto mechanic
2. part-time
3. weekends
4. no
5. Tammy

Answer Key, *continued*

Sale

1. estate sale
2. 500
3. furniture, art, collectibles, electronics, office equipment
4. Dec. 11-12
5. 10:00 AM

Clothes

1. 8
2. sweaters, pants, suits, shoes, dresses
3. 6
4. \$10-\$50
5. yes

Puppies

1. chow
2. female
3. 10 weeks
4. one golden, one black
5. \$100 each

page 65

1. Cozy Home
2. paint and wallpaper supplies
3. 33%
4. 9 PM
5. Thursday thru Sunday

1. Nichol's, toy department
2. 10 AM-6 PM
3. \$18.95
4. 2
5. 24

1. Street's
2. over 500
3. 9 AM-9 PM
4. no
5. 3%

Page 66

1. Arnold's
2. *Eagle's Nest*
3. 10 AM-2 PM
4. yes
5. 200

1. New Year's Day
2. Regency S50X TV
3. \$299
4. 4 PM
5. 1

1. Fisher's
2. cereal, Arbor Wheat & Oat Squares
3. \$2.19
4. \$1.00
5. use the coupon

Page 67

1. Walt
2. 3:00 PM
3. car repair estimate
4. yes
5. Mary

1. Beth
2. 9:45 AM
3. meet for dinner at 6:00
4. no
5. Penny

1. Ms. Robbins
2. Mr. Carlsten
3. gate 5
4. 4:24 PM
5. meet him

Page 69

1. John F. Kennedy
2. a break-in at the Democratic National Headquarters led by leaders of the Republican Party
3. Richard Burton
4. 1930s
5. *Gone With The Wind*
6. drought
7. Elvis Presley
8. bald eagle
9. count its rings
10. not able to see things far away
11. dictionary
12. fire extinguisher or baking soda
13. 52
14. Richard Nixon
15. allergy, cold
16. 32 degrees F
17. baseball
18. acting
19. Louis Armstrong
20. *Auld Lang Syne*
21. tires
22. New York City

23. to make them more energy efficient
24. reduce your caloric intake and exercise
25. thesaurus
26. the opposite of a word
27. left-handed
28. 62/Answer may vary.
29. cactus
30. to excuse for a fault or offense

Chapter 3

pages 73-75 Household

2. 4, 1, 2, 3
3. 4, 1, 3, 2 or 4, 1, 2, 3
4. 2, 4, 1, 3
5. 3, 2, 1, 4 or 3, 1, 2, 4
6. 2, 1, 4, 3
7. 2, 3, 1, 4
8. 4, 1, 2, 3 or 3, 1, 2, 4
9. 3, 4, 2, 1
10. 3, 4, 2, 1
11. 1, 2, 4, 3
12. 2, 4, 1, 3

13. 1, 2, 3, 4
14. 4, 3, 2, 1 or 2, 4, 3, 1
15. 2, 1, 4, 3 or 1, 2, 4, 3
16. 4, 2, 1, 3
17. 2, 1, 4, 3
18. 4, 3, 2, 1
19. 4, 1, 2, 3
20. 1, 2, 4, 3
21. 1, 3, 2, 4
22. 1, 4, 3, 2 or 1, 4, 2, 3 or 1, 3, 2, 4
23. 2, 3, 1, 4
24. 1, 2, 3, 4

25. 2, 3, 1, 4
26. 4, 3, 2, 1
27. 1, 4, 3, 2
28. 3, 2, 1, 4
29. 3, 4, 2, 1
30. 2, 1, 3, 4
31. 4, 1, 2, 3
32. 1, 4, 3, 2
33. 2, 1, 3, 4
34. 1, 3, 2, 4
35. 4, 1, 3, 2
36. 1, 4, 3, 2

Pages 76-78 Community

2. 4, 3, 2, 1
3. 2, 3, 1, 4
4. 1, 3, 4, 2 or 1, 4, 3, 2
5. 3, 2, 1, 4
6. 4, 1, 3, 2
7. 2, 1, 3, 4
8. 1, 2, 4, 3
9. 4, 2, 1, 3
10. 3, 4, 1, 2
11. 4, 1, 3, 2
12. 1, 2, 3, 4

13. 3, 1, 2, 4
14. 2, 3, 4, 1
15. 2, 1, 4, 3
16. 1, 3, 4, 2
17. 3, 2, 1, 4
18. 2, 3, 4, 1
19. 1, 2, 3, 4 or 3, 1, 2, 4
20. 4, 1, 2, 3
21. 3, 1, 2, 4
22. 2, 1, 4, 3 or 1, 2, 4, 3
23. 3, 4, 2, 1
24. 4, 1, 3, 2

25. 1, 2, 3, 4
26. 4, 3, 2, 1
27. 4, 1, 3, 2
28. 2, 3, 1, 4
29. 4, 1, 3, 2
30. 2, 3, 4, 1
31. 1, 2, 4, 3
32. 4, 3, 2, 1
33. 2, 4, 1, 3 or 2, 3, 1, 4
34. 1, 2, 4, 3
35. 2, 3, 4, 1
36. 2, 1, 4, 3

Pages 79-82 Health

2. 3, 2, 1, 4 or 2, 3, 1, 4
3. 4, 3, 2, 1
4. 2, 3, 1, 4
5. 3, 2, 4, 1 or 2, 3, 4, 1
6. 2, 1, 4, 3
7. 3, 2, 1, 4
8. 3, 4, 1, 2 or 4, 3, 1, 2
9. 1, 3, 4, 2
10. 2, 1, 4, 3
11. 2, 3, 4, 1 or 2, 4, 3, 1
12. 2, 4, 1, 3
13. 1, 4, 3, 2
14. 1, 3, 2, 4

Answer Key, *continued*

15. 4, 1, 2, 3
16. 2, 1, 3, 4
17. 2, 1, 4, 3
18. 1, 2, 4, 3
19. 2, 4, 3, 1
20. 4, 3, 1, 2
21. 4, 1, 3, 2
22. 3, 4, 2, 1
23. 2, 4, 1, 3 or 1, 4, 2, 3
24. 1, 2, 4, 3 or 1, 3, 4, 2

25. 1, 2, 3, 4
26. 4, 3, 2, 1
27. 3, 1, 4, 2 or 2, 1, 3, 4
28. 1, 3, 4, 2
29. 4, 3, 2, 1
30. 1, 2, 4, 3

31. 2, 3, 1, 4
32. 2, 1, 4, 3 or 4, 1, 2, 3
33. 4, 3, 2, 1
34. 1, 3, 2, 4
35. 2, 1, 3, 4
36. 2, 1, 4, 3

Pages 83-86 Social

2. 1, 2, 4, 3
3. 3, 1, 2, 4
4. 1, 2, 3, 4
5. 2, 3, 4, 1
6. 2, 1, 4, 3
7. 4, 3, 2, 1
8. 2, 4, 3, 1
9. 3, 4, 2, 1
10. 1, 4, 2, 3
11. 3, 1, 2, 4 or 3, 2, 1, 4
12. 2, 3, 1, 4

13. 3, 2, 1, 4
14. 1, 2, 3, 4
15. 4, 3, 2, 1
16. 2, 3, 1, 4
17. 2, 3, 4, 1
18. 4, 3, 2, 1
19. 3, 2, 1, 4
20. 2, 1, 4, 3
21. 2, 3, 4, 1 or 2, 4, 3, 1
22. 3, 4, 1, 2
23. 2, 1, 4, 3
24. 4, 1, 3, 2

25. 2, 3, 4, 1
26. 2, 1, 3, 4
27. 1, 2, 4, 3

28. 3, 1, 2, 4
29. 2, 3, 4, 1
30. 4, 3, 1, 2
31. 4, 3, 2, 1
32. 4, 2, 1, 3
33. 2, 1, 4, 3
34. 3, 4, 1, 2
35. 4, 3, 2, 1 or 3, 4, 2, 1
36. 1, 2, 4, 3

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Answers will vary.

Chapter 4

Pages 96-107

Answers will vary.

Chapter 5

Pages 111-119

Answers will vary.

Pages 121-126

1. having a good time, not doing his work
2. He is good at growing things.
3. Think ahead and plan for the future.
4. not dependable
5. acting as if she is better than others
6. not young
7. having a casual conversation
8. Get to work right away without stopping.
9. good luck
10. He could foresee a turn of events; he could see what was going to happen
11. Do not tell anyone.
12. Take time to enjoy life.
13. thinking about the present rather than the future

14. talk without stopping
15. He looked out of place.
16. Do two things at one time.
17. Don't take what he

- says very seriously.
18. He lost everything.
19. unpleasant aspects of his past that he wishes to conceal
20. being very sweet to someone because you want something
21. ignoring someone
22. someone who sits on the couch and watches TV a lot
23. get back to normal
24. something new and different, refreshing
25. not much fun
26. forgetting something almost as soon as it was said

27. someone very thrifty or frugal with finances
28. hurry
29. take your punishment
30. information that makes a difference
31. optimistic and possibly unrealistic
32. young and inexperienced
33. wanting to overhear a conversation without anyone knowing
34. good-natured fooling, teasing
35. the very best
36. she was always at her husband's side
37. very stubborn
38. without hesitation
39. having a good time
40. They look alike.

Pages 127-128

1. leave her alone, go away
2. scared into taking the right action
3. not thinking clearly
4. stupid
5. takes after his parent
6. gotten into a bad

- situation and have to live with it
7. had high self-esteem
8. have a really good time
9. not what he appeared to be
10. It was very funny.
11. wait
12. very successful
13. lethargic, not alert
14. taking a chance
15. She doesn't socialize.
16. He worked his employees very hard.
17. died
18. see the truth
19. ignore them
20. have a problem-solving discussion
21. an important person in a small or inconsequential environment
22. the worst part of a job
23. not making a decision
24. more men in the world
25. the most important person in his life
26. stayed too long, people were tired of her
27. Tell what is on your mind.
28. not thinking about love or romance
29. not a wonderful person
30. not to do something too soon

Page 130

1. not worrying
2. Your feelings show.
3. without thinking about it
4. Tell them what you feel.
5. just part of the problem has been revealed
6. stayed to himself, became secluded
7. change your life
8. was over-looked
9. wanting to hear something
10. associating with a bad crowd

Answer Key, *continued*

11. Leave me alone.
12. a person who speaks extremely well
13. in the general area
14. a nervous feeling
15. Everyone likes something different.
16. in trouble
17. grouchy
18. If you don't waste anything, you'll never be needy.
19. Do something before it should be done.
20. wealthy
21. You can't see the real issue or the big picture because you are looking at the details.
22. You can't tell what someone is like by the way they look.
23. Everyone has a time when they are recognized for their accomplishments.
24. made a bad first impression
25. Think about it before you do it.
26. not very often
27. caught in the act
28. You should be envious of me.
29. in trouble
30. staying up late to get something done
31. raining hard
32. a coward
33. very experienced, not naive
34. angry
35. stop fast
36. Follow all the rules.
37. Do your job better or get out.
38. information from the source of authority
39. something difficult to do
40. profited in spite of a bad situation

pages 132-136

1. surprised, worried
2. frustrated, embarrassed
3. frightened
4. disappointed
5. shocked, surprised, excited, thrilled
6. satisfied, pleased
7. impatient, angry
8. anxious
9. depressed, sad
10. bored
11. desperate and then relieved
12. unhappy, embarrassed
13. stressed-out, tired
14. interested, satisfied
15. nervous
16. pleased, generous
17. ashamed
18. proud
19. angry
20. resentful
21. friendly
22. anxious
23. grateful
24. happy, loving
25. jealous
26. defensive
27. hysterical
28. cheated, deceived
29. selfish
30. lonely, sad
31. stunned, angry, frightened
32. worried
33. embarrassed
34. excited
35. nostalgic, proud
36. left-out, neglected
37. indecisive, ambivalent
38. disoriented, confused
39. conceited, greedy, selfish
40. disillusioned, surprised

Pages 138-140

Answers will vary.

Page 142

Answers will vary.

Chapter 6

Pages 153-156

1. cat, bird
2. sit
3. sew
4. pay
5. bat, mitt
6. pan, pot
7. sip
8. bee
9. see
10. mat, rug
11. ears
12. fee
13. buy, lease
14. arm, leg, hip
15. old
16. week, day
17. eat, make
18. rug
19. big
20. lap
21. cash
22. tall
23. game
24. news
25. open, close
26. floor
27. talk
28. paint
29. give
30. write
31. chair, couch, floor
32. shelf
33. sugar, milk
34. razor
35. glass, cup
36. water, radio, TV
37. street, sidewalk
38. dinner
39. picnic
40. side, stomach
41. pajamas, nightshirt, nightgown
42. suitcase
43. vacation
44. question
45. granddaughter

46. theater
47. walking, running
48. scream
49. magazines
50. hollow
51. living room, den
52. shop, mechanic, car wash
53. hemmed
54. telephone, doorbell
55. bracelet, watch
56. clothes, pants
57. escalator, elevator
58. grocery
59. newspaper
60. scissors
61. catalog
62. window
63. picture
64. mailbox, envelope
65. drinking
66. station
67. temperature
68. mower
69. gift, present, book
70. roof, ceiling, living room
71. lying, resting, sleeping
72. swimming, playing
73. driving
74. bushes, trees
75. meeting
76. flashlight, candle
77. dictionary
78. morning
79. neighbor
80. grandfather

Pages 162-163

Answers will vary.

Pages 170-173

Answers will vary.

19-03-987654321